



VIDYA MANDIR ESTANCIA

VIDYA PRATIDHWANI

EDITION 17

ACADEMIC YEAR 2025-26

Naman Bora

Credits: Naman Bora (See pg. 111)

✦ The Editorial Team

When we started working together as a team with the responsibility of creating the 17th edition of our school magazine, we understood that we must live upto a legacy. And thus, beyond these pages lies our legacy, one that we hope will inspire others to explore themselves, think, feel and create! These pages are the result of messy drafts refined and shaped by our various perspectives, and the constant unwavering support and guidance from our teachers. Please turn over for the 17th Edition of Vidya Pratidhwani!



Front row; from left to right

Pragati D – 9B

Praghathi Suresh – 9A

Shikaa Kannan – 9C

I. Madhu Sandhana – 9D

J. Andrea – 9D

Muthyam Shloka – 9C

Grhitha Sahu – 9D

Back row; from left to right

Mugilvannan R. – 11B

Kavin S. – 11A

Jhanvi G. – 11B

Sowjenya Harikrishnan – 11B

M. Mahdeeya Fathima – 11A

Diyavarshita J. – 9B

Yashneil Rajah – 9A

V. C. Hareesh Ragav – 9C

Tarun L – 11B

TEACHERS-IN-CHARGE: Ms. Sandra, Mrs. Nehushtha, Mrs. Jayanthi. S. E ,
Mrs. Amanda Woolridge, Mrs. Ramya. A and Mrs. Kokila Mahendiran

A NOTE FROM THE EDITOR

"If I have seen farther, it is by standing on the shoulders of giants."

— Sir Isaac Newton

(This simple truth reminds us that every achievement is shaped by those who guide, inspire and believe in us.)

Dear Reader,

As the Editor of the 17th edition of Vidya Pratidhwani, covering the academic year 2025–26, I am excited to share this edition with you.

On behalf of my entire team, I want to start by offering our sincere thanks to all those who made this possible: Our school management, Principal, Vice-Principal High School, Vice-Principal Primary, KG In-charge, teachers, staff and sub-staff across both Primary and High School, and our ever-encouraging parents, whose backing has been the silent scaffolding of this journey.



I genuinely could not have asked for a more committed, creative and patient editorial team. They brainstormed endlessly and even sacrificed their holidays for this endeavour. Each one of you brought remarkable energy and resilience, turning blank pages into something meaningful and vibrant. The Tech Team deserves special mention for their tireless dedication and for always going the extra mile, even when it meant sacrificing sleep to ensure everything came together seamlessly.

A heartfelt thanks goes out to our teacher coordinators, Sandra Ma'am and Neha Ma'am, whose assurance and perspective kept us moving forward. I owe a great deal to Uma Shankari Ma'am, along with the KG and Primary teachers, for their unwavering support and generosity throughout. Every bit of encouragement and every word of advice truly made a difference!

We are especially thrilled to unveil this edition's newest highlight: our dedicated Alumni Achievements section, celebrating the inspiring journeys of our graduates. We look forward to showcasing even more remarkable alumni stories in the years to come.

Lastly, I am immensely grateful to every student who sent in their work; we received 356 artworks and 42 write-ups, each reflecting creativity and individuality. I only wish there had been space for all, but I assure you every submission was read and valued. I must also admit that seeing the joy and excitement on students' faces when their work appeared in these pages is what made every effort worthwhile. I remain deeply indebted to every mentor, senior, friend and guide I learned from, those who believed in me even before I fully believed in myself and pushed me to strive a little further. I thank everyone who has offered guidance, lent a hand, or simply believed in us; this magazine is not just our team's effort, but a reflection of the inspiration that surrounds us.

So, if you ever find yourself wondering whether something that seems impossible can actually be done, let this magazine be your answer!

With heartfelt gratitude,

M. Mahdeeya Fathima

Editor, 17th Edition of Vidya Pratidhwani

SCHOOL HEADS

FROM THE CORRESPONDENT'S DESK

Education is most meaningful when it becomes a shared journey—one in which the school, parents, teachers and students walk together with a common purpose. As the Correspondent, I deem it my privilege to work with all the stakeholders who contribute to the life and growth of our institution. This partnership is the strength that enables our school to move forward with clarity and commitment. Our vision is to be a school that adopts the latest and best educational practices, while continuing to cherish and preserve the rich culture and traditions that shape our identity.



In a rapidly changing world, it is important that our children remain rooted in values even as they grow to become global citizens who are thoughtful, innovative and responsible. The philosophy that guides us—"Saha Viryam Karavavahai"—reminds us that education is a collaborative effort. When teachers and students work together with dedication and mutual respect, learning becomes powerful and transformative. Our classrooms are therefore not merely spaces for instruction, but places where curiosity is encouraged, ideas are explored, and strengths are nurtured.

In keeping with our mission, we strive to prepare children who are confident in themselves and capable of realising their true potential. We aim to nurture individuals who grow intellectually, emotionally and ethically, and who step into the world as responsible, empathetic, compassionate citizens. I take this opportunity to appreciate the dedicated efforts of our teachers, the unwavering support of our parents and the enthusiasm of our students. Together, we continue to build a vibrant learning community that evolves with time while remaining firmly grounded in enduring values. Let us continue to work together to inspire our children to learn, to grow and to contribute meaningfully to society.

Warm regards,
MAYA SIVARAMAKRISHNAN
Correspondent

✦ A LEGACY IN WORDS – SANKARI MA'AM



With a heart full of cherished memories and gratitude, I wish to formally announce my retirement from my position as Principal of this esteemed institution, Vidya Mandir @ Estancia. Serving as the Principal of VME has truly been the crowning achievement of my professional journey. Since its inception in 2009, our school has consistently upheld the highest academic standards, nurturing excellence in every sphere of education. I have been immensely privileged to work alongside an extraordinary, innovative and sincere team of teachers, supportive non-teaching staff and devoted parents. Each has played a vital role in shaping an inspiring, nurturing environment for our students. Together, we have fostered a vibrant community grounded in learning, creativity and collaboration, and I am deeply proud of all that we have accomplished as one family.



Among the many initiatives through which we nurture holistic development are the diverse range of clubs we offer for grades 6 to 8, such as the Maths Club, Arts Club, Quiz Club, Literary and Dramatics Club, Nature Club, Heritage Club, Reading Club and Tamil Club. This year, we further expanded these opportunities with the introduction of the Coding Club, Music Club, Fashion Designing Club and Debate Club. Each of these vibrant platforms helps nurture and hone our children's unique talents, empowering them to realise their fullest potential. Another enduring source of pride for our school is the publication of our school magazines, Vidya Pratidhwani and Vidya Vartha, which serve as timeless chronicles of our students' creativity and achievements and remain proud feathers in VME's cap. At the heart of our ethos is the belief that education should be a joyful, engaging and transformative journey, grounded in strong values. We emphasise experiential learning through a wide spectrum of activities, ensuring our campus remains abuzz with energy, enthusiasm and creativity. As I reflect on my time here, I will always treasure the memories of witnessing our students reach significant milestones, whether excelling academically, shining in sports, making their mark in MUNs, or dazzling us with their performances in a multitude of extracurricular pursuits. I extend my heartfelt gratitude and appreciation to the management for their unwavering support, guidance and trust throughout my tenure. Our sincere thanks are due to the members of the PTA and to all parents, whose steadfast encouragement and cooperation have been instrumental in every step of our collective growth. I convey my warmest wishes to all teachers and students for a future filled with promise, success and happiness. Congratulations to everyone for their commendable efforts and achievements over the past year. Last but not least, I offer my sincere thanks to Vidya Ganapathy and Bala Ganapathy for their blessings and constant support. Thank you, once again, for being an integral part of this remarkable community. I will forever cherish the memories forged here and look forward to staying connected with all of you in the years to come.

**Warm regards,
Sankari Ravi
Principal**

✦ HIGH SCHOOL REPORT

The academic year 2025-26 commenced on 3rd April 2025. As with every new academic year, it was a joy to welcome a fresh cohort of students, each arriving with their unique aspirations and enthusiasm.

This academic year witnessed the introduction of three new clubs: Music Club, Fashion Designing Club, and Coding Club, further enriching the already diverse array of co-curricular opportunities for our students. All events marked on the school calendar were celebrated with great enthusiasm. Notably, Maths Day and Science Day saw several exciting new initiatives. On Maths Day, HeyMath conducted a stimulating Maths Quiz for Classes 5 and 11, and a Rubik's Cube expert demonstrated a variety of cubes and the fascinating techniques for solving them.



Science Day featured a quiz organised by the school council for middle school students and a screening of the science fiction film, "Honey, I Shrunk the Kids." In the competitions category, group sports events were organised separately for middle school and high school students. Likewise, Inter-Class Cultural Sanskriti was held exclusively for middle schoolers, ensuring that younger students received focused exposure and training in healthy competition. These efforts support the development of essential life skills. Additional skill-building opportunities included the introduction of a new Robotics Module within the STEAM Lab curriculum. Mindspark English, an outsourced learning platform, was made available for students from Classes 3 to 8 to enhance their proficiency in English. To foster general life skills and awareness, the CACA Curriculum (developed by the organisation 'Child Against Child Abuse') was implemented from KG to Class 9, facilitated by class teachers and the school counsellor. Throughout this academic year, we have strived to ensure the holistic development of our students. Much of our progress has been made possible by the unwavering support of our parent community. With the promise of continued collaboration from all stakeholders, we look forward to evolving to even greater heights in the coming academic year.

Dr. Meenakshi Janakiraman
Vice Principal High school

PRIMARY REPORT ✨

With the blessings of Vidya Ganapathy, the academic year commenced with the Parents' Orientation Meeting, where policies, curriculum, teaching methods and school goals were discussed to help parents collaborate and support their child's education. The Primary section is now scaling heights with a team of dedicated teachers and staff committed to the well-being of the children and is keen on instilling good values, which is our prime objective.



We work on honing children's skills to develop well-rounded personalities. We encourage questioning, as it clears doubts and develops critical thinking skills. An environment free from fear is created, where children eagerly look forward to coming to school to enjoy a fun-filled and enriching learning experience. The Holistic Report Card was introduced for Classes 1 and 2 to promote 360° development, nurturing well-rounded individuals equipped with critical thinking, creativity, empathy and social awareness. Many other activities and celebrations were conducted in school to boost students' social and emotional skills and to foster teamwork and collaboration.

As we move forward, we reaffirm our commitment to enriching and empowering all our students with the best practices, while retaining Indian ethics, customs and traditions. I express my heartfelt gratitude to the parents for placing their trust in us and rendering unconditional support by joining us in the realisation of our vision.

Mrs. Subhalakshmi Ramachandran
Vice Principal Primary

KG REPORT ✨

"Every child is a different kind of flower, and together they make this world a beautiful garden." This year, the KG section has truly reflected this thought, as our young learners blossomed through joyful experiences, creative exploration and meaningful learning opportunities.

The year began for Pre-KG with a warm welcome to our youngest learners. Soon after, vibrant Colour Days introduced children to different colours through joyful activities. As we moved forward, the calendar unfolded with exciting events: KG Sports Day, Independence Day and Grandparents' Day, each bringing its own special moments. Creative celebrations like Rainbow Fest and the traditional Golu followed, allowing children to experience the richness of our culture.



Children delighted in engaging experiences such as the Puppet Show, Fruits and Vegetables Day and a fun Jungle Safari. Project Day and Seed-a-Plant Day inspired creativity and care for nature, while celebrations of Christmas, Pongal and Republic Day filled the year with joy and cultural learning.

The year concluded beautifully with a vibrant Annual Day, where our little stars confidently showcased their talents. Towards the end of the academic year, we introduced the Rising Readers Challenge in March, a new initiative designed to nurture early reading skills and build confidence in our young learners through simple and joyful reading activities.

As we look back, it has been a year filled with laughter, learning and growth. We thank our parents for their continued support and our teachers for their dedication in making every day meaningful for our children. Together, we continue to inspire our little learners to grow with curiosity, confidence and joy.

Vandana Rathore,
KG Incharge

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SCHOOL

EVENTS

VME Prize Day

VME's Prize Day, held on **11th June 2025**, was a distinguished celebration honouring the outstanding academic accomplishments of our students while inspiring the juniors to strive for excellence.

The event was graced by Chief Guest Raja Krishnamoorthy, a renowned actor, director, motivational speaker and activist. Our Director Mrs Bhavani Raghunandhan, Joint Treasurer Mr. Raman C and Correspondent Mrs. Maya Sivaramakrishnan also graced the occasion.



The programme commenced with a melodious rendition by the school choir, Gana Lahari, followed by a classical dance performance, setting an auspicious tone for the ceremony.

Awards were presented to the Class 10 and 12 School Toppers, Subject Toppers, the Best Outgoing Student, Best Sportsperson of the year, consistent performers in Sanskrit (class 10) and the recipients of the Ramayana Prizes for Class 8. The Best Outgoing Student award was conferred upon B Sanmathi Shree (12C) and the Best Sportsperson of the year was Pranav A.N (12B). B Sanmathi Shree (12C) emerged as the overall School Topper and also secured the highest score in the Commerce stream with 492/500.



Amoolya K A (12A) topped the Science stream with 482/500, while Sarvesh S Davey (12B) led the Computer Science stream with 482/500. Rohan S (10C) was the Class 10 topper with 489/500. The Ramayana Prizes were awarded to Akshita Ragul (8A), Grhitha Sahu (8B) and Jwalanthi R (8C). The event featured an inspiring address by the Chief Guest, where he appreciated the efforts of all stakeholders in the students' achievements and emphasized the importance of maintaining balance in life. He encouraged students to cultivate a competent, compassionate, and collaborative mindset. The event concluded with a heartfelt Vote of Thanks delivered by the Vice Principal.

CLASS 12 TOPPERS

SUBJECT	STUDENTS' NAME
ENGLISH	THAMIZH YAZHINI S
MATHEMATICS	A ADHIYAN
PHYSICS	AMOOLYA K A
CHEMISTRY	AMOOLYA K A
BIOLOGY	AMOOLYA K A NIKITHA GUNASEKARAN
PSYCHOLOGY	A MANASA
COMPUTER SCIENCE	B GOUTHAM NIVITHA GUNASEKARAN SARVESH S DAVEY
ECONOMICS	B SANMATHI SHREE
ACCOUNTANCY	B SANMATHI SHREE
BUSINESS STUDIES	B SANMATHI SHREE
ENTREPRENUERSHIP	KAMYA VENKATESH PILLAI YAZHINI VISAKA B
APPLIED MATHEMATICS	B SANMATHI SHREE

CLASS 10 TOPPERS

SUBJECT	STUDENTS' NAME
ENGLISH	ROHAN S
MATHEMATICS	N KARUNYA
SCIENCE	VYASA ACHAR
SOCIAL SCIENCE	ROHAN S
L2 TAMIL	NIRANJANI K S SIDDHARTH
L2 HINDI	S SAI ANUSUYA
L2 SANSKRIT	VYASA ACHAR

CLASS 10 AI TOPPERS

ROHAN S	S DHARSHINI
S TARUN	BOMMALI PREETHI KIRAN
SAHANA PADMANABHAN	MOHANA PRIYAA HARI
VYASA ACHAR	LAKSHAYA A
J ROSHAN	M MAHDEEYA FATHIMA
G JHANVI	V MANISH
SHRAVAN HARICHARAN	SOWJENYA HARIKRISHNAN
RITHESH B	V TARUNRAJ
MUKESH KRISHNA P S	S SAI ANUSUYA
M S SREE KRISHNA	SYED YUSUF WARIS
OVIYAA VENKATESAN	L H LAKSITA
J S VISWARAM	S SAMHITHA
SHASHAANK S	R K PRANAV
V NISHIKA	SINDHI MATHINI I

HIGH SCHOOL

Sports Day

The 15th Annual High School Sports Meet of Vidya Mandir Estancia was held on **26th July 2025**. The Chief Guest, Dr. K. Sankara Narayanan, inaugurated the event in the presence of the principal and dignitaries. The day began with the School Prayer and the ceremonial flag hoisting, followed by a synchronised march-past by the four houses: Kailash, Kanchenjunga, Nilkant and Nangaparbhat.



Students from classes 6 to 9 performed colourful drills with pom-poms, national flags, umbrellas, balloons and sarees. Girls presented a patriotic group dance. The programme included the lighting of the Olympic torch, oath-taking, track events and pyramid displays. Relay races were followed by the Prize Distribution Ceremony.



Individual Championships went to Shravanith (7D) and Sarah Waris (8B) in the Junior Category, Krishanth (10B) and Nikila Darshiny (9C) in the Senior Category and M.P. Arjun (12C) and V. Nichaya (12A) in the Super Senior category. Nangaparbhat House won the Overall Championship Trophy with 412 points.

The Sports Captain M.P. Arjun gave the Vote of Thanks. The day ended with the final Prize Distribution and National Anthem, marking a memorable celebration.



PRIMARY & KG

Sports Day

Vidya Mandir Estancia (Primary) held its 15th Annual Sports Day on **7th August 2025** for classes KG to 5. The day started with a prayer and a KG welcome dance, followed by drills such as zumba, yoga, human pyramid, cap drill, silambam, mini hoop (KG), duster drill, ball drill and hula hoop (classes 1-5).



Events included the 50m running race, 15m Lion race, 20m Hoop race, Pick and Drop the Ball and the 4×100m relay. Nangaparbhat House won the Rolling Trophy. Individual Championships were awarded to Hiresb Ragav (5D, boys) and Shivanshi Shree (5A, girls). In the KG category Monishvar. K (UKG B) and Lakshika. V (UKG A) won the individual championship. All participants received appreciation for their dedication and the event fostered a strong spirit of teamwork, sportsmanship and joy for sports.

HIGH SCHOOL

Annual Day

On **30th August 2025**, the VME auditorium buzzed with excitement as the school hosted its Annual Day, an event that unites teachers, students, parents and the audience in celebration of student creativity and talent. The program commenced with soulful classical music, enchanting the audience and setting a captivating tone for the day. A unique English play depicted characters from a magical library, which inspired both children and adults by showcasing the vast potential of imagination.



The Principal Mrs. Sankari Ravi delivered the annual report, reflecting on the previous year's school activities. The event seamlessly transitioned to a culturally-rich and elegant classical dance performance showcasing 'Ardhanareeswarar', illustrating the unity of masculine and feminine energies. The Hindi play emphasised environmental consciousness, urging attendees to protect trees as vital guardians and to combat pollution.



Additionally, a MIME performed by students of grades 6-8 conveyed critical lessons about values in both the cyber world and nature, reinforcing the necessity of safeguarding these realms for humanity's future. The atmosphere shifted to high-energy as middle school students presented a dance themed "Dream big, Fly high," embodying an uplifting message.



Following that, the day's final performance was a Tamil play entitled 'Pittukku Man Sumantha Kathai,' which imparted the lesson of genuine devotion to the divine, showcasing Shiva's quest to discern his true disciples. The Annual Day culminated in a vibrant high school dance that celebrated diversity through a visual feast of rainbow colours. The event concluded on a patriotic note with the National Anthem, effectively wrapping up a day filled with talent and meaningful messages.

PRIMARY

Annual Day

One of the most awaited school events of the year, the Primary Annual Day was held on **21st February 2026** with great enthusiasm and splendour. The spectacular evening commenced with a warm and energising welcome speech followed by a melodious prayer song that set a serene tone for the celebrations. The orchestra then captivated the audience with its harmonious tunes and songs.

An impressive Tamil play based on the classical concept of Ainthinai (The five landscapes) was beautifully presented by the primary students, reflecting culture and creativity. This was followed by a vibrant Western dance where students showcased their remarkable talent, offering a delightful visual treat. The English play, “Enchanted Journey of Grammar,” charmed the audience as adjectives sparkled, nouns bloomed and verbs danced through lively characters and expressive dialogue.



Next came a spirited folk dance that celebrated the rich cultural diversity of India. A powerful Hindi play titled “Hamara Matrubhasha Hai” highlighted how the younger generation is gradually neglecting their mother tongue, emphasising the importance of preserving and respecting it. Then, a breathtaking shadow story, presented in a uniquely creative style, left the audience spellbound. Finally, a graceful classical dance performance, followed by a heartfelt Vote of Thanks and the National Anthem, brought the event to a close, fostering a profound sense of patriotism.

Annual Day

The KG Annual Day was celebrated on **7th February 2026**, in the vibrantly adorned auditorium of VME. The evening commenced with a soulful prayer, invoking blessings from the Almighty, followed by a gracious welcome speech and an enchanting welcome dance, setting an exuberant tone for the festivities ahead.



Embracing the theme of 'Fantasy World,' the young performers transported the audience into realms of imagination with their captivating dances. Scenes of 'Candy Land,' 'Rainbow Rumpus,' 'Sky Kingdom' and more unfolded on stage, each performance a testament to the boundless creativity and exuberance of the children. The highlight of the evening was the spectacular finale, where the classic tale of Aladdin was artfully woven into a mesmerising dance, leaving an indelible impression on all present.



The event concluded with a heartfelt Vote of Thanks and the National Anthem, drawing the curtain on a magical evening. Overall, the celebration was a splendid showcase of the budding talents and vibrant spirit of our kindergarteners.

VIDYAKRIYA

PROJECT DAY

Vidyakriya (Project day) was celebrated at VME on **14th November 2025**, with the theme “Before and After Gadgets.” The exhibition explored the evolution of human connection, education and daily life as influenced by technology. Students participated enthusiastically, presenting creative charts, models and demonstrations.



The event began with an inaugural ceremony, followed by vibrant cultural performances including speeches, dances, MIME and plays that showcased students' talents. Parents and visitors appreciated the exhibits, which showcased a variety of themes and subtopics across different classes. KG students demonstrated pre-gadget games like hopscotch and traditional chess alongside their modern versions. Primary students presented models and informative charts comparing gadgets from different eras.



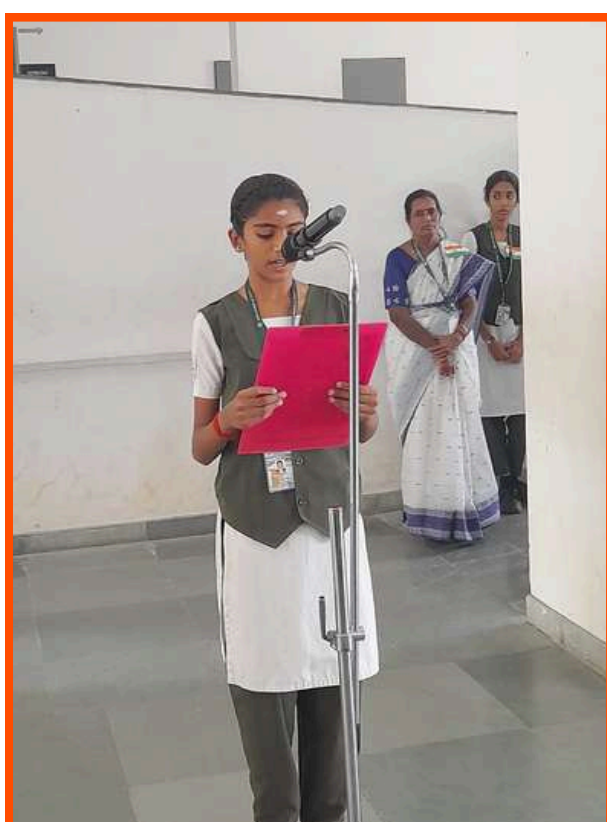
Grade 6 highlighted changes in education due to technology, while Grade 7 focused on photography, entertainment, communication and hobbies, featuring engaging models such as drones and amusement parks. Grade 8 illustrated the health impact of gadget use and Grade 9 compared the evolution of social interaction from handwritten letters to social media. Overall, the Project Day provided an enriching, hands-on experience, helping students understand the transformation brought by technology through creative expression.

INDEPENDENCE DAY

The 79th Independence Day celebration on **15th August 2025** at VME's high school, was a stirring tribute to patriotism and unity. The event began with a soulful prayer by the school choir, 'Gana Lahari' and the ceremonial hoisting of the national flag by the Principal. Students delivered heroic speeches in English, Tamil and Hindi, reflecting India's rich diversity. A heartfelt Tamil patriotic song and a vibrant dance performance further celebrated the nation's spirit. The ceremony concluded with the National Anthem, leaving everyone with a profound sense of pride and gratitude.



At primary, Independence Day was celebrated with great patriotic fervour on 13th August 2025. The day began with the hoisting of the national flag by our Principal, followed by the national anthem. The event included cultural performances, speeches, and a song. The celebration concluded with the distribution of sweets and a message of unity, leaving everyone with a sense of patriotism.



REPUBLIC DAY

On 26th January 2026, High School students celebrated the 77th Republic Day with enthusiasm at the assembly graced by Chief Guest Mrs. Maya Sivaramakrishnan, the school Correspondent. The event began at 8:15 a.m. with a prayer by 'Gana Lahari', followed by flag hoisting, a speech on the Constitution, a rendition of 'Vande Mataram', and dances by students. The programme concluded with the National Anthem, fostering patriotism and unity.



Primary and KG celebrated Republic Day with pride and enthusiasm. The Principal hoisted the National Flag, followed by a speech on the Constitution. KG children performed a lively 'Jai Ho' dance and Primary students presented a skit and a patriotic karaoke dance. Mrs. Vandana Rathore, KG in-charge, gave a safety talk and students pledged to use private transport safely. The event, along with the High School celebration, strengthened national pride and responsibility in young learners.



YOGA DAY



At the High School, the 11th United Nations International Day of Yoga, themed “Yoga for One Earth, Yoga for One Health,” was celebrated with great enthusiasm and vibrant participation on **23rd June 2025**. The program commenced with Om chanting and a peaceful pranayama, followed by a graceful yoga dance where students seamlessly blended rhythm with classical postures. This was succeeded by a synchronised demonstration of various asanas, reflecting exceptional focus, balance and unity among the participants. Then, our respected Principal, Mrs. Sankari Ravi, addressed the gathering, emphasising the transformative benefits of yoga in daily life for both mental and physical well-being. The event concluded on a heartfelt note, leaving a lasting impression on students.



In the Primary School, International Yoga Day was observed on **20th June 2025** with spirited enthusiasm. The celebration introduced young learners to the significance of yoga in fostering both physical and mental wellness. Students from KG to Grade 5, along with teachers, performed a variety of yoga postures such as Vrikshasana, Uttanaasana, Trikonasana, Bhadrasana, Shashankasana and Bhujangasana, with the relevance of each asana thoughtfully explained during the session. The celebration highlighted the profound benefits of yoga, including stress reduction, enhanced flexibility and improved mental clarity, imparting valuable life skills and instilling an enduring sense of discipline and unity of mind and body.



VIDYUTSAV

CARNIVAL

On **20th December 2025**, our high school campus morphed into a vibrant wonderland for the much-anticipated Annual School Carnival. Festivities began with a spirited inauguration at 8:30 a.m. and the grounds buzzed with excitement until the final curtain close at 4:00 p.m. This year's theme, "Save Nature", was reflected in every aspect of the event, with minimised printed materials and a focus on eco-friendly fun. The carnival brought together students, families and friends offering free entry for adults accompanying students, for a day filled with laughter, camaraderie and lasting memories.



Food stalls served over 20 delicious varieties, from cakes and cotton candy to chaats and comforting sambar rice and curd rice, with chilled drinks and ice creams providing sweet relief. The stage remained alive throughout the day with student performances at regular intervals and highlights included the grand Ramp Walk at 4:00 p.m., for teachers and parents, followed by the thrilling Raffle Draw, with over 140 prizes. Giveaway prizes for winning games this year included a plant and a calendar.



Carnival 2025 was more than just a day of fun, it was a magical celebration of community, creativity and joy, leaving memories that will linger in the hearts of students for years to come!

VME * MUN

VME's Model United Nations (MUN) journey began in 2013, sparked by the enthusiasm and initiative of our students. That year, just three students represented VME at Harvard Model United Nations (HMUN). Their participation ignited a growing interest in MUN conferences among the student body. Soon after, a small group began attending various conferences, including WIMUN, Agra, gradually building momentum.

By 2015, VME was participating wholeheartedly in MUN conferences, with many students eager to get involved. To nurture this passion and provide structured preparation, the VME MUN Club was established. The club's mission was to educate and train students about MUN, ensuring they gain valuable exposure and develop essential skills.

THE JOURNEY

As we continue to grow, we remain mindful of our humble beginnings from three eager students to hosting over 600 delegates in our fourth edition. We are deeply grateful to every delegate for their enthusiasm, to the school management and to all those who have supported us along the way.

This academic year, VME has won 5 Best Delegation awards, along with 26 Best Delegate trophies, 17 High Commendations, 28 Special Mentions, 28 Honourable Mentions and 8 Verbal Mentions, bringing the total to 107 awards overall.

Mrs. Chandra Gurunathan
MUN Coordinator,
Vidya Mandir Estancia



As participation increased, VME became a regular contender at interschool MUN conferences. After accumulating over seven to eight years of experience in the circuit, our Principal, Mrs. Sankari Ravi, granted permission to organise our very own conference "VME MUN." Since then, we have successfully hosted four editions, each strengthening our commitment to providing delegates with meaningful opportunities. Special attention is given to beginner committees, ensuring newcomers receive the exposure they need.



VME MUN '25

AIM * ASPIRE * ACHIEVE

The Fourth Edition of Vidya Mandir Estancia Model United Nations (VME MUN 2025), held on **31st July and 1st August 2025**, was truly a new legacy in the making within the Chengalpattu circuit. Guided by the visionary Secretariat: Secretary-General Pranav Kaushik, Deputy Secretary-General Rithvik H, Director-General Mukesh Krishna P. S., Chief of Conference Mugilvannan R, Chief of Documentation M. Mahdeeya Fathima, under the steadfast support of the MUN Coordinator, Mrs. Chandra Gurunathan and the teachers of the Social department, Mrs. Sujatha Natrajan and Mrs. Jayalakshmi, the Executive Board, Organising Committee, Technical Team and volunteers, the conference was defined by unwavering sincerity, precision and meticulous planning, reflecting excellence in every aspect of its execution.



Spanning two remarkable days, the event witnessed the active participation of over 600 delegates from more than 15 schools, alongside 45 experienced Executive Board members across 16 dynamic committees.

The conference was marked by enthusiastic debates and scrupulous deliberations, thoughtfully guided to ensure impactful, productive and enriching discussions. Committees such as DISEC, WHO, UNHRC, UNEP, UNODC, COPUOS and UNDP, along with specialised bodies including UNSC, NATO and the Continuous Crisis Committee (CCC), served as rich platforms for international dialogue. By the end of the second day, delegates had gained knowledge, exchanged ideas and introduced resolutions.



The spirit of competition and excellence was reflected in the presentation of over 180 awards, ranging from Verbal Mention to Best Delegate. Delegation honours were conferred upon Maharishi Vidya Mandir (Best Delegation 1), NSN Matriculation School (Best Delegation 2) and SRM Public School (Merit Delegation).

CAREER COUNSELLING

VME's 3rd Career Fair

The third Career Fair at Vidya Mandir Estancia took place on **14th November 2025**. The event began with the ceremonial lighting of the lamp by Principal Mrs. Sankari Ravi, High School Vice Principal Dr. Meenakshi Janakiraman, Vice Principal (Primary) Ms. Subhalakshmi and KG In-charge Mrs. Vandana Rathore.

A captivating Bharatanatyam performance by Sai Saathvika of Class 10A followed, establishing an auspicious atmosphere for the occasion. Following the performance, the Principal officially inaugurated the Career Fair for parents and students. Representatives from 22 universities engaged with Class 12 students and parents, offering comprehensive information on courses, admission processes and career pathways.

Among these were Ashoka, Krea and Ahmedabad Universities (liberal arts); VIT, Shiv Nadar University Chennai and KIIT (engineering and technology); FLAME and Woxsen (business); Strate School of Design (design); Mahalakshmi Tech Campus, Crescent and Apollo (medical and allied health sciences). Additionally, Grade 12 students from Light Workers Academy attended the fair, gaining valuable insights.



Career counselling session

by Chettinad



Students Laboratory Project

As part of the IC3 Capstone Project's Student Laboratory Counselling initiative, Grade 11 students delivered presentations on prospective colleges in Germany, the UK and India. Through their research, students gained valuable insights into global higher education options and were empowered to make informed career choices.





Celebrations @ VME

CHRISTMAS

On **23rd December 2025**, Christmas was joyfully celebrated at VME Primary campus, with a festive programme that began with an address by the Principal. The stage came alive with decorations, lively dances by the KG students, a short drama titled “Dinner with Jesus” and melodious carols that filled the campus with cheer. Santa’s special appearance added to the excitement, making the celebration a vibrant and memorable occasion for all.



Our High school celebrated Christmas Day on 23rd December, with great joy and enthusiasm. The program began with Carol Singing, where students sang beautiful Christmas songs and created a festive atmosphere. This was followed by a Christmas message, reminding everyone about the true meaning of Christmas, love, peace, kindness and sharing. Next, the students performed a lively dance for the song “Jingle Bells,” which added excitement and joy to the celebration. The highlight of the program was the arrival of Santa Claus, which brought smiles and happiness to the students. The celebration ended with a joyful spirit, reminding everyone about the message of love and goodwill during Christmas.

Pongal

On **9th January 2025**, the Pongal festivities at VME burst with cultural energy and joy. Kindergarten students captivated everyone with elegant traditional dances, and primary students shared insightful speeches on the festival's deep meaning and customs. The event wrapped up memorably, inspiring the audience with pride and admiration for our shared heritage.



Golu

On **18th September 2025**, VME celebrated its annual Golu festival at the Primary campus, transforming the space into a vibrant showcase of tradition and artistry. Students, teachers and staff collaborated to create an exquisite display of dolls, each arrangement reflecting devotion and creativity. The event immersed everyone in the rich heritage of the festival, fostering pride and a deeper connection to cultural roots.





Grandparent's day

VME joyfully celebrated Grandparents' Day on **28th August 2025**, with warmth, love and gratitude, as the campus came alive with smiles and appreciation for grandparents' wisdom, guidance and unconditional love. The event was filled with fun and laughter, with grandparents enthusiastically participating in specially organised games. Their energetic involvement and cheerful spirit inspired everyone, while the exciting activities brought generations together, creating beautiful moments of bonding and joy for all present.





SCHOOL ACTIVITIES



KG

OPENING

DAY



Our “Tiny Tots” celebrated as new students joined on **12th June 2025**. The lively atmosphere was filled with cheerful faces. Newcomers and their parents were greeted with welcome boards. In the assembly hall, welcome speeches were given by Principal Mrs. Sankari Ravi, VP Primary Mrs. Subhalakshmi, and KG Incharge Mrs. Vandana Rathore. The children prayed for a blessed start to the school year, then returned to their classrooms with their parents and enjoyed the preparations made for them, including the photo booth.



PUPPET

SHOW



On **17th October 2025**, the VME campus was abuzz with joy as the KG team organized a vibrant puppet show. KG teachers skillfully presented a captivating moral story using colourful puppets, each with its own unique character and lively voice, delighting young learners while imparting valuable lessons on kindness, friendship and helping others.

27th June 2025



11th July 2025

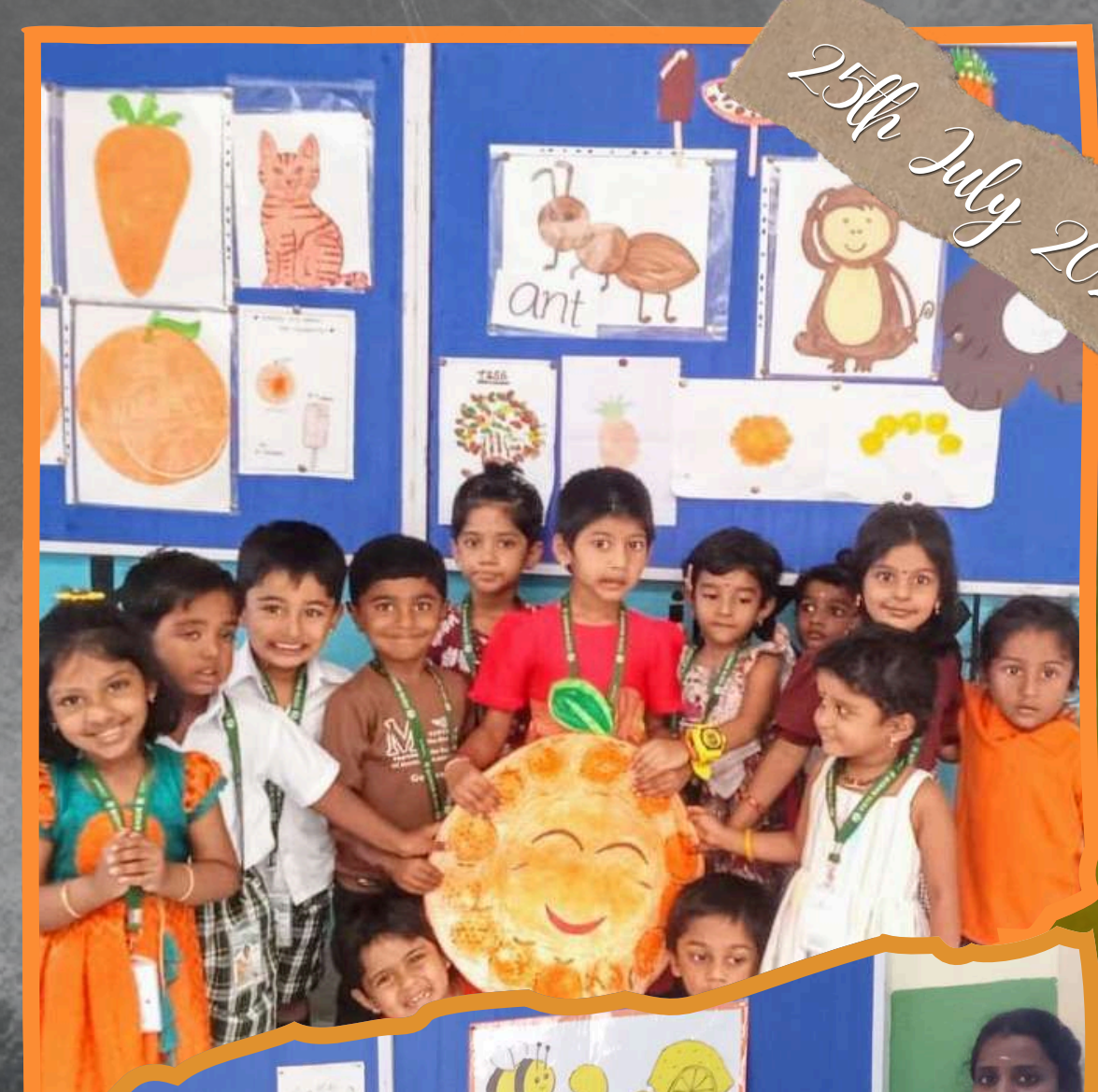


COLOURS DAY

4th July 2025



25th July 2025



WORLD ENVIRONMENT DAY

World Environment Day was celebrated on **5th June 2025** at VME by Classes 1 to 12 to promote environmental awareness and inspire stewardship. At the High school, students took a pledge to safeguard the environment, delivered impactful speeches and performed role-plays addressing environmental challenges and solutions, fostering a sense of ecological responsibility.

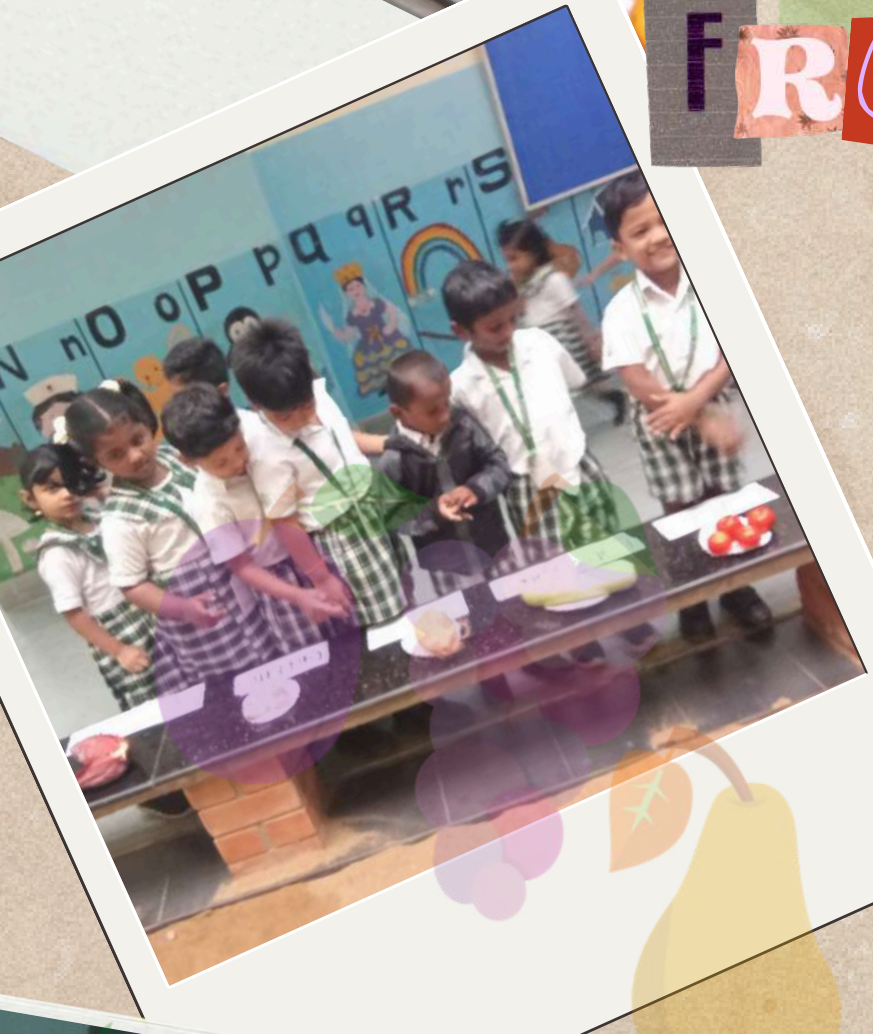
The Primary section marked the occasion in the Assembly Hall, where students pledged to protect Mother Earth and performed a skit highlighting the importance of conserving resources like water and trees. The event reinforced the collective duty to keep our planet clean and green.





FRUITS & VEGETABLES DAY

Fruits and Vegetables Day was celebrated on **28th October 2025** with great enthusiasm. The event aimed to create awareness among students about healthy food habits and the importance of including fruits and vegetables in their daily diet. Teachers collected a variety of fresh fruits and vegetables and beautifully displayed them in the KG sandpit. KG Students were introduced to different kinds of fruits and vegetables, grouped according to the colours of the rainbow. The vibrant display created a lively atmosphere while helping children learn about nutrition in an engaging way. The event was colourful, joyful and informative.



JUNGLE SAFARI

On **30th October 2025**, the Kindergarten section of VME organised an engaging Jungle Safari event. The school garden was creatively transformed into a lively forest scene with large cutouts of animals and birds placed among the bushes and trees. A pond model added to the realistic atmosphere, giving children the feeling of being in a real jungle. It provided a delightful and immersive learning experience for the young learners, as children were introduced to wildlife and developed an understanding of conservation efforts and the importance of protecting endangered species.



SEED A PLANT DAY



On **17th November 2025**, the KG students of VME participated in the “Seed a Plant” activity to understand how plants grow and to develop a love for nature. Teachers demonstrated the steps of sowing seeds and each child enthusiastically planted seeds in coconut shells filled with soil. They also observed different seeds and learnt about germination. Pre-KG students created seed art with images like a giraffe and chick, LKG students drew parts of a plant and UKG students illustrated seed germination. The activity offered a joyful hands-on experience and helped children appreciate the importance of caring for plants and the environment.



DEAR



The Drop Everything and Read (DEAR) period is a designated time, conducted once every month, where all students, staff, and support staff halt regular activities to read self-selected books for a set duration, typically 30 to 45 minutes. The session created a peaceful and tranquil reading room environment across the entire campus.

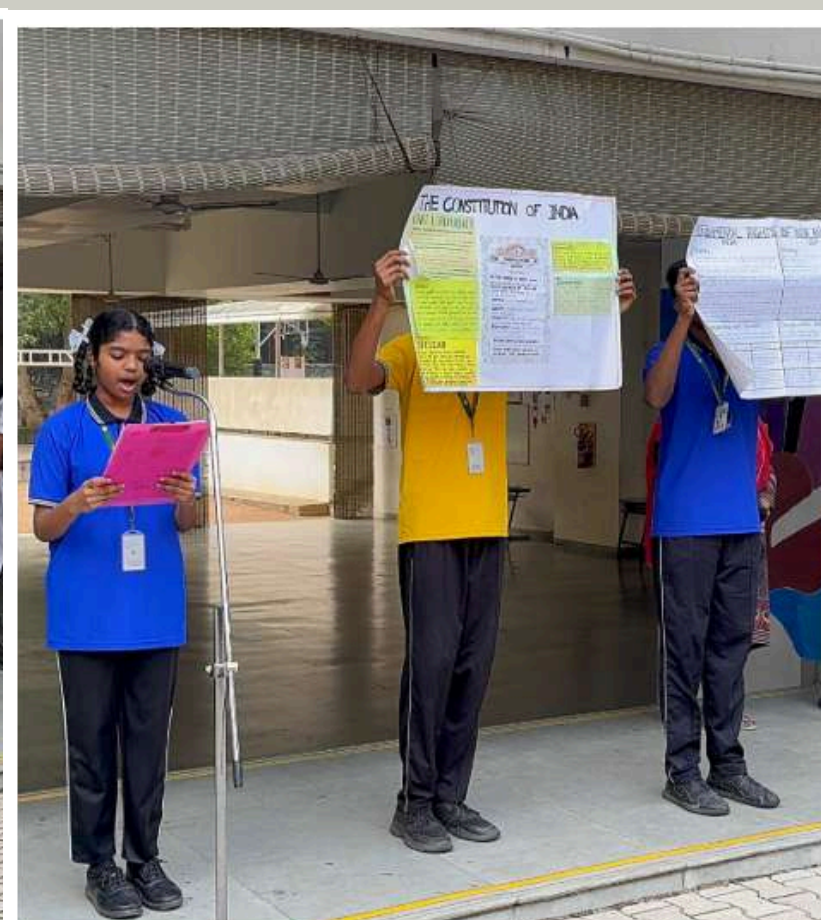
PERIOD!



CONSTITUTION

DAY

26th November 2025





SHOW AND TELL ACTIVITY



The Show and Tell activity, held several times for LKG students, featured themes like My Favourite Animal, Transport and Community Helpers. It aimed to build communication skills and confidence, encouraging children to bring objects from home and speak about them in front of peers and teachers.



23rd December 2025

FIRELESS



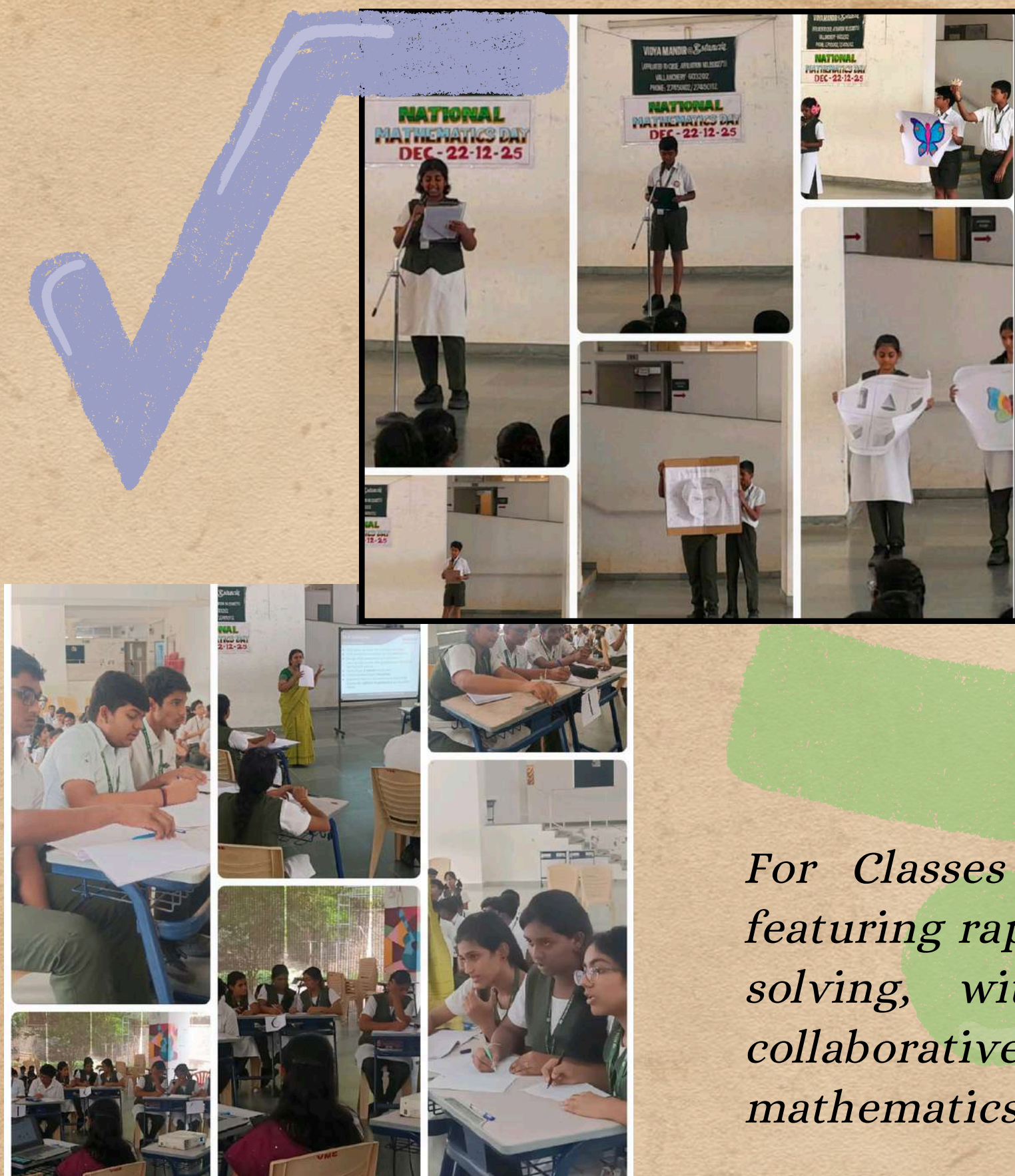
COOKING

25th November 2025

HAND



WASH DAY



National Mathematics Day was celebrated on **22nd December 2025** with great enthusiasm. At high school, students showcased their mathematical prowess through symmetry displays, a yoga performance on geometric shapes, a dance on mathematical symbols and a quiz by the HeyMath team. Chief Guest Mr. Sridharan addressed students on Rubik's cubes, inspiring a deeper appreciation for mathematics.

For Classes 4 and 5, a lively mathematics quiz featuring rapid-fire rounds and team-based problem-solving, with support from HeyMath, fostered collaborative learning and enthusiasm for mathematics.

MATHS DAY

At the Primary Campus, National Mathematics Day was celebrated with engaging, hands-on activities tailored for each class. It encouraged students to embrace math confidently and introduced the Rubik's Cube as a practical tool for exploring concepts like symmetry and algorithmic thinking.

Class 1 participated in a mock shop activity to practice counting and currency, while Class 2 reinforced calendar skills by marking birth dates. Class 3 enhanced logical reasoning through age-appropriate Sudoku puzzles.



FOOD FESTIVAL

10th October 2025



23rd January 2026

WEST BENGAL ACTIVITY

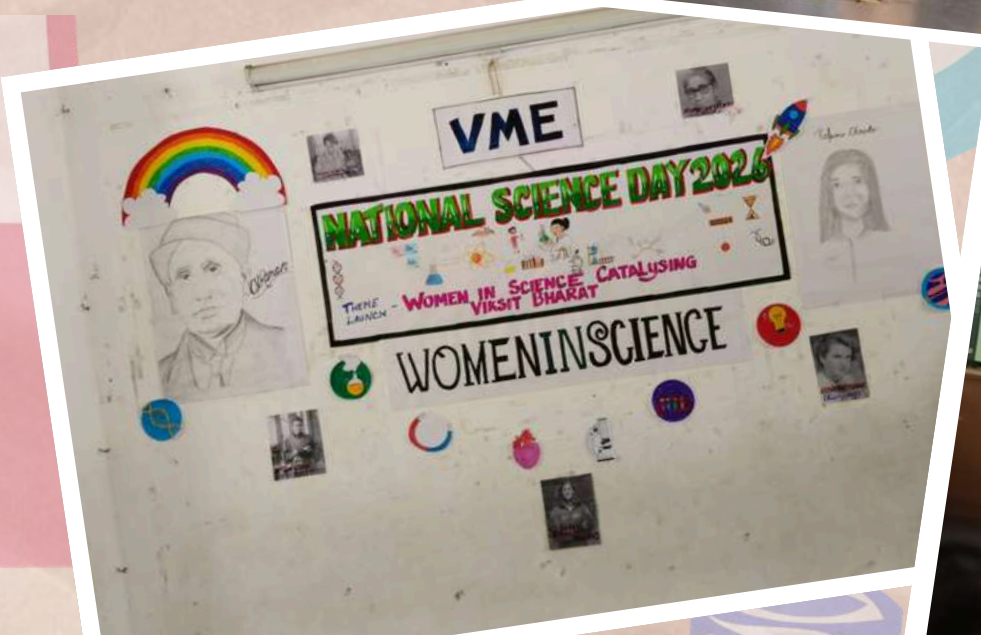


SCIENCE DAY



The high school celebrated National Science Day on **28th February 2026** with vibrant enthusiasm. Students from classes 6 to 8 enjoyed the science-fiction film "Honey, I Shrunk the Kids," igniting curiosity about scientific innovation. An engaging quiz on experiments and Women in Science followed, along with a climate conference project presentation by class 11 students Hitesh Kumar and Puviyoli, fostering scientific awareness and appreciation.

At the Primary Campus, National Science Day was marked by enthusiastic participation from Classes 3, 4, and 5. Class 3 presented a song highlighting science in daily life, while Class 4 performed a skit on balanced diet and healthy eating habits. Class 5 delivered a speech on soil conservation and took a pledge to use science for national progress, making the celebration truly inspiring and impactful.



EXCURSION

★ KG ★

11th December 2025



PRE KG & LKG - ARIGNAR ANNA ZOOLOGICAL PARK
UKG - VGP MARINE KINGDOM

★ PRIMARY ★

14th August 2025



CLASS 1 - FAUNUS PARK
CLASS 2 - GUINDY NATIONAL PARK
CLASS 3 - DAKSHINACHITRA
CLASS 4 - CHOKHI DHANI
CLASS 5 - BIRLA PLANETARIUM



HIGH SCHOOL



29th July 2025



CLASS 6 - MAHABALIPURAM



CLASS 7 - VAYAL KANDIGAI



CLASS 8 - VAYAL KANDIGAI



CLASS 9 - PUDUCHERRY



CLASS 10 - YELAGIRI



CLASS 11 - YELAGIRI



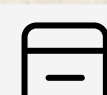
CLASS 12 - MYSORE & COORG



23rd to 25th August 2025



STAFF - PONDICHERRY

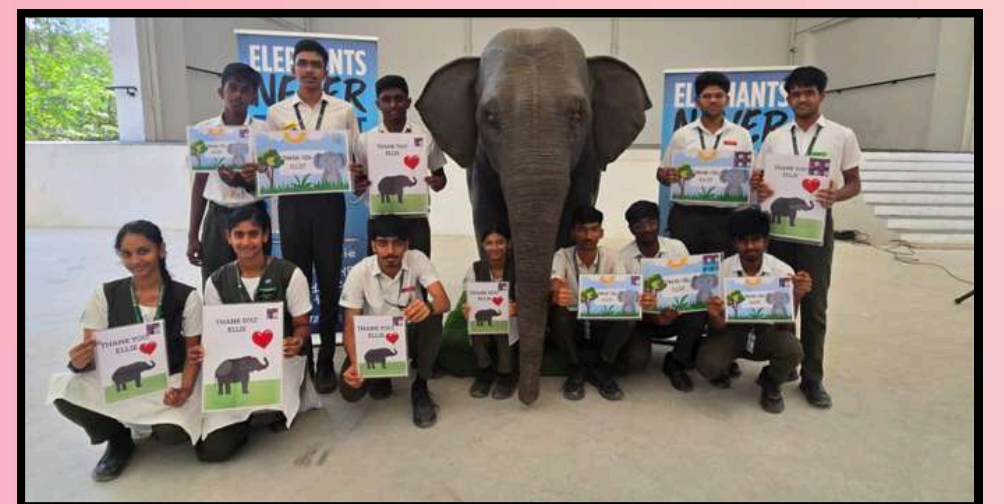


13th December 2025

BAGLES DAY



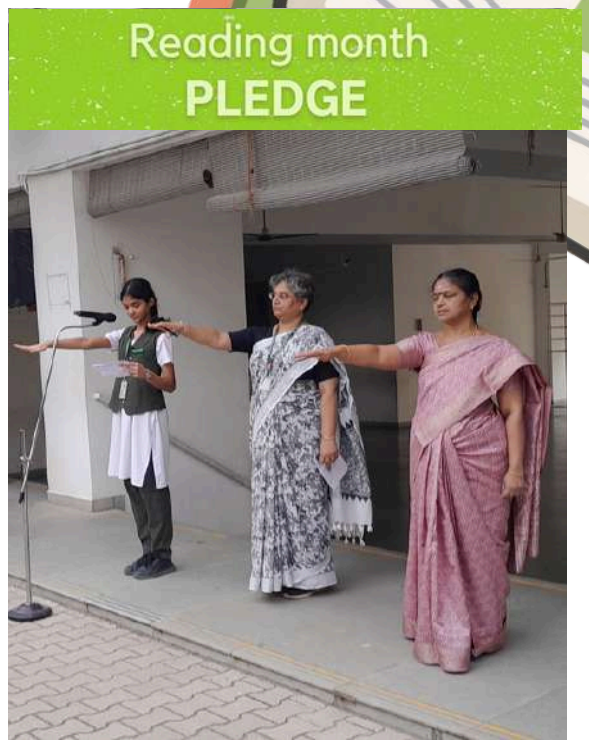
ELLIE'S SHOW



On **12th March 2026**, students of VME had a unique experience organised by People for the Ethical Treatment of Animals (PeTA), where they learned about the significance of protecting animals, particularly elephants. The event began with Ms. Meenakshi Narang, who emphasised that elephants have

emotions just like humans and that we should treat them with empathy, compassion and kindness. The highlight was a conversation with “Ellie,” an animatronic elephant. Ellie recounted a moving story from her childhood: she was captured by humans and forced to perform tricks in a circus for many years, suffering throughout her captivity. Eventually, PeTA rescued her, and now she lives happily in a sanctuary, surrounded by friends, sunshine, swimming, play and above all, freedom. In the end, students made three promises to protect elephants: to say no to animal rides, not to visit circuses with animals, and to visit animal sanctuaries.

LIBRARY WEEK & READING MONTH ACTIVITY



RECITATION



HEYMATH PRIZE WINNERS - HS

RISING READERS CHALLENGE

The Rising Readers Challenge is a friendly reading competition sponsored by Karadi Path, aimed at nurturing early literacy skills such as phonics, sight-word recognition and reading confidence. It was conducted on March 10th and 11th to support and encourage the inculcation of strong and early reading habits, along with a love for books, among students in LKG and UKG grades.

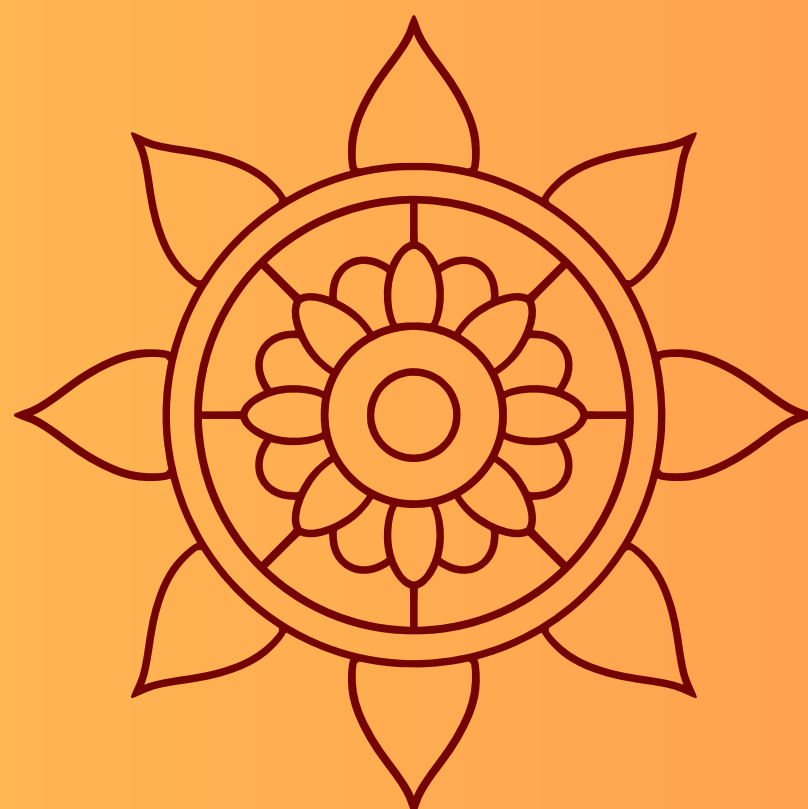
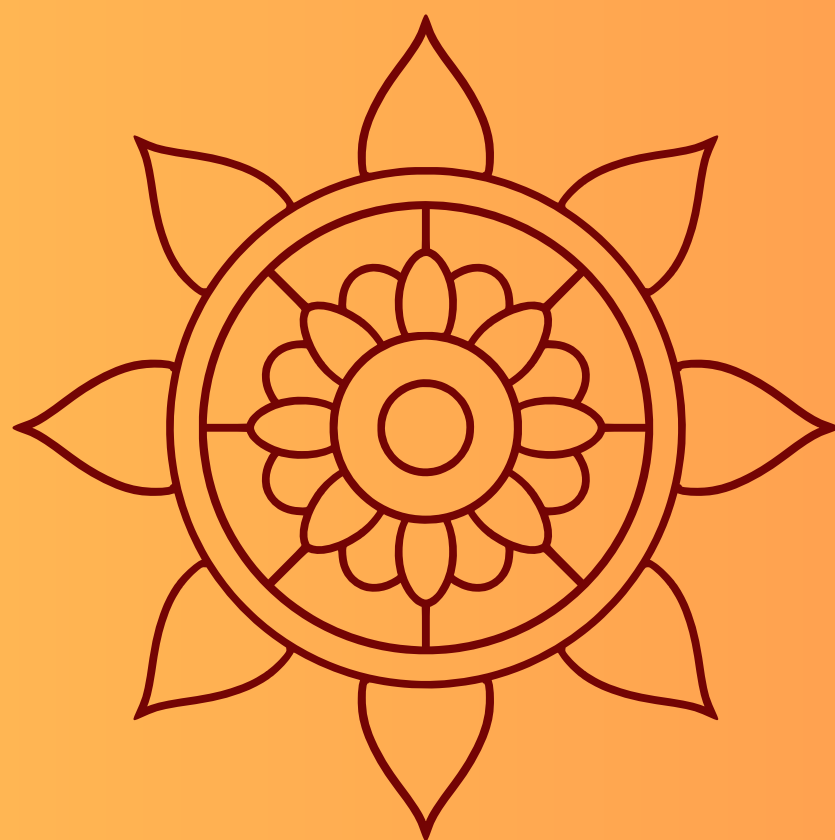
First, second, third and consolation prizes were awarded to students by the heads of the Primary and High School. Every student received a certificate for their reading category, recognising individual effort and progress.



BRIBOOKS - STUDENT AUTHORS



C U L T U R A L S



SANSKRITI



Sanskriti 2025, VME's vibrant intra-school cultural fest, was celebrated with enthusiasm on **11th and 12th July 2025**. The event began with a ceremonial lamp lighting by the school heads – Mrs. Sankari Ravi (Principal), Dr. Meenakshi Janakiraman (Vice Principal- High school), Mrs. Subhalakshmi R (Vice Principal – Primary) and Mrs. Vandana Rathore (KG In-Charge), symbolising knowledge and creativity.



In the Senior category (Classes 9-12), events ranged from group and solo dance to Adzap, Mehendi, Pulli Kolam, Footvolley, Charades, Adapt Tunes, Calligraphy, Shark Tank, fashion designing, Thirukkural recitation and more. Class 12 secured the overall senior championship with 192 points, and 9B received the award for Best Classroom Decoration.

JUNIOR SANSKRITI:

This year, students from Classes 6 to 8 participated in Sanskriti over these two days, showcasing their talents in a wide array of on-stage and off-stage events. Highlights included solo dance, solo singing, bookmark making, storytelling, pot painting, pencil sketching, JAM, rangoli, box cricket and classroom decoration. Class 8 emerged as the overall junior champions with 118 points, and 7B won Best Classroom Decoration.

Sanskriti 2025 was a true celebration of student expression, teamwork and cultural flair, leaving behind memories of laughter, talent and healthy competition.



VIDHYUVA



VME proudly hosted Vidhyuva 2025, a vibrant inter-school cultural extravaganza on **2nd August 2025**. From electrifying stage performances to captivating exhibitions of talent, every moment reflected the theme “Infinite Aura”, an endless celebration of youthful brilliance. The event was inaugurated with the lighting of the ceremonial lamp by the chief guest Smt. Charulatha Venkat, Dr. Meenakshi Janakiraman (VP High school), Mrs. Subhalakshmi. R (VP Primary) and Mrs. Vandana Rathore (KG In-Charge).



Resplendent welcome dance and instrumental melodies set the tone for the day, which was followed by a sequence of extraordinary competitions encompassing Ramp walk, Mono-acting, Lawyer’s Up, Chalk carving, Comic strip designing, Footvolley and Fashion Designing. Furthermore, a fundraiser organized by our school's Interact Club added to an atmosphere of joy and frivolity.

SPARDHA



VME Primary's first intraschool cultural event for Classes 1 to 5 was held on **17th and 18th December 2025**, providing a vibrant platform for young learners to showcase their creativity, talent and enthusiasm.

The celebration featured an array of engaging stage and off-stage events, including Penmanship, Splash of Colours, Move to the Beat, Biscuit Canapés, Food Ninja and more. The enthusiastic participation and vibrant performances underscored the event's resounding success.



RAINBOW FEST

Rainbow Fest 2025-2026 was joyfully celebrated at VME on **12th September 2025**, bringing together students, staff and parents. Held in the Primary Assembly Area and Kindergarten classrooms, the festivities commenced with the ceremonial lighting of the lamp, symbolising knowledge and positivity. KG students enthusiastically participated in creative activities such as Fable O Tale, Rhyme Champ, Fancy Dress, The Pencil Pack, Origami, Bit Paper Pasting, Claytivities, Leaf Art, Our Little Ravivarma, Crayola and origami, all thoughtfully designed to nurture talent and develop new skills.



The celebration concluded with a valedictory function where participants received certificates and medals, followed by a heartfelt Vote of Thanks and the National Anthem.

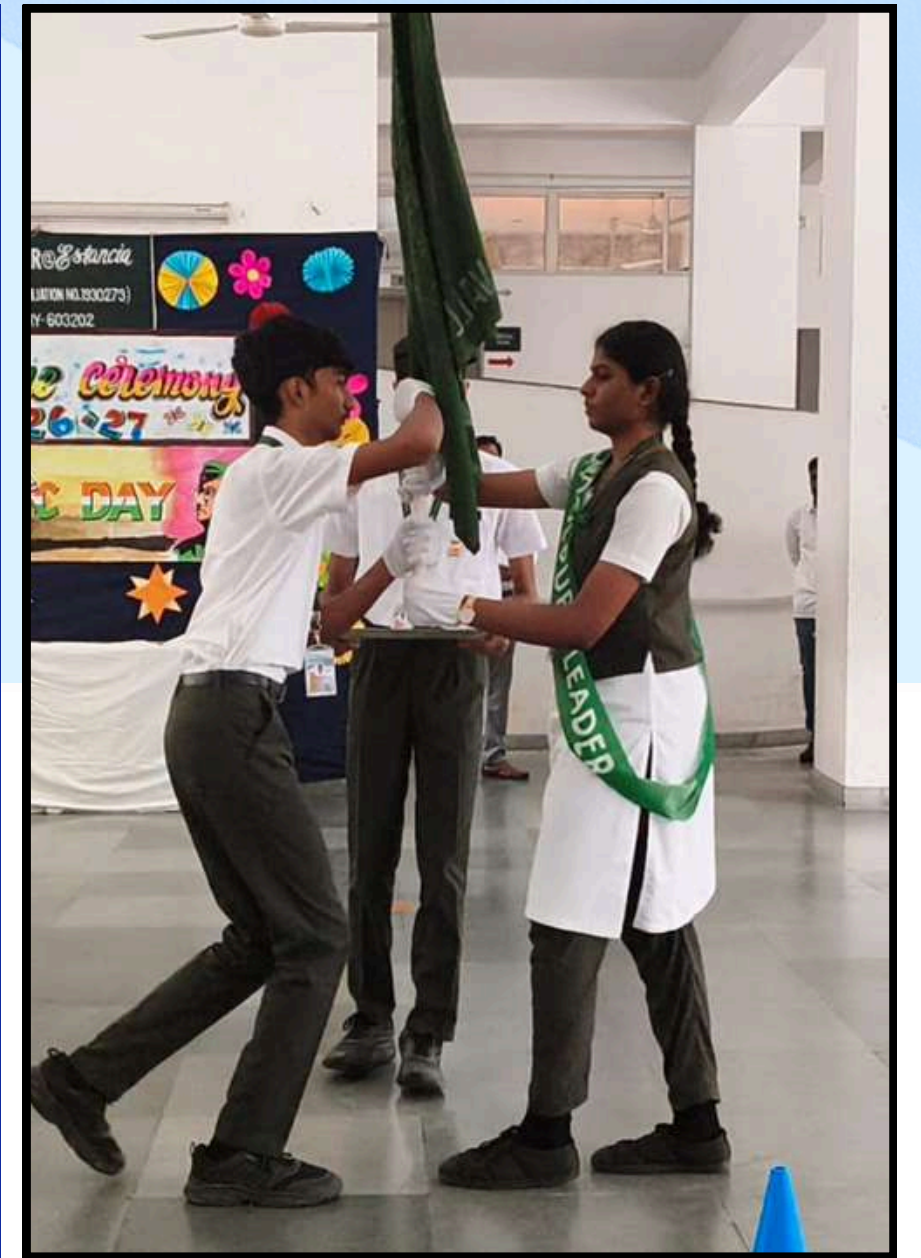
INVESTITURE CEREMONY

The Investiture Ceremony, held on 26th January 2026, was a momentous and dignified occasion that witnessed the formal investiture of the newly elected student council. In a ceremony infused with gravitas, the council members solemnly pledged to uphold the school's honour and perpetuate its illustrious legacy.

The event commenced on the High School campus under the esteemed guidance of Correspondent Mrs. Maya Sivaramakrishnan, Principal Mrs. Sankari Ravi, Vice Principal Dr. Meenakshi Janakiraman, Vice Principal Primary Mrs. Subhalakshmi and KG Incharge Mrs. Vandana Rathore.

A scene of pride unfolded as the newly elected council members, accompanied by their predecessors, marched into the assembly hall, their achievements highlighted as they received sashes and badges symbolising trust and responsibility. The Principal administered the oath, a gesture underscoring the school's unwavering faith in its young leaders and exhorting them to serve with integrity, humility and grace.





The Correspondent's inspiring address further impressed upon the council the values of responsibility, service and exemplary leadership.

Mementoes and certificates were presented to the outgoing council members as tokens of appreciation for their dedicated service, followed by an eloquent acceptance speech from the newly oathed School Pupil Leader, Mukesh Krishna P.S., who pledged unwavering commitment to his duties. The ceremony concluded with a heartfelt Vote of Thanks by the Cultural Secretary, Sindhi Mathini. I, acknowledging the invaluable support of the management, staff, parents and students, and the event culminated with the National Anthem.

Imbued with an artistic ambience and marked by impeccable organisation, the Investiture Ceremony left an indelible impression on all present, fostering a profound sense of pride and accomplishment within the school community.

Vidya Mandir Estancia's STUDENT COUNCIL 2026-27



SCHOOL PUPIL LEADER	MUKESH KRISHNA. P. S
SPORTS CAPTAIN	KARUNYA. N
CULTURAL SECRETARY	SINDHI MATHINI. I
ASSISTANT CULTURAL SECRETARY	KACEY JHOANS
EDITOR - VIDYA PRATIDHWANI	M. MAHDEEYA FATHIMA
KAILASH HOUSE - CAPTAIN	J. ROSHAN
KAILASH HOUSE - VICE CAPTAIN	R. K PRANAV
KANCHENJUNGA HOUSE - CAPTAIN	VISWARAM J. S
KANCHENJUNGA HOUSE - VICE CAPTAIN	PUVIYOLI. D. M
NILKANT HOUSE - CAPTAIN	S. SIDDHARTH
NILKANT HOUSE - VICE CAPTAIN	S. SRIKISHAN
NANGAPARBHAT HOUSE - CAPTAIN	NAVEEN. D
NANGAPARBHAT HOUSE - VICE CAPTAIN	SRI HARI HARASUBRAMANIAN

PREFECTS 2025-26



From left to right:

AADHITYA. P
SHIVANSHI SHREE
AARUSHI
ARJUN KUMAR. P
MIDHANYA
SRI KRISHNA
PRAGYA
SAI RISHAB

CLUBS @ VME

The school clubs were inaugurated with great enthusiasm on 23rd August 2025, marking the beginning of a vibrant platform for students to explore their talents and develop leadership qualities. This year, along with the existing clubs such as Literary, Quiz, Debate, Nature, Reading, Dance, Music, Arts, Heritage and Math, two new clubs: the Fashion Designing Club and the Coding Club, were introduced for the academic year 2025-26. These clubs aim to nurture creativity, technical skills and innovation among students, providing them with opportunities to explore emerging fields. Students presented brief performances showcasing the theme and purpose of each club, adding colour and energy to the event, and then they enthusiastically registered for the clubs based on their interests.

LITERARY AND DRAMATICS CLUB:

The Literary and Dramatic Club organised a variety of enriching activities throughout the year to foster creativity, communication and critical thinking among students. First, the Literary and Dramatic Club organised an interactive session attended by around 21 students from the Literary and Reading Clubs. During the session, the young author Sophia shared her journey as a writer and narrated one of her inspiring stories. The programme also included an engaging Q&A session and a short story-writing activity that encouraged students to think creatively and express their ideas confidently. The KG teachers later organised a delightful puppet show highlighting the value of friendship through colourful puppets, engaging narration and meaningful scenes. Inspired by the performance, students were guided to create and perform their own puppet stories in groups. Students were trained in voice modulation, puppet handling, character portrayal, expression and timing, which helped enhance students' confidence, creativity, teamwork and communication skills. A debate on the topic "Is Online Education More Effective?" was conducted as the last activity, where students confidently presented logical arguments and discussed the advantages and disadvantages of both online and offline education.



NATURE CLUB:

In the Nature Club, we don't say, "Let's hang out." We say, "Let's branch out!"

The Nature Club is a space where students come together to learn more about the world around us and understand the importance of caring for nature. It is our small way of giving back time and effort to the environment. From celebrating Wildlife Week and taking part in nature quizzes to making paper bags, going on campus nature walks and discussing environmental issues through "Shark Tank"-style debates, every activity helped us learn something new. Through the Nature Club, we slowly grew into more responsible and nature-loving individuals.



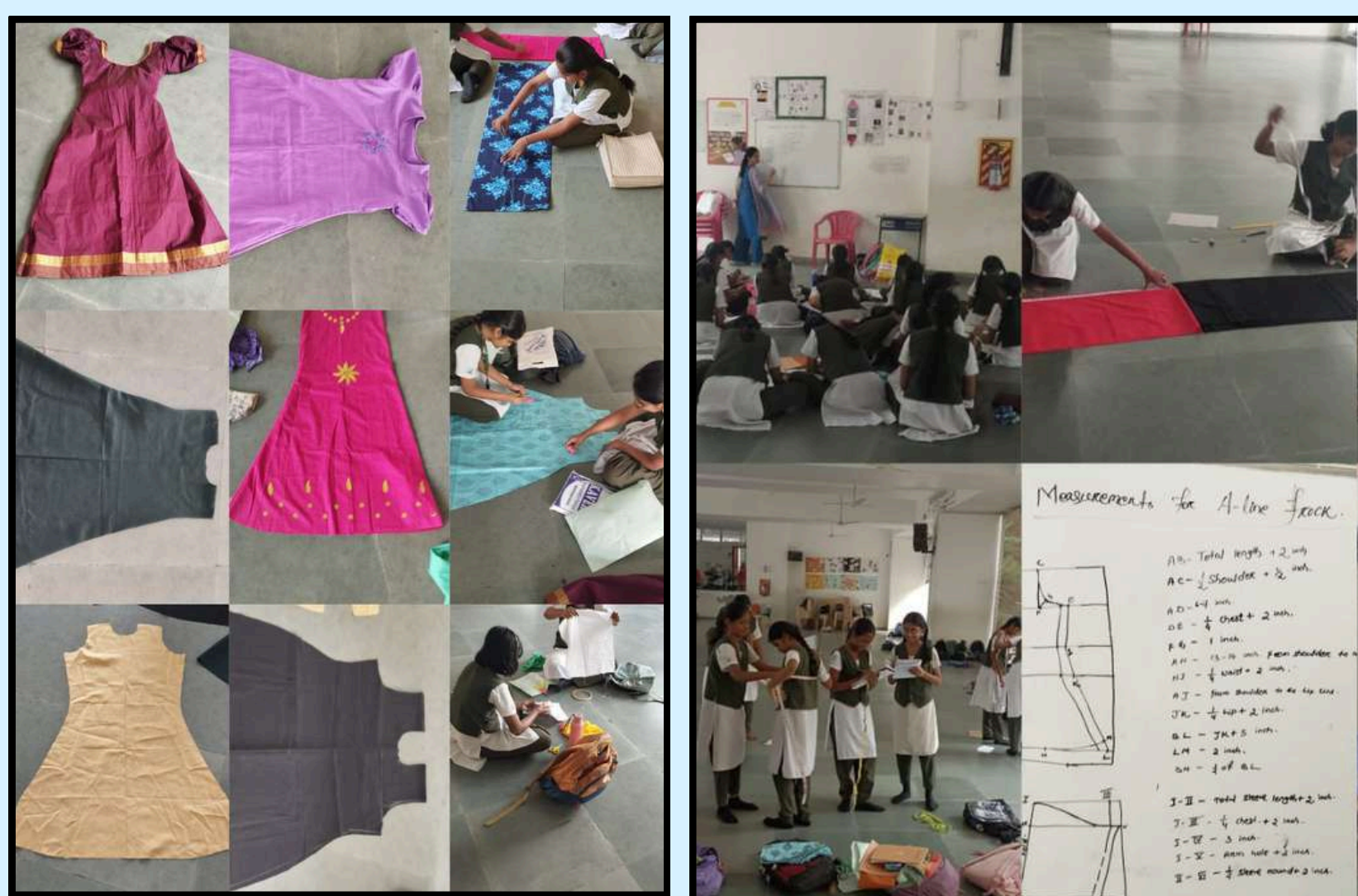
MUSIC CLUB:

The Music Club successfully conducted engaging sessions for students, focusing on foundational Indian classical music elements. Key activities included learning rhythm through 'thalam' and 'shruthi' practice, exploring diverse song genres, studying iconic Ilaiyaraaja compositions and mapping Carnatic notes to Western notes (do-re-mi-fa-so-la-ti-do). These club sessions enhanced students' musical appreciation, technical skills and cultural understanding. The club fostered creativity and teamwork, preparing the students for the valedictory performance.



FASHION DESIGNING CLUB:

The Fashion Designing Club for provided students with an opportunity to explore creativity and develop basic skills in garment design and stitching. Throughout the sessions, students learned techniques such as hand embroidery, measuring, drafting, fabric cutting and hand stitching. Students designed and stitched simple garments like an A-line frock, and enhanced them with decorative elements such as lace, beads and mirrors. The club encouraged creativity, patience and teamwork while promoting the effective use of materials. The students proudly exhibited their creations during the Valedictory Ceremony, showcasing their learning and achievements.



DANCE CLUB:

“When you dance, you can enjoy the luxury of being you.” — Coelho

The Dance Club is a vibrant, creative space where students gather to express themselves through movement, rhythm and passion. Beyond just learning steps, the club acts as a holistic outlet, blending artistic expression with physical fitness and mental relaxation. Members explore a variety of styles, including classical, contemporary, Zumba and folk dances, allowing for a rich cultural experience. Students not only improved their technical dancing skills, coordination and stamina but also learned to collaborate effectively in group choreography. The club provides a platform for students to shine, with regular performances at school programs, annual days, talent shows and inter-school competitions.

MATH CLUB:

The Math Club is a group designed to foster a passion for mathematics beyond the classroom, eliminate math anxiety and boost problem-solving skills. This year, the Math Club organised various engaging and enriching activities, starting with Sudoku, which enhances memory, concentration and overall brain health. Speed Math and quizzes helped students understand the importance of time management, accuracy and improved their confidence. Making 3D shapes and origami enhanced spatial reasoning and creativity. Mandala art developed artistic skills in students along with a deeper understanding of mathematical concepts. Students participated enthusiastically in all the activities.



READING CLUB:

"READING IS AN ADVENTURE THAT NEVER ENDS."

This year has been a wonderful journey for all the members of the Reading Club, as it was filled with creativity, learning, teamwork and imagination. Meeting the author Ms. Sofia, from 12th grade, who conducted a workshop, was a highlight. Members learned about the requirements of different genres and how to express ideas through writing. A puppet show by KG teachers helped the students learn voice modulation and how to convey feelings through sounds. Sequencing a story, creating a story and reading a story were activities that taught the students comprehension skills, analytical thinking and helped improve memory. Club members participated in each activity with enthusiasm.

"DO BELIEVE THAT SOMETHING MAGICAL CAN HAPPEN WHEN YOU READ A BOOK!"

ART CLUB:

The Art Club conducted various creative activities that helped students develop their artistic skills and imagination. Students actively participated in making greeting cards, where they used colours, designs and creative messages to express their ideas. Another activity was mandala art, in which students created beautiful circular patterns using shapes and repeated designs. This helped them improve concentration, patience and symmetry in drawing. Students also learned origami, the art of paper folding. They made different shapes and objects by folding paper carefully, which enhanced their creativity and fine motor skills. In doodle art, students freely expressed their thoughts through simple and fun drawings. Additionally, students participated in bookmark making, where they designed colourful and creative bookmarks using different patterns, drawings and decorative materials. This activity helped them develop design skills while creating useful items for reading. Overall, the Art Club activities were enjoyable and educational. It provided students with opportunities to explore different art forms, improve their creativity and express their ideas through art.



HERITAGE CLUB:

The Heritage Club worked to promote and preserve India's rich cultural heritage among students. The main objectives of the Heritage Club were to understand who we are and to take pride in the unique diversity of India's cultural identity. Various activities were organised, including lectures on Diwali, Karthigai Deepam and ancient customs, as well as a Heritage Quiz and talks on seasonal festivals. Students engaged in creative projects like mural art, art galleries and posters showcasing India's tourism and heritage. These initiatives promoted a sense of cultural pride, encouraging students to appreciate India's architectural, artistic and musical heritage. The club's success was driven by students' passion and teamwork. Emphasising that heritage is a vital part of our identity, the club urged members to respect and celebrate India's cultural wealth. The year's events highlighted the importance of preserving our traditions and cultural legacy for future generations, ensuring that India's rich heritage continues to inspire and unite people. The club's efforts aimed to instill a deeper understanding and appreciation of India's diverse cultural identity.

CODING CLUB:

The Coding Club's activities began with an engaging game called HTML Bingo, which served as an eye-opener for students to understand basic HTML concepts. Following this, the syntax and structure of HTML were explained to the students. To strengthen their understanding, interactive activities such as a Kahoot quiz in team battle format were conducted. The club leaders then guided students in creating a simple HTML webpage and each student designed their own colourful webpage using the concepts learned. In the final session, two Class XI students with expertise in coding delivered a talk and demonstrated their own projects. Overall, the Coding Club motivated students to learn coding, practice regularly and develop problem-solving skills.



QUIZ CLUB:

The Quiz Club conducted several engaging activities to promote general knowledge and critical thinking among students. Regular quiz sessions were organized on topics such as history, geography, science, current affairs and sports. These activities encouraged students to stay informed and develop confidence in expressing their knowledge. Inter-class quizzes were also conducted, providing opportunities for healthy competition and teamwork. Students participated enthusiastically and demonstrated curiosity and quick thinking. The club helped improve research skills, awareness and communication abilities. Overall, the Quiz Club successfully created an interactive platform for learning and inspired students to explore knowledge beyond the classroom.

DEBATE CLUB:

The Debate Club was able to meet its main objectives to a great extent. It focused on skills such as public speaking, persuasion, critical thinking and argumentation through structured debates on various topics, from the simplest to the toughest. The club sincerely aimed at enhancing the skill of articulating ideas confidently and more accurately. It encouraged silent spectators to present their thoughts and understanding with clarity. Arguments helped the students convey the realities of life in a clear and straightforward manner. In conclusion, the Debate Club has been instrumental in honing students' research and public speaking skills, empowering them to articulate their views effectively and engage with diverse perspectives.



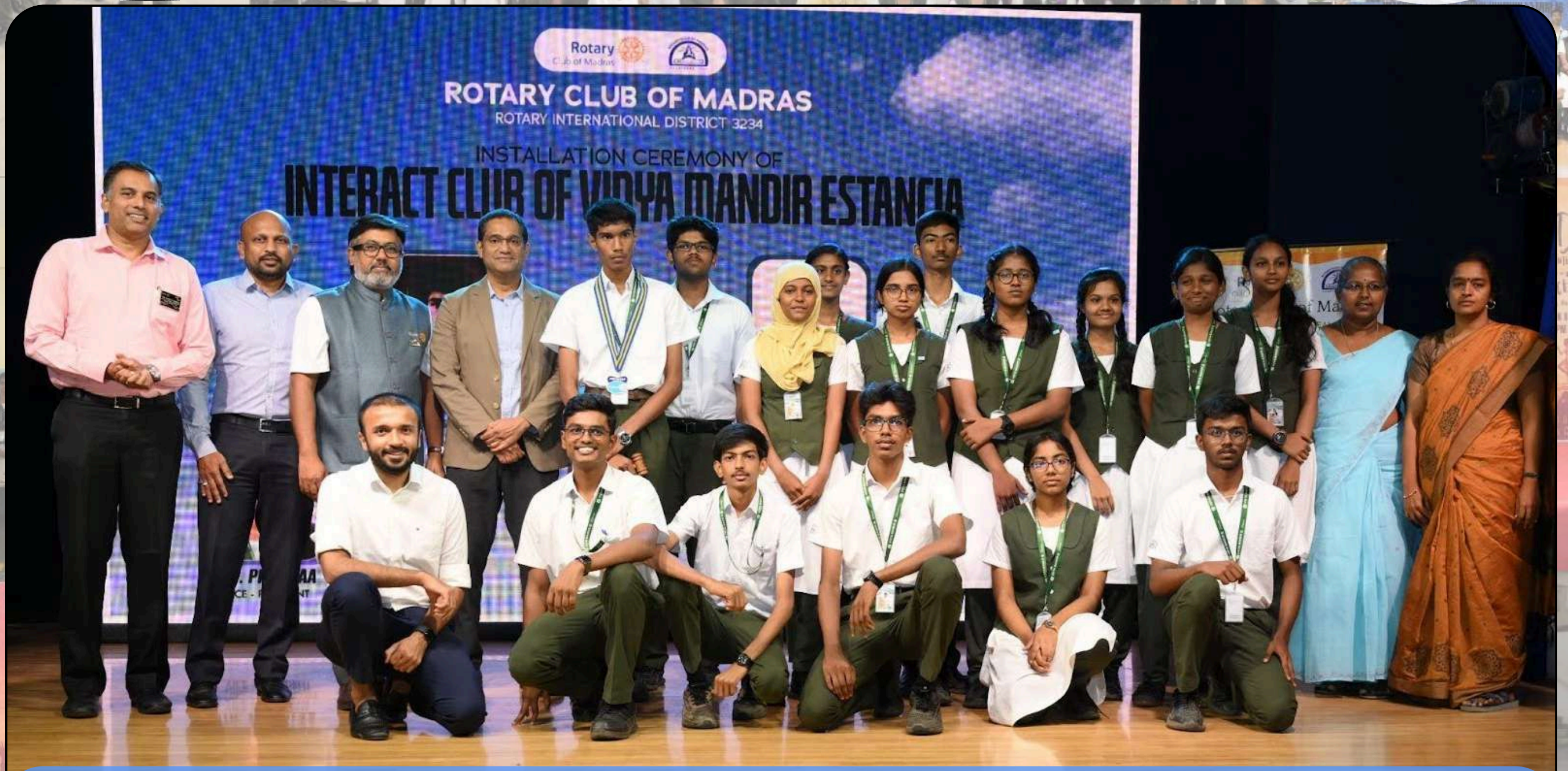
VALEDICTORY CEREMONY

On 7th March 2025, the Club Valedictory Ceremony unfolded in a vibrant display of ingenuity and accomplishment. Presidents and secretaries from each club captivated the audience with speeches and engaging presentations, offering a vivid glimpse into their year-long journeys of learning and growth. The Nature Club donated a plant to our school, while the Dance Club mesmerised everyone with an energetic performance. The Fashion Designing Club elevated the event with an eloquent ramp walk, unveiling masterfully tailored frocks modelled with elegance and flair. This memorable day stood as a resounding affirmation of students' zeal, commitment and hands-on learning, beautifully celebrating growth that transcends the boundaries of textbooks.





Rotary



VME INTERACT CLUB

President
Tarun Loganathan

Vice President
Pingalaa A

Secretary
M Mahdeeya Fathima

Joint Secretary
Mukesh Krishna P S

Treasurer
Sowjenya Harikrishnan

Director of Club Services
D M Puviyoli

Director of Community Services
Mohanapriyaa Hari

Director of Human Resources
Sindhi Mathini I

Director of School Affairs
Mira Shree M

Director of Global Services
N M Rohith Varman

Director of Technical Coordination
Roshan J

Director of Technical Coordination
Karunya N

Sergeant
A Harsh

Sergeant
Sahana Padhmanabhan

Sergeant
A Niranjana

Teacher Coordinator
A Catherine Diana

Teacher Coordinator
Mahendran D

Teacher Coordinator
R Sheela Devi

ANTI-DRUG AWARENESS SEMINAR



"Awareness is the first step to prevention."

On **26th June 2025**, the Interact Club of VME teamed up with Guduvancherry Police Station to host an impactful Anti-Drug Awareness Program for students in grades 9 to 12.



The session educated participants on the severe dangers of drug abuse, empowered them to make healthy life choices and culminated in a collective pledge to remain drug-free and build a safer community.

DRUG AWARENESS RALLY

"An informed mind is the strongest defence against addiction. Drug awareness is not just a campaign, but a responsibility we owe to our future."

On **20th November 2025**, the Interact Club organised a Drug Awareness Rally near the Zoho campus, with enthusiastic participation from Class 12 students. By taking their message beyond the school premises, students actively engaged the public, spreading awareness about the dangers of drug abuse through impactful placards and slogans.

The rally not only educated the community but also reinforced a collective pledge among students to promote healthy, responsible lifestyles, demonstrating the club's commitment to fostering a safer, drug-free society.



SANSKRITI FUNDRAISER STALL

"Small acts, when multiplied, can transform the world."

On **10th and 11th July 2025**, the Interact Club of VME organised a fundraising event featuring homemade treats during the Sanskriti celebrations. Stalls offered brownies, chocolate cakes, South Indian mixture and Dalgona candies.

Students and teachers supported the initiative, with proceeds directed to a local old-age home or orphanage. The office bearers and volunteers received praise for their excellent organisation and dedication to community service.



VIDHYUVA FUNDRAISER STALL



"Recreation unites us; purpose propels us forward."

On the morning of **2nd August 2025**, the Interact Club of VME organised a fundraising initiative at the interschool cultural event Vidhyuva. Stalls offered games like Kendama, Hook the Ring, Thread the Needle, Shoot the Moon and Dakji. Winners received tokens to redeem for stationery, bracelets, bookmarks, chocolates and keychains.

A Pani Puri stall also attracted many visitors. Funds were raised to support either a local old age home, mental health centre, or orphanage. Attendees praised the well-organised efforts of office bearers and volunteers. This event showed the club's dedication to combining fun with charity for community good.

READING AWARENESS RALLY

"Once you learn to read, you will be forever free."

On **16th July 2025**, the Interact Club of VME organised a Reading Awareness Rally involving students from Grades 6 to 12. Marching from the school to the Estancia campus with creative slogans and the message "Read and Grow," students actively engaged the public and encouraged a daily reading habit.

The initiative successfully transformed a simple rally into a community-driven effort that promoted literacy, creativity and a lifelong love for reading.



FILMMAKING WORKSHOP



On **1st August 2025**, two office-bearers of the Interact Club of VME attended a Filmmaking Workshop hosted by the Rotary Club of Madras at Hotel Maris. Through interactions with experienced filmmakers and actors, they gained practical insights into storytelling, screenplay writing and the technical aspects of cinema.

The workshop encouraged creativity with purpose, especially through the introduction of the 4 Way Test Short Film Contest. By participating, the club effectively used this opportunity to nurture thoughtful storytelling and inspire students to create meaningful content that reflects strong values and social responsibility.



EFI BEACH CLEANUP

“The greatest threat to our planet is the belief that someone else will save it.”

On **1st November 2025**, the Interact Club of VME partnered with the Environmentalist Foundation of India (EFI) for a Beach Cleanup Drive at Kovalam Beach.

With guidance from Mr. Raji, students gained insight into the growing issue of coastal pollution in Chennai and took direct action by collecting non-biodegradable waste.

The initiative went beyond a cleanup activity, helping students understand the seriousness of environmental degradation and encouraging them to adopt sustainable habits while promoting collective responsibility for a cleaner future.



EFI LAKE VISIT



“The Earth is what we all have in common.”

On **15th November 2025**, the Interact Club of VME collaborated with the Environmentalist Foundation of India for a Lake Visit and Tree Plantation Drive at Sholinganallur. Students planted around 50 saplings at the 1500 Sponge Park, learned about eco-restoration methods such as the Miyawaki technique, and understood how sustainable lake management supports biodiversity and groundwater recharge. By also collecting litter around the lake, the club combined awareness with action, effectively contributing to environmental conservation while strengthening students' sense of responsibility toward protecting natural ecosystems.

FLAG-EXCHANGE EVENT

On **5th November 2025**, the Interact Club of VME participated in a Flag Exchange Event with the Interact Club of Regent International School, Malaysia, during RYLA 2025. By exchanging flags and mementoes, the delegates celebrated cultural understanding, friendship and shared service.



The event went beyond symbolism, opening doors for future collaborative initiatives and strengthening international ties, reflecting the club's commitment to meaningful global engagement and cross border service.

RYLA – FARM GURU



“Tell me and I forget, teach me and I may remember, involve me and I learn.”

On **5th January 2026**, VME Interact Club office-bearers attended RYLA – Farm Guru, a Rotary Youth Leadership Awards event by Rotary Club of Madras at Farm Guru, Sholavaram. The day featured team farming activities like ploughing, sowing and harvesting, and leadership sessions, speeches and games on sustainable practices.



Participants pledged environmental respect and received organic rice and saplings as mementos.

ANIMAL WELFARE SEMINAR



“Until one has loved an animal, a part of one’s soul remains unawakened.”– Anatole France

On **28th August 2025**, the Interact Club, in collaboration with the Blue Cross of India, organised an Animal Welfare Seminar for students of Classes 9-12, led by Mr. Samaran Thamarai. The session encouraged students to reflect on their responsibility towards animals.



By addressing issues of cruelty and highlighting the importance of compassion, proper care, and empathy, the club effectively used the platform to promote kindness as a shared social value.

CANCER AWARENESS SEMINAR



“An ounce of prevention is worth a pound of cure.”

On **22nd November 2025**, the Interact Club of VME organised a Cancer Awareness Session for students of Classes 8 to 11, featuring Dr. Sangeetha Viswanathan as the keynote speaker. Through clear and engaging explanations, she educated students on early detection, warning signs, preventive habits and the importance of HPV vaccination.

By addressing both medical facts and lifestyle choices, the club effectively transformed the session into a meaningful public health initiative, empowering students to prioritise awareness, prevention and responsible health practices in their communities.

DAAN DHAMAKA

“Service to others is the rent you pay for your room here on earth.”

— Muhammad Ali

On **8th January 2026**, the Interact Club of VME, under the aegis of the Rotary Club of Madras, organised “Daan Dhamaka” at the Zoho campus.

This cultural and charitable event featured performances by over 45 students in dance, music and comedy, raising funds for the Kaikoduppom Old Age Home & Charitable Trust.

Key highlights included an address on the essence of charity and a comedic routine on parental affection.

The program concluded with acknowledgements to supporters, including Zoho, underscoring the school's commitment to service and community welfare.



OLD AGE HOME VISIT



On 18th April 2026, the Interact Club of VME visited Kaikoduppom Old Age Home, uplifting residents through heartfelt conversations, vibrant cultural performances and thoughtful handmade cards.

A washing machine, funded by year-long fundraising initiatives, embodied altruism, kindling joy and dignity, while transforming service into an enduring testament to empathy, gratitude and meaningful connection.

ROTARY LEADERSHIP YOUTH EXCHANGE PROGRAM 2025-26

DAY 1, 2 & 3: Fostering Innovation, Youth Empowerment and Global Leadership



The Rotary Club of Madras, in collaboration with partner organisations, organised the RYLA Malaysia Youth Exchange 2025, a five-day international learning experience held from **3rd to 7th November 2025**. The program blended cultural exploration with innovation, governance and global leadership.



Delegates visited landmark sites such as Putrajaya Mosque, Batu Caves and the Petronas Twin Towers, gaining insight into Malaysia's heritage and diversity.



Academic and policy engagements included sessions at the University of Cyberjaya, the Ministry of Youth and Sports and the Festival of Ideas 2025, where students were exposed to entrepreneurship, national youth development strategies and emerging global opportunities.

Interactive challenges and panel discussions strengthened teamwork, critical thinking and leadership skills.

The exchange also fostered international collaboration through a flag exchange with Regent International School and networking sessions with leaders from the Royal Commonwealth Society and other organisations. Industrial and technology visits further broadened perspectives on innovation and lifelong learning.



DAY 3: Education, Innovation and Global Collaboration

VIDYA PRATIDHWANI 25-26 / EDITION 17

DAY 4 and DAY 5



DAY 4: Heritage, Reflection and Recreation



DAY 5: Ideas, Innovation, Heritage and Farewell

The journey proved to be a powerful blend of education, cultural understanding, diplomacy and youth empowerment, equipping delegates with confidence, global awareness and a renewed commitment to service and leadership.

YOGA SESSION

“The body benefits from movement, and the mind benefits from stillness.”

— Sakyong Mipham

On 11th April 2026, the Interact Club of Vidya Mandir Estancia organised a yoga session at the school premises for students of Classes 10 and 12, aimed at promoting mental and physical well-being during their board exam preparations. The session was conducted by Dr. Muthulakshmi, an experienced yoga expert, who began by explaining the effects of stress on the body and mind, and the role of yoga in managing it effectively. Students were then guided through simple asanas, breathing exercises and meditation techniques designed to reduce stress and improve focus. The session concluded with valuable tips on maintaining a balanced routine and a positive mindset.



FAREWELL '26

On **30th January 2026**, Class 11 students at VME organised a spectacular Spotify Wrapped-themed farewell for our beloved Class 12 seniors, celebrating their school journey with creative music stats, personalised playlists of memories and "top hits" highlighting unforgettable campus moments.



Class 11 thoughtfully created a memory wall with shared photos, a fun photo booth for instant keepsakes and a gratitude wall where seniors wrote appreciative messages. The event burst into life with Class 11's electrifying flash mob dance, seamlessly followed by Class 12's energetic showcase, which had everyone cheering. Interactive games followed: "Start Music," in which Class 12 guessed songs from opening verses and an exciting Treasure Hunt with teams eliminated one by one; the winning team received a box of gifts. The school also provided delicious food that everyone enjoyed.



THAT'S
A
wrap!

FAREWELL '26

The highlight was the prestigious school awards ceremony, honouring the Best Dressed Female, the Best Dressed Male, Mr. VME and Ms. VME received by Varsha CR, Monish, Aadhavan and Kavyashree respectively.



Class 12 seniors received beautifully-framed class photos from school and heartfelt handmade gifts from Class 11. The celebration concluded with an open floor dance that created joyful bonds and lasting memories.



STUDENT ACHIEVEMENTS

VME's Cultural Achievements

EVENT	NAME	ACTIVITY	CLASS	PRIZE
INTER SCHOOL CULTURAL COMPETITION BY ELA GREEN SCHOOL	HAYSHAAN RANA ABHIMANYU	FINGER PAINTING	LKG A	THIRD PLACE
	MITHRA R. M		UKG B	SECOND PLACE
	RIDVEY	NADAGAM	UKG B	SECOND PLACE
INTER SCHOOL CULTURAL FEST CONDUCTED BY SAN ACADEMY, PALLIKARANAI	DHAYALINI. V	HOOD WINK	UKG B	THIRD PLACE
		TALK TIME MAGIC		SECOND PLACE
KARMAVEERAR KAMARASAR BIRTHDAY ART COMPETITION BY THURIKA SCHOOL OF ARTS, MARAIMALAINAGAR	A. N. ARSHAD MOHAMMAD	ART	UKG B	FIRST PLACE
SAN ACADEMY	SIAN ABITHRAJ	CHROMA SPLASH	1B	FIRST PLACE, MEDAL & CERTIFICATE
BEAUTIFUL BUTTERFLY AWARD JOY FLAT OWNERS	KHANEYA MOHANRAJ	BALLOON BALANCING	2B	SECOND, TROPHY & CERTIFICATE
WIZKIDS CARNIVAL- MANSI AWADHANI	SAI DRUVAN	SINGERS STAR	2C	FIRST PLACE & CERTIFICATE
SEMMOZHI BOOK OF RECORDS 2025- CERTIFICATE OF WORLD RECORD	KRESHA. P. K	BHARATANATYAM	2D	TROPHY, MEDAL & CERTIFICATE
RAFAS OPUS 1 ONLINE DANCE COMPETITION	VIANA. V	WESTERN GROOVE	3A	FIRST PLACE
VIBRANT AND JOL-FILLED KIDS CARNIVAL 25	VIANA. V	DANCE	3A	FIRST PLACE
LINCOLN BOOK OF RECORDS 2025	DEEKSHIDHANU. L	TANTRA ACADEMY	5C	WORLD'S FIRST 12 HOUR MUSIC SINGING
SREE SARAVANA EDUCATIONAL ACADEMY	HARINI. K	ALANKARIKA	5D	MEDAL & CERTIFICATE
ELA GREEN SCHOOL - INTER SCHOOL CULTURALS	VIANA. V	NAATIYAM	3A	SECOND & CERTIFICATE
	LAKSHMI PRIYA. V	MONO-ACTING	4A	FIRST & CERTIFICATE
	SHANVIK SUNKARA. A	STORY TELLING	1A	THIRD, TROPHY & CERTIFICATE
	RASHMITHA	PATRIOTIC SONG	1B	THIRD, TROPHY & CERTIFICATE
PARAKRAM 2025- INTERSCHOOL CULTURALS BY SREE GOKULAM PUBLIC SCHOOL, CHENGALPATTU	ILAMPOZHIL. E	SPEED CUBE	10B	FIRST PLACE
	NIJAAI. N, NIMALAN RAJA, RITHESH, SRI HARI HARASUBRAMANIAN, HARSH. A	ADZAP	10B 10C 11B 11B 11C	SECOND PLACE

INTRA SCHOOL COMPETITION 2025-26 (SPARDHA)	THANISHKA. V	SPLASH OF COLOUR	1B	FIRST PLACE, MEDAL & CERTIFICATE
	VIDHAN. V		1D	SECOND PLACE, MEDAL & CERTIFICATE
	DIYA. J		1D	THIRD PLACE, MEDAL & CERTIFICATE
	YAZHINI. K	PENMANSHIP	2C	FIRST PLACE, MEDAL & CERTIFICATE
	MANISHA. K. J		2D	SECOND PLACE, MEDAL & CERTIFICATE
	JYOSHNIKASRI		2D	THIRD PLACE, MEDAL & CERTIFICATE
	HUVISHKA. V	SHOW AND TELL	2C	FIRST PLACE, MEDAL & CERTIFICATE
	HARSHINI. R		2B	SECOND PLACE, MEDAL & CERTIFICATE
	RIYA SHREE. H		2D	THIRD PLACE, MEDAL & CERTIFICATE
	AGASTYA MAHESHWAR	FOILAGE ART	2A	FIRST PLACE, MEDAL & CERTIFICATE
	SACHIKA. J. B		2C	SECOND PLACE, MEDAL & CERTIFICATE
	TAAFLINE REGINA		2A	THIRD PLACE, MEDAL & CERTIFICATE
	RAJAVARMAN. G. V	CULTURAL WALK	2B	FIRST PLACE, MEDAL & CERTIFICATE
	SANJIT DHRUVA. N		2A	SECOND PLACE, MEDAL & CERTIFICATE
	SHAKSHI. D		2C	THIRD PLACE, MEDAL & CERTIFICATE
	TEJASWINI. R	BUILD IT BIG	2B	FIRST PLACE, MEDAL & CERTIFICATE
	SAIDHRUVAN. G		2C	SECOND PLACE, MEDAL & CERTIFICATE
	MAHIZAMUDHAN. A		2D	THIRD PLACE, MEDAL & CERTIFICATE

INTRA SCHOOL COMPETITION 25-26 (SPARDHA)	RA SAHISHNU	COSTUME CARNIVAL	1D	FIRST PLACE, MEDAL & CERTIFICATE
	TANIA		1B	SECOND PLACE, MEDAL & CERTIFICATE
	AKHIL		1B	THIRD PLACE, MEDAL & CERTIFICATE
	A. S AALLAN	MELODY MANIA	1C	FIRST PLACE, MEDAL & CERTIFICATE
	RIAAN VIVEK		1A	SECOND PLACE, MEDAL & CERTIFICATE
	DEEKSHA N		1B	THIRD PLACE, MEDAL & CERTIFICATE
	V. JASVIN	MOLDED MAGIC	1B	FIRST PLACE, MEDAL & CERTIFICATE
	RIAAN VIVEK		1A	SECOND PLACE, MEDAL & CERTIFICATE
	K. N KANISHKA		1A	THIRD PLACE, MEDAL & CERTIFICATE
	R. K MAGIZHAN	TALE TELLERS ARENA	1D	FIRST PLACE, MEDAL & CERTIFICATE
	ELANTHIRAI. N. S		1C	SECOND PLACE, MEDAL & CERTIFICATE
	P. KERATHI		1A	THIRD PLACE, MEDAL & CERTIFICATE
	IYDHU SRIMAN	SHAPE IT	3A	FIRST PLACE, MEDAL & CERTIFICATE
	MABEL		3A	SECOND PLACE, MEDAL & CERTIFICATE
	YESHMITHA. N		3D	THIRD PLACE, MEDAL & CERTIFICATE
TATIVAM-INTERSCHOOL CULTURALS BY ELA GREEN SCHOOL	AKSHARA	DANCE	6C	SECOND PLACE
DRAWING COMPETITION 2025 BY GRAND SVP EDUCATIONAL ACADEMY PVT. LTD ON THE OCCASION OF DR. A. P. J. ABDUL KALAM'S BIRTHDAY CELEBRATION	KURUNAGAI. S. M	DRAWING	7A	SECOND PLACE
CHITHRA NATYAM GAJA NANDANAM- BRIDGE ACADEMY AT OART, IIT MADRAS, CHENNAI	JEEYA. S	DANCE	7B	AWARD & CERTIFICATE

GRADE 4 WITH EXCELLENCE PERFORMANCE IN BHARATANATYAM GRADE EXAM	JEEYA. S	BHARATANATYAM	7B	CERTIFICATE
BHARATHIYAR LITERARY FORUM 8 TH YEAR AWARD FUNCTION	YUKTHA. B	ARTS	7B	AWARDED THOORIGAI SELVAR AWARD IN ART CATEGORY SCULPTOR
SEWA SANGANA GUDUVANCHERRY- DRAWING COMPETITION ABOUT HEALTH AWARENESS	SAHANA. C	DRAWING	8B	FIRST PRIZE
GRADE-4 BHARATANATYAM 2025 BY SWASTIKA NATIYALAYA	KARISHMA. K. J	DANCE	8D	ACHIEVEMENT AWARD
TRINITY COLLEGE OF LONDON- GRADED EXAMINATION IN MUSIC PERFORMANCE	MUTHU THAMIZH MANI. P. D	MUSIC	9B	AWARDED GRADE 1 PIANO CERTIFICATE
SHADES OF INDIAN CHRISTMAS ONLINE NATIONAL LEVEL DRAWING COMPETITION BY WONDER WHIZ MANAGEMENT COMPANY IN CHENNAI	NIKILA DARSHINY. R	DRAWING	9C	FIRST PLACE IN GRADE 7 TO 9 CATEGORY
AMALGAMATION 25- INTERSCHOOL SCIENCE AND CULTURAL FEST BY VIDYA MANDIR SR. SEC. SCHOOL, MYLAPORE, CHENNAI	RITESH. B, SRI HARI HARASUBRAMANIAN	CHEMIXONS	11B 11B	THIRD PLACE
REFLECTIONS 25- INTERSCHOOL CULTURALS BY VIDYA MANDIR SR.SEC. SCHOOL, MYLAPORE	AFRAH. S, LAKSHIKA	MEHENDI	12C	FIRST PLACE
THIRUPPAVAI RECITATION COMPETITION BY JRK GLOBAL SCHOOL	AKSHAI. B. A	THIRUPPAVAI	8A	FIRST PRIZE
	PRAGADEESH		7A	SECOND PRIZE
INTERSCHOOL HINDI CULTURALS BY HEARTFULNESS INTERNATIONAL SCHOOL, OMEGA BRANCH, KOLAPAKKAM	SUHEERA BEGUM, JOSHIKA. L, ANWITHA R PRAPHU, ANANYA JAYSHAKTI, SHAMITA. S	DANCE DRAMA	8A 8D 8A 8A 8A	FIRST PLACE
	GRHITHA SAHU	STORY TELLING	9D	SECOND PLACE
	NEETI JAIN	NEWS READING	7A	SECOND PLACE
DRAWING COMPETITION DURING WOMEN’S DAY CELEBRATIONS 2026 BY PERUMATTUNALLUR PANCHAYATH	B. KRISHTIKA	DRAWING	7C	FIRST PLACE
	B. S. RAKSHITA		6C	THIRD PLACE

EVENT	NAME	ACTIVITY	CLASS	PRIZE
CHINMAYA GEETA CHANTING COMPETITION ORGANIZED BY CHINMAYA MISSION, CHENNAI	RUDRAKSH	GITA RECITATION	UKG A	FIRST PLACE
	CHARUN		LKG B	SECOND PLACE
	HRISHIKESH. S		LKG C	THIRD PLACE
LOGIQIDS MENTAL APTITUDE OLYMPIAD 2025-26	BHAIRAVI R	APTITUDE	UKG A	ZONAL THIRD RANK
	LAKSHIKA V		UKG A	ZONAL THIRD RANK
	SANKAMITHRA G		UKG B	ZONAL FIFTH RANK
THIRUPPAVAI-2025	ARJUN KUMAR V. H	SPEECH	5B	SECOND PRIZE, CERTIFICATE
XTRA GENIUS TALENT HUNT 2025	HARINI. K	ABACUS	5C	CHAMPION
6TH INDIAN ABACUS NATIONAL LEVEL OLYMPIAD -2025	KRISHVABALA. V	ABACUS OLYMPIAD	5D	FOURTH PLACE
SHREE NIKETAN INDIAN ROOTS GLOBAL OUTLOOK	SANKAREESHWARI. D	THIRUKKURAL	2B	FIRST PLACE
	KRISHII	HEALTHY EATS	5A	SECOND PLACE
SOF OLYMPIADS	SAI KRISHNA	MATHEMATICS	4C	TAMILNADU -2-RANK-526
	NAYANIKA. M		5B	TAMILNADU -2-RANK-52
	SARFARAZ MALICK. M	SCIENCE	5A	TAMILNADU -2-RANK-77
	SANVI MURALEE DHARAN	ENGLISH	5D	TAMILNADU -2-RANK-100
RB BOOK OF WORLD RECORDS INTERNATIONAL WORLD RECORD CERTIFICATE	ARUSH PRASAD. S	ABACUS	2A	CERTIFICATE & MEDAL

EXCELLENT USE OF THE HEYMATH	SAHISHNUU. C. P	MATHS	2A	CERTIFICATE
	MITHRAN BHARATH		3A	
	JHANAVI. K		2D	
	YUGAN MANIKANDAN		1B	
	YASHITHA SREE		1B	
	ADWITHA KANDIMALLA		2D	
	HARSHA V ARDINI. H		3B	
	YADHAVI		2C	
	SRAYANTHIRAM		1A	
	FABIANJOSH. S		1B	
	VIGNESHWARAN. S		4B	
	JEYANITHYACHELVEN. J		4D	
	AMRITHA. R. K		3B	
	DAANVI. Y		3C	
	AYAAN. Y		1B	
	SHASTHIKA. K. S. J		4D	
	VISWANATHAN. B		4B	
NATIONAL SANSKRIT OLYMPIAD EXAM CONDUCTED BY SAMSKRUTHA BHARATHI,NEW DELHI THROUGH ONLINE IN THE MONTH OF DEC'24	AADITYA. A YUGASH PRASATH	SANSKRIT OLYMPIAD	7B 10B	FIRST PLACE IN STATE LEVEL THIRD PLACE IN STATE LEVEL
ARIGANAR ANNA ZOOLOGICAL PARK, VANDALUR, CHENNAI- ZOO AMBASSADOR PROGRAMME	PUVIYOLI. D. M	ZOO AMBASSADOR PROGRAMME	11A	TITLED AS ZOO AMBASSADOR OF VANDALUR ZOO FOR A PERIOD OF 1 YEAR. CERTIFICATE & BADGE
SUCCESSFULLY COMPLETED DR. SALAI JK'S SIDDHA MUDRA WORKSHOP-KIDS & TEENS	MUTHU THAMIZH MANI. P. D	WORKSHOP	9B	CERTIFICATE OF COMPLETION

STATE LEVEL CLIMATE CHANGE CONFERENCE 2025- 26 HELD AT SAN ACADEMY, VELACHERY	HITESH KUMAR, PUVIYOLI. D. M	CLIMATE CHANGE CONFERENCE	11A	CONSOLATION PRIZE, SELECTED IN TOP 10 FROM TAMILNADU, SELECTED FOR NATIONAL LEVEL CLIMATE CHANGE CONFERENCE
SCHOOL TOPPER IN HINDI CBSE BOARD EXAM 2025 BY CBSE HINDI TEACHERS WELFARE ASSOCIATION, CHENNAI	SAI ANUSUYA. S	HINDI	11B	CERTIFICATE, MOMENTO & TROPHY
HEYMATH CHALLENGE 2026- QUIZ COMPETITION FOR CLASS11 ON THE OCCASION OF NATIONAL MATH DAY	TARUN. L TARUNRAJ RITESH. B HITESH KUMAR. K VISHWARAM. J. S DHARSHINI. S KARUNYA. N JHANVI. G SOWJENYA HARIKRISHNAN	MATHS	11B 11B 11B 11A 11A 11A 11B 11B 11B	GOLD MEDAL GOLD MEDAL GOLD MEDAL SILVER MEDAL SILVER MEDAL SILVER MEDAL BRONZE MEDAL BRONZE MEDAL BRONZE MEDAL

Olympiad Medal Winners

OLYMPIAD	NAME	CLASS	MEDAL
IGKO	AARUSHI V	3A	GOLD MEDAL OF EXCELLENCE
	DHARINI	3B	
	SAADHANA SURESH	3C	
	KHARAN VIKRAM	4A	
	JAIVIK VASUDEVAN V	4D	
	SAATHVIK KAILASH	4D	
	SARFARAZ MALICK M	5A	
	LITHUN A	5D	
	SANVI M	5D	
	VARRUN B	7C	
	AJAY S	8D	
	ARJUN P	8D	
	JOSHIKA	8D	
	GRHITHA SAHU	9D	
IMO	ADHVAITH T K M	6A	GOLD MEDAL OF EXCELLENCE
	BANDI VISHNU PREETYARTH	6A	
	ALLEN RIO V	6B	
	INIYAN J	7A	
	PRANAV Y	7C	
	NIRALYA ANANDHAKUMAR	7D	
	MYSHA N	8A	
	NITHIN G	8B	
	KIRITHIKA SHREE D	8D	
	PRAGHATHI SURESH	9A	
	EVIN KARTHICK S G	9D	
	SHRUTHI J	9D	
	ADITYA A	10A	
	E ILAMPOZHIL	10B	
	SHIVANI P S	10C	
	M MAHDEEYA FATHIMA	11A	
	A NIRANJAN	11B	
	G JHANVI	11B	

OLYMPIAD	NAME	CLASS	MEDAL
IEO	AARUSHI V	3A	GOLD MEDAL OF EXCELLENCE
	PRANAVYA P	3A	
	VIANA V	3A	
	ARJUN DEY	4A	
	KHARAN VIKRAM	4A	
	MADHUVANTHIKA V	4A	
	JAIVIK VASUDEVAN V	4D	
	PRAGYA SUNOJ	5D	
	SANVI M	5D	
	SHRISHTI S	5D	
	MADHUMATHI R	6A	
	ALLEN RIO V	6B	
	HARSHINI S	6B	
	INIYAN J	7A	
	DEVESHWAR S	7B	
	VIHAAN RANJITH	7B	
	KRISHITA NATRAJAN	8C	
	JOSHIKA	8D	
	SOWMYA JAWAHAR	8D	
	DIYAVARSHITA J	9B	
	HARINI RA	9B	
	GRHITHA SAHU	9D	
	ADITHYA A	10A	
	S MADHUMITHA	10A	
	E ILAMPOZHIL	10B	
	M MAHDEEYA FATHIMA	11A	
NSO	BANDI VISHNU PREETYARTH	6A	GOLD MEDAL OF DISTINCTION
	AARUSHI V	3A	GOLD MEDAL OF EXCELLENCE
	PRANAVYA P	3A	
	ANANYA H	3B	
	ARJUN DEY	4A	
	KHARAN VIKRAM	4A	
	HARSHAVARDHAN J	4B	
	NAYANIKA M	5A	
	SARFARAZ MALICK M	5A	
	SAI RISHAB R	5D	
	GAGAN KOKKARACHEDU	6A	
	AADHITHAN A V	6B	
	TANYA DEV	6D	
	ARAVINDHAN GC	7A	
	VARRUN B	7C	
	NIRALYA ANANDHAKUMAR	7D	
	CHARANYA V	8A	
	RAASHID AHMAD M	8C	
	RAKSHITHA K	8D	
	AADITYA GC	9C	
	GRHITHA SAHU	9D	
	SHRUTHI J	9D	
	ADITYA A	10A	
	E ILAMPOZHIL	10B	
	R R KRISHANTH	10B	
	S K PRAVEEN	11A	

ISSO	S VIDHURNASRI KHARAN VIKRAM HASWANTH P NAYANIKA M ASWATH A SIVATMIKHA V THEJESH KARTHI R S GRHITHA SAHU	3B 4A 5A 5A 6B 9B 9C 9D	GOLD MEDAL OF EXCELLENCE
ICSO	ANANYA H KHARAN VIKRAM SOWMYA JAWAHAR V NISHIKA MIRA SHREE SAHANA PADMANABHAN N ASHWIN	3B 4A 8D 11C 11C 11C 12C	GOLD MEDAL OF EXCELLENCE

VME's Sports Achievements

EVENT	NAME	ACTIVITY	CLASS	PRIZE
WORLD RECORDS EVENT BY STAR BOOK OF WORLD RECORDS FORM, CHENNAI.	RAMYA. S	SILAMBAM DOUBLE STICK ROTATION	LKG A	CERTIFICATE & TROPHY
STATE LEVEL ATHLETIC MEET BY RISING SPORTS ACADEMY, CHENNAI.	N. SUBHAN KRISH	25MTS RUNNING RACE	LKG C	FIRST PLACE
		40 MTS RUNNING RACE		SECOND PLACE
		HOOPS RUN		THIRD PLACE
FIITJEE GLOBAL SCHOOL MILANOTSAV- INTER SCHOOL SPORTS FIESTA	JAGATHRAKSHAN. K	50 MTS RUNNING RACE	UKG A	FIRST PLACE
	MONISWAR. K	50 MTS RUNNING RACE	UKG B	SECOND PLACE
	CHANDRAGIRIYODAN REDDY	50 MTS RUNNING RACE	LKG A	THIRD PLACE
	SARVESH ANBARASU	OBSTACLE RACE	LKG B	FIRST PLACE
	MONISWAR. K	OBSTACLE RACE	UKG B	SECOND PLACE
	SANGAMITHRA. G	50 MTS RUNNING RACE	UKG B	FIRST PLACE
	LAKSHIKA. V	50 MTS RUNNING RACE	UKG A	SECOND PLACE
	MEHDIYAZARRAH	50 MTS RUNNING RACE	UKG A	THIRD PLACE
	SANGAMITHRA. G	OBSTACLE RACE	UKG B	FIRST PLACE
	MEHDIYAZARRAH	OBSTACLE RACE	UKG A	SECOND PLACE
	LAKSHIKA. V	OBSTACLE RACE	UKG A	THIRD PLACE
SOUTH INDIAN YOGASANA CHAMPIONSHIP -2025	ARUSH PRASAD. S	YOGA	2A	SECOND PLACE IN TAMILNADU, CERTIFICATE

FIITJEE GLOBAL SCHOOL -MILANOTSAV.	RUDRA JEYASREE	50MRTS HURDLES	2A	GOLD & CERTIFICATE
STATE LEVEL KIDS INTERSCHOOL ATHLETIC CHAMPIONSHIP 2025 BY CSL TRAINING FOUNDATION, AT DISTRICT SPORTS COMPLEX NEHRU PARK CHENNAI.	JAGATHRAKSHAN. K	50MTS RUNNING RACE	UKG A	SECOND PLACE
	BAVANA. G	40MTS RUNNING RACE	UKG B	THIRD PLACE
	BAVANA. G	50MTS RUNNING RACE	UKG B	SECOND PLACE
	MONISHVAR. G	40MTS RUNNING RACE	UKG B	THIRD PLACE
SRM INTER SCHOOL AQUATIC CHAMPIONSHIP	NIVAAN ANANDHA KUMAR	50MTRS FREESTYLE, 25 MTRS FREESTYLE	2C	BRONZE, SECOND PLACE & CERTIFICATE
NARCHINTHANAL VATTAM (NCV) SREE BALA YOGA STUDIO	NIKKITA. S	YOGA	2D	THIRD PLACE
VALIANT SUPER CUP RUNNERS	GUNADEEPAN. B	FOOTBALL	2D	RUNNER
4800 SURYA NAMASKAR RELAY WORLD RECORD.	MADHUVANTHIKA. V	YOGA	4A	CERTIFICATE
LOTUS CHESS ACADEMY & SV CHESS CLUB	ACHYUTHA	CHESS	4B	FIRST PLACE & TROPHY
2ND STATE LEVEL SILAMBAM CHAMPIONSHIP 25-26	VIHAS ADITHYA. M	SILAMBAM	4D	GOLD MEDAL
MOUNT CHESS ACADEMY	SARFARAZ MACICK. M	CHESS	5A	SECOND PRIZE (CERTIFICATE & TROPHY)
ISSHINRYU KARATE-ALL INDIA ZEN	SKANTHAMITHRA. A	KATA	5B	CERTIFICATE & BLACK BELT
ANANDHAN CHESS ACADEMY	MITHRA. S	CHESS	5C	THIRD PLACE & CERTIFICATE
UNIVERSAL ACHIEVERS BOOK OF RECORDS INDIAN MARITAL ARTS ACADEMY -2025	R. LAVANTHIKA	SILAMBAM	5C	20MINUTES 25 SECONDS
SOUTH INDIA MARTIAL ARTS ACADEMY	HARSHANAA. P	KUNG-FU& SILAMBAM	5B	CERTIFICATE & WHITE BELT
	VISHRUDH. P		1D	

3RD OPEN DISTRICT LEVEL SILAMBAM & YOGA CHAMPIONSHIP 2025	YOGA	R. K. AMRITHA	4B	GOLD MEDAL & CERTIFICATE
	KATA	R. K. HARIVARSHAN	2D	GOLD MEDAL & CERTIFICATE
CHENNAI DISTRICT TAKEWONDO CHAMPIONSHIP -2025	TAKEWONDO	AARANNAV KAUSHIK. R	5B	BRONZER MEDAL
		RITHANYAA. R	3C	SILVER MEDAL
NARCHINTHANAI VATTAM & SHREE BALA YOGA STUDIO	YOGA	ARADHANA .S	5D	INDIAN BOOK OF RECORD
9TH SOUTH INDIAN INVITATIONAL OPEN KARATE CHAMPIONSHIP 2025	KARATE	THARANIKA.S	3B	THIRD PLACE
CHENGALPATTU DISTRICT SILAMBATTAM ASSOCIATION	SILAMBAM	ADHITHYA.S	5A	GOLD MEDAL & CERTIFICATE
EPIC BATTLE FOR U-12 CRICKET TOURNAMENT BY SRI CRICKET ACADEMY, TAMBARAM	CRICKET	KRISHNA	6A	MAN OF THE MATCH AWARD
2ND STATE LEVEL SILAMBAM CHAMPIONSHIP 2025-26 BY TAMILNADU THARKAPPUKALAI VILAYATTU PARAVAI	SILAMBAM	RUBALAKSHMI. P	6A	SILVER MEDAL IN THE EVENT OF SINGLE STICK IN SUB JUNIOR CATEGORY
3RD YEAR PUDUCHERY- TAMILNADU INTERSTATE SILAMBAM CHAMPIONSHIP BY MAMALLAN SILAMBAM & NATTUPURA KALANARCHI KALAGAM- 2025	SILAMBAM	RUBALAKSHMI. P	6A	3RD PLACE
BUDO ACADEMIC YOUNG MEN SEIKOKAI SHITO RYU KARATE-DO HELD THE REQUIREMENTS IN MENTAL & PHYSICAL DEVELOPMENT GRADE EXAM	KARATE	AADHITHAN. A. V	6B	PASSED THE GREEN BELT GRADE EXAM
ERNO RUBIK'S LEGACY TOURNAMENT 2025 BY CUBESKOOL, CHENNAI	CUBE	ROHIT. S. A	6B	4TH PLACE IN 5*5 CUBE, 5TH PLACE IN MEGAMINX IN UNDER-14 CATEGORY
BUDO ACADEMIC & YOUNG MEN SEIKOKAI SHINTO- RYO KARATE-DO FEDERATION INTL. HELD BELT GRADE EXAM	KARATE	AADHITAN. A. V	6B	PASSED LIGHT BLUE BELT

1ST TAMILNADU STATE INDOOR ARCHERY CHAMPIONSHIP BY ARCHERY ASSOCIATION OF TAMILNADU (TAAT)	ARCHERY	MADHUNISHA. S. S	6C	2ND PLACE IN RECURVE BOW UNDER 13 GIRLS
9TH STATE LEVEL CHILDREN'S CHESS TOURNAMENT BY TEN TEN CHESS ACADEMY AT GATEWAY INT. SCHOOL, CHENNAI	CHESS	HARIHARASELVAN. P	6D	1ST PLACE IN UNDER-11 CATEGORY
TN STATE LEVEL CHILDREN'S & OPEN CHESS TOURNAMENT HELD AT SFS SCHOOL, KELAMBAKKAM	CHESS	HARIHARASELVAN. P	6D	1ST PLACE, WITH A SCORE OF 6.5 OUT OF 7 POINTS
EVENT OF MASS WORLD RECORD ATTEMPT IN SILAMBAM AT GOVERNMENT HIGH SCHOOL, KORAPAKKAM, CHENNAI	SILAMBAM	VARUNESHWARAN. K RUBALAKSHMI. P	6D 6A	CERTIFICATE OF ACHIEVEMENT
11TH STATE LEVEL SILAMBAM CHAMPIONSHIP 2025 BY DKS SPORTS ACADEMY AT SIVAKASI	SILAMBAM	PAVAN. B HEMANTH. R	6A 7A	GOLD MEDAL IN V, VI STD CATEGORY SILVER MEDAL
4TH CHENGALPATTU DISTRICT ALAN THILAK CLUB KARATE CHAMPIONSHIP-2025	KARATE	SAI SARAVANAN. L	7A	2ND PLACE IN KATA IN 11-13 YEARS CATEGORY & 3RD PLACE IN KUMITE IN 12-16YRS BOYS CATEGORY
4TH SOUTH INDIAN MARTIAL ARTS OPEN CHAMPIONSHIP 2025 BY POWER MARTIAL ARTS SPORTS ACADEMY INDIA AT TAMILNADU PHYSICAL EDUCATION & SPORTS UNIVERSITY, CHENNAI	KARATE	SUBASH CHANDRA BOSE. R. B	7B	1ST PLACE IN KARATE GAME FIGHT BELOW 30KG WEIGHT CATEGORY
ART OF TAMILNADU TRADITIONAL SILAMBAM TRAINING BY VAALARIVAN TRADITIONAL SILAMBAM SPORTS ASSOCIATION	KARATE	KAVINAYA. B	7B	ATTAINED THE RANK OF BLACK BELT
ALL INDIA AQUATICS RANKING MEET 2026 DURING DR. T. R. PAARIVENDHAR SPORTS FESTIVAL AT SRMIST, KATTANKULATHUR	SWIMMING	AKSHARA UVARAJ	9A	GOLD MEDAL IN 25M FREE STYLE WITH A TIMING OF 32 SECONDS

UNDER 12 CATEGORY FOOTBALL TOURNAMENT BY TURF-48 KING OF CHENNAI FOOTBALL ACADEMY	FOOTBALL	RAJA KRISHNA	7B	MEDAL, CERTIFICATE AS A MEMBER OF WINNING TEAM & BEST PLAYER AWARD
		JASHWANTH	7C	MEMBER OF THE WINNING TEAM
10TH NATIONAL LEVEL SILAMBAM CHAMPIONSHIP 2025 BY DKS SPORTS ACADEMY AT MYSURU, KARNATAKA	SILAMBAM	HEMANTH. R	7D	GOLD MEDAL IN INDIVIDUAL PERFORMANCE IN 5-6TH STD BOYS CATEGORY
INTERSCHOOL ATHLETIC MEET BY ATHENA GLOBAL SCHOOL, CHENGALPATTU	ATHLETICS	SHERINA. A. M	7D	WON 1ST PLACE IN: 60M & 60M HURDLES, 3RD PLACE IN RELAY & THE BEST ATHLETE OF THE MEET
		PUNITHA LAKSHMI MGK	7D	3RD PLACE IN 60M
		AARJITH SHRAVAN. S	7A	3RD PLACE IN 60M HURDLE
		KARTHICK. P. H	7D	3RD PLACE IN RELAY
		SHRAVANITH. S	7D	1ST PLACE IN 60M HURDLES
AKRUTI BY PRASAN VIDYA MANDIR, MAMANDUR	BASKETBALL	HETUL. V	8A	RUNNER UP IN U-14 BOYS
		AKSHATH. V. S	8A	
		SIDDHARTH. A	8D	
		SAI SAJAN. D	7D	
		MUKUNDHAN. R	8C	
		PRANAV. Y	7C	
		DARSHAN. L	8A	
		INIYAN. J	7A	
		AARON FERDINAND. A	8B	
		DEVESHWAR. S	7B	
		VAISHNAV RAAM. K	8C	
		NAREN KARTHIK. G. E	8B	
		MANNEM ISHITHA	8B	RUNNER UP IN U-14 GIRLS
		KRRUTANYA. S	8B	
		SAI NITHYA. S	8B	
		SUHEERA BEGUM	8A	
		SARAH WARIS	8B	
		SOWMYA JAWAHAR	8D	
		JOSHIKA. L	8D	
		KANUSHKA. P	8D	
		THARIKA SRI. L	7D	
		PRITHVEKAA. S	7B	
		HAFSHA. R	7A	

3RD NATIONAL LEVEL SILAMBATTAM OPEN CHAMPIONSHIP 2025 AT MONFORT SCHOOL, ST.THOMAS MOUNT	SILAMBAM	PRANAV YOGAN	8B	3RD PLACE IN THANITHIRAMAI IN SINGLE STICK
3RD TNSSCA STATE CHAMPIONSHIP 2025-26 BY KANCHEEPURAM SKATERS & SKATING COACHES ASSOCIATION	SKATING	AKSHATH. V. S	8A	1ST PLACE IN RELAY
CHESS COMPETITION BY END GAME CHESS ACADEMY	CHESS	SATHYA SRI	8A	CERTIFICATE OF ACHIEVEMENT IN U- 16 CATEGORY
1ST TNSSCA NATIONAL CHAMPIONSHIP 2024-25 BY TAMILNADU SKATERS & SKATING COACHES ASSOCIATION	SKATING	SAMRITA. J	8C	GOLD IN 200M, GOLD IN 400M, FANCY EVENT
KANCHIPURAM DISTRICT CHAMPIONSHIP BY ROLLER SKATING FEDERATION OF INDIA	SKATING	SAMRITHA. J	8C	2ND PLACE IN 200M
ZONE-7 KHO-KHO TOURNAMENT 2025 BY TIRUVENI ACADEMY, VADAKKUPATTU	KHO-KHO	MODAHA PRIYAN. V MAHINDAN. S RAJA KRISHNA. V. S ADVAIT. H DEVESHWAR. S DARSHAN. L HARIHARA VASAN. K SANJITH. A SIVA GANESH MEKALA ANVIK ABINESH K M NAREN KARTHIK. G. E	8C 8B 7B 7B 7B 8A 6C 7D 8C 8D 7B 8B	WINNER IN 6-8 BOYS CATEGORY
		SARAH WARIS MARLIN ANN JACOB PRITHVEKAA JOSHIKA. L MANNEM ISHITHA JANUSHINI. S HAMATHI. P. S MEDHINI. H HEMAKSHI. S RAGAVARDHINI. S GIA PRAVEEN TANVI DASARI	8B 7B 7B 8D 8B 8A 8C 8B 7C 7C 8A 7B	WINNER IN 6-8 GIRLS CATEGORY

SOUTH INDIAN MARTIAL ARTS ACADEMY SCHOOL OF KUNG- FU AND SILAMBAM	SILAMBAM	VARSHA. G. C	6A	WHITE BELT & BEST PERFORMED AWARD
		KARISHMA K. J	8D	GREEN BELT & BEST PERFORMED AWARD
DISTRICT LEVEL SILAMBAM COMPETITION BY CHENGALPATTU DISTRICT SILAMBAM ASSOCIATION AT TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY	SILAMBAM	DHANYATHA. S	9A	SILVER MEDAL IN U-14 IN SUB- JUNIOR GIRLS CATEGORY
5TH ARRUPPE INTERSCHOOL TOURNAMENT 2025 BY LOYALA ACADEMY, VADAMELPAKKAM, CHENNAI	THROWBALL	ASVIKHA. M KRRUTANYA. S AFRAH. S UTTRA. V PRETHIKHA. L. R SHRIYA SAHASRA SHAMITA. S PRETHIVEKAA. S VEDHIGAI. M. G DHEEKSHITA. K ANANYA JEYASAKTHI	8B 8B 8C 8D 8C 8A 8A 8A 7B 7C 8A 8A	RUNNER-UP IN JUNIOR CATEGORY
	KHO-KHO	SARAH WARIS MARLIN ANN JACOB JOSHIKA. L MANNEM ISHITHA JANUSHINI. S MEDHINI. H GIA PRAVEEN TANVI DASARI SAMRITHA. J DEEPTHAASRI. K JIA ANAHWTHA. D TANSHIKA. B	8B 7B 8D 8B 8A 8B 8A 7B 8C 7C 6A 7B	WINNER IN JUNIOR CATEGORY
GRADE LEVEL KARATE EVENT BY KOFUKAN SHITO-RYU KARTA SCHOOL, INDIA	KARATE	SAI MAHASURYA. S	9A	BLACK BELT GRADING CERTIFICATE WITH LICENSE TO RANK IN THE BLACK BELT SHO-DAN 1
10TH NATIONAL LEVEL SILAMBAM CHAMPIONSHIP 2025 BY DKS SPORTS ACADEMY AT MYSURU, KARNATAKA	SILAMBAM	MUTHU THAMIZH MANI. P. D	9B	GOLD MEDAL IN INDIVIDUAL PERFORMANCE 7-8 STD GIRLS CATEGORY

CHENNAI JUNIORTHAN 4TH EDITION ATHLETIC MEET CONDUCTED BY FACTOR EVENTS & ENTERTAINMENT WITH GLOBAL EVENT & ENTERTAINMENT AT SDAT NEHRU PARK	ATHLETICS	MUTHU THAMIZH MANI. P. D	9B	2ND PLACE IN 800MTS
CBSE NATIONAL ARCHERY CHAMPIONSHIP-2025 HOSTED BY GCM CONVENT SCHOOL, KADIAL, PUNJAB	ARCHERY	SAATHVIK. S	9C	3RD PLACE IN U-14 COMPOUND BOW CATEGORY & QUALIFIED FOR SGFI GAMES TO BE HELD AT VARANASI.
41ST TAMILNADU STATE SUB-JUNIOR & YOUTH SILAMBAM CHAMPIONSHIP 2025 BY TAMILNADU SILAMBATTAM ASSOCIATION AT ST. PETERS ENG. COLLEGE & TECHNOLOGY, AVADI, CHENNAI	SILAMBAM	LEWIN GILCHRIST	9C	3RD PLACE IN 43 TO 46 KG WEIGHT CATEGORY
ROTARY OLYMPIAD 2025 BY R.I.DISTRICT 3234 AT JAWAHARLAL NEHRU STADIUM, CHENNAI	ATHLETICS	AARUDHRAN. S LEWIN GILCHRIST AARUDHRAN. S SHRAVANITH. S UTHRAJAN LEWIN GILCHRIST	9C 9C 9C 7D 9C 9C	2ND PLACE IN 400M 3RD PLACE IN 400M TEAM SECURED 2ND PLACE IN 4*100M RELAY
3RD INTERSCHOOL KIDS ATHLETIC MEET BY HEARTFULLNESS INT. SCHOOL, OMEGA BRANCH, KOLAPPAKKAM	ATHLETICS	LEWIN GILCHRIST. S SHRAVANITH. S MODAHA PRIYAN. V AARUDHRAN. S LEWIN GILCHRIST. S DEEPTHASRI. K JOSHIKA. L SARAH WARIS NIKILA DARSHINY. R	9C 7D 8C 9C 9C 7C 8D 8B 9C	3RD PLACE IN 400M SECURED 3RD PLACE IN 4*200M RELAY SECURED 3RD PLACE IN 4*200M RELAY
STATE LEVEL INTERSCHOOL ATHLETIC CHAMPIONSHIP BY KIDS EAGLE SPORTS ACADEMY AT NEHRU STADIUM B GROUND	ATHLETICS	TEJA SAI . T. V HAREESH RAGAV. V. C UTHRAJAN. K LEWIN GILCHRIST. S AARUDHRAN. S	9B 9C 9C 9C 9C	1ST PLACE IN SHOTPUT 2ND PLACE IN 200M 2ND PLACE IN 400M 2ND PLACE IN 800M 2ND PLACE IN LONG JUMP & 3RD PLACE IN 100M

STATE LEVEL KARATE & KOBUDO CHAMPIONSHIP-2026 BY OKINAWA KARATE DO SHORIN RYU SHORIN KAN KOBUDO ASSOCIATION INDIA (APPROVED BY THE SAME ASSOCIATION JAPAN) HELD AT GRACE GLOBAL SCHOOL, KUNDRATHUR, CHENNAI	KARATE	SHUBAPRADHA. A	10C	COMPLETED THE 1ST DAN GRADE WITH BLACK BELT
4TH NATIONAL KARATE CHAMPIONSHIP 2025 BY CHAMPIONS SCHOOL OF INDIAN KARATE ASSOCIATION AT CHENNAI	KARATE	PUVIYOLI. D. M	11A	1ST PLACE IN KUMITE
OPEN STATE LEVEL LEAGUE - CUM-KNOCKOUT TOURNAMENT BY REAL SPORTS ACADEMY, CHENNAI	BADMINTON	ARAVIND. R. G MUKESH KRISHNA. P. S	11B 11A	WINNER IN U-17 BOYS CATEGORY RUNNER UP IN U17 BOYS CATEGORY
4TH STATE LEVEL CHESS TOURNAMENT BY CHALLENGERS CHESS ACADEMY & ROTARY CLUB OF MARAIMALAI NAGAR	CHESS	SAI ANUSUYA SATYA SRI	11B 8A	2ND PLACE IN U-25 CATEGORY 10TH PLACE
1ST TAMILNADU STATE LEVEL CHILDREN'S OPEN CHESS TOURNAMENT BY SOORIYA'S CHESS ACADEMY AT GOWRIVAKKAM, CHENNAI	CHESS	SATHYASRI SAI ANUSUYA	8A 11B	4TH PLACE IN U-15 GIRLS CATEGORY 10TH PLACE IN U-15 GIRLS CATEGORY
CBSE CLUSTER VI ATHLETIC MEET 2025 BY VELAMMAL VIDYALAYA KARUR	ATHLETICS	ARJUN. M. P	12C	3RD PLACE IN 400M & 800M IN U-19 CATEGORY
ZONE-7 VOLLEYBALL TOURNAMENT 25 HELD BY A UNIT OF CHENNAI SAHODAYA SCHOOLS COMPLEX AT PRASAN VIDYA MANDIR	VOLLEYBALL	AFRAH. S KACEY JHOANS SOWJENYA HARIKRISHNAN THANISHKA. C JIGISHA MADHAN DHARSHIDHAA. A POORVIKA. S SAI SAATHVIKA. R. K DAKSHA. S JAMUNASREE KAVYA. S. J VARSHA. C. R	12C 11B 11B 11B 10C 10B 10B 10A 10A 10C 12C 12C	WINNERS IN SENIOR CATEGORY

1ST TAMILNADU OPEN ATHLETIC CHAMPIONSHIP BY COIMBATORE DISTRICT ATHLETIC ASSOCIATION 2025	ATHLETICS	ARJUN. M. P	12C	3RD PLACE IN 1000MT RUN IN THE AGE GROUP OF U-18 BOYS CATEGORY
CBSE SOUTH ZONE ARCHERY CHAMPIONSHIP 2025 HELD BY VELAMMAL VIDYALAYA, PONNERI, CHENNAI	ARCHERY	ROHAAN KISHORE. M SAATHVIK SUBASH MADHUNISHA. S. S ASHWIN. N	12B 9D 6C 12C	1ST PLACE IN U-19 RECURVE BOYS ROUND 2ND PLACE IN COMPOUND ROUND IN U-14 BOYS CATEGORY 2ND PLACE IN INDIA BOW CATEGORY IN U-14 GIRLS 5TH PLACE
12TH BUDO ACADEMY YMSSKF KARATE CHAMPIONSHIP- 2025 BY TAMILNADU STUDENTS SPORTS KARATE ASSOCIATION	KARATE	PUVIYOLI. D. M	11A	2ND PRIZE IN OPEN KATA IN 20+ YEARS AGE CATEGORY & CASH PRIZE OF RS.3000; 2ND PRIZE IN U-18 KATA, RECEIVED BLACK BELT IN DAN-3 GRADE & MOMENTO FOR ACTING AS A REFEREE
		AADHAVAN. A. V	12B	1ST PRIZE IN KATA IN 15-17 YEARS AGE CATEGORY, RECEIVED BLACK BELT IN DAN-3 GRADE
		DAKSHIN	7D	3RD PLACE IN 11YRS AGE KATA
51ST YEAR BUKENKAN TAMILNADU STATE CHAMPIONSHIP BY OKINAWA SHORIN RYU MATSUBAYASHI KARATE DO & RYU KYU KOBUDO BUKENKAN OF INDIA AT SANTHOME, CHENNAI	KARATE	KANUSHKA. P	8D	1ST PLACE IN DEKKU, 2ND PLACE IN NUNCHAKU, 3RD PLACE IN KATA IN 8 TH STANDARD GIRLS CATEGORY
		L. H. GIRIDEV	7C	1ST PLACE IN NUNCHAKU, 2ND PLACE IN KATA, 3RD PLACE IN KUMITE IN 7 TH STANDARD BOYS CATEGORY
WALKATHON BY MALAYALEES SAMAJ, MARAIMALAI NAGAR FOR WOMEN'S DAY	WALKATHON	GRHITHA SAHU	9D	1ST PLACE IN 15 TO 30 AGE-GROUP CATEGORY

VMS's MUN Achievements

EVENT	STUDENT	CLASS	AWARD
VIT MUN on 28th to 30th March 2025	Madhav. A	9A	Received Best Speaker in UNHRC
VN MUN'25 held at VANGUARD on 12th &13th April 25	Shubhapradha	10C	Received Honorable Mention in VNGA
EGS MUN 25 conducted by Ela Green School	Adhavan. B. B Naren Karthick Sowmya Jawahar	10C 8B 8D	Best delegate
	Aditya. A Sankarshan. J Nithin. G	10A 10C 8B	High Commendation
	Pranav. B Harini. R Sarah Waris Srinivas Hitesh Kumar	10C 8C 8B 8C 11A	Special Mention
	Ritesh. B Yogashree. S	11B 8D	Honourable Mention
	Vishwaram. J Shashaank Ronit Chandan Aditya. G. C Madhu Sandhana	11A 11B 8D 9C 9D	Verbal Mention



EVENT	STUDENT	CLASS	AWARD
AM Jain MUN 2025 Conducted by AM Jain School, Meenambakkam, Chennai	A. Pingalaa	11B	Best Delegate
	Mukesh Krishna. P. S Aadityan M.K Pranav. B Vedesh. M	11A 11B 10C 10B	Special Mention
	Srinivas. R Bharghav. B Viswaram. J Mehaan. B Sankarshan. J Aditya. A	8C 10C 11A 10B 10C 10A	Honourable Mention
	Shashaank. S Siddharth. B	11B 10C	Verbal Mention
	Madhav. A	9A	Director of a committee

EVENT	STUDENT	CLASS	AWARD
PVM MUN conducted by Prasan Vidya Mandir, Mamandur	Adhavan. B. B	10C	Best delegate
	Rohit	10C	
	Charan	10C	
	Abijeeth	10C	
	Pranav	10C	
	Srinivas	8C	
	Sowmya Jawahar	8D	
	Pingalaa. A	11B	
	Rithesh. B	11B	
	Bharghav	10C	
	Sankarshnan	10C	
	Grhitha Sahu	9D	High Commendation
	Thanushree	9D	
	Saathvik	9D	
	Joshika	8D	
	Krisanth	10B	
	Jigisha	10C	
	Prasham	11B	
	Mugilvannan. R	11B	Special Mention
	Naren Kartik	8B	
	Nishwanth	8A	
	Yogashree	8D	
	Vedesh	10B	
	Saksham	9A	
	Lakshitha	11B	Honourable Mention
	Praghathi Suresh	9A	
	Sarah Waris	8B	
	Krishita Natrajan	8C	
	Tarun K	8D	
	Madhu Sandhana	9D	





EVENT	STUDENT	CLASS	AWARD
NSN MUN Edition 1 conducted by NSN Group of Schools at Kuntrathur	Grhitha Sahu Sarah Waris Mannem Ishitha Samritha. J	9D 8B 8B 8B	Best delegate
	Sowmya Jawahar	8D	High Commendation
	Naren Karthick. G. E Nishwanth. V Abhishai Yogashree. S	8B 8A 8C 8D	Special Mention
	Joshika. L Allen Frederick. A Gia Praveen Nithin. G Aaditya. G. C Hareesh Ragav. V C Aarush. V	8D 7C 8A 8B 9C 9C 6D	Honourable Mention

EVENT	STUDENT	CLASS	AWARD
MVM MUN held on January 9 th and 10 th 2026	Rithesh. B	11B	Best Delegate
	Madhav. A	9A	
	Praghathi Suresh	9A	
	Gritha Sahu	9D	
	Madhu Sandhana	9D	
	Sowmya Jawahar	8D	
	Srinivas	8C	
	Sidharth A	8D	High Commendation
	Diya Varshita J	9B	
	Kevin Josiah	9D	
	Siddharth S	11B	
	Mannem Ishitha	8B	
	Aarush	6D	
	Samrita J	8C	Special Mention
	Darshan S	8B	
	Pragati D	9B	
	Swamynathan	9A	
	Thanushree	9D	
	Girish	9B	
	Harini	8C	
	Yogashree	8D	
	Utraa	8D	
	Hamathi P S	8C	Honourable Mention
	Joshika L	8D	
	Saathvik	9D	
	Prethikha	8C	
	Andrea J	9D	
	Sarah Waris	8B	
	Chinmayi	8B	
	Afrah	8C	Verbal Mention



Merit & Distinction Holders

The Meritorious Academic Performance Certificate is awarded in recognition of outstanding achievement, consistent hard work and a commendable attitude. Congratulations to all awardees!



Class 3



Class 4



Class 5



Class 6



Class 7



Class 8



Class 9



Class 11

STAFF ACHIEVEMENTS

AWARD	AWARDED BY	AWARDED TO
"OUTSTANDING SCHOOL PRINCIPAL OF THE YEAR 2025"	UNICONNECT INSPIRED VALLEY UNIVERSITY OUTREACH PLATFORM PRESENTS CERTIFICATE OF RECOGNITION	MRS. SANKARI RAVI-PRINCIPAL VIDYA MANDIR ESTANCIA
"INSPIRATIONAL EDUCATOR AWARD"	SCIENTIST DR. R. S. LAL MOHAN MEMORIAL EXCELLENT EDUCATOR AWARDS 2025 ORGANISED BY A. J. GROUP OF INSTITUTIONS AT COIMBATORE	MR. BASKAR. S
CERTIFICATE OF APPRECIATION FOR HIS MOTIVATION AND DEDICATION FOR CONDUCTING SANSKRIT OLYMPIAD EXAM	NATIONAL SANSKRIT OLYMPIAD EXAM CONDUCTED BY SAMSKRUTHA BHARATHI, NEW DELHI ONLINE IN THE MONTH OF DECEMBER	MR. RAMAN. K
COURSE COMPLETION CERTIFICATE	2 DAYS (TOT) TRAINING OF TRAINERS CERTIFICATION COURSE CONDUCTED BY INSTITUTE OF SECRETARIAT TRAINING AND MANAGEMENT & CBSE	MRS. CHANDRA GURUNATHAN
ZONE-7 (A UNIT OF CHENNAI SAHODAYA SCHOOLS COMPLEX)	BEST PRINCIPAL AWARD	MRS. SANKARI RAVI-PRINCIPAL- VIDYA MANDIR ESTANCIA
COMPLETED EDUCATION LEADERSHIP PROGRAMME IN THE YEAR 2025	AWARDED POST GRADUATE DIPLOMA IN EDUCATION LEADERSHIP	DR. MEENAKSHI JANAKIRAMAN (VPHS)
		MR. BASKAR. S
EXCELLENCE IN 21ST CENTURY PEDAGOGY AWARDS	LOGIQIDS	MRS. PONNI. M. U
		MRS. ROOPA PRABHU
		DR. MEENAKSHI JANAKIRAMAN (VPHS)
CERTIFICATE OF APPRECIATION FOR EXCELLENCE IN TEACHING	EDUCART AWARD	MRS. CHANDRA GURUNATHAN
LEADERSHIP EXCELLENCE IN FUTURE-READY EDUCATION AWARD	LOGIQIDS	MRS. SANKARI RAVI-PRINCIPAL- VIDYA MANDIR ESTANCIA

AWARD	AWARDED BY	AWARDED TO
COURSE COMPLETION CERTIFICATE	DISASTER MANAGEMENT ONEDAY PRESPECTION RESOURCE PERSONS PROGRAMME ON 5.4.25	MRS. CHANDRA GURUNATHAN
COURSE COMPLETION CERTIFICATE	ALL INDIA FOOTBALL FEDERATION ORGANISED AIFF BLUE CUBS LEADERS COURSE-LEVEL1	MR. JAYARAMAN. R. S
ZONE-7 (A UNIT OF CHENNAI SAHODAYA SCHOOLS COMPLEX) APPRECIATES & AWARDS ON TEACHERS DAY	RECEIVED SHIKSHA SIROMANI BEST TEACHER AWARD	MRS. KODHAI. P. S
	RECEIVED SEVA SIROMANI AWARD	MRS. SOWMIYA VENKATESAN
CHENNAI SAHODAYA SCHOOLS COMPLEX AWARD	"AACHARYA MANI" BEST TEACHER AWARD	MRS. SATHYA LAKSHMI
தமிழ்நாடு தமிழ்ச் சங்கம் நல்லாசிரியர் விருது	BEST TEACHER AWARD	MR. MAHENDRAN
FOR LEADERSHIP AND INITIATIVES IN ORGANISING COMPETITIVE EXAMS AND STUDENTS' OUTSTANDING PERFORMANCE IN SOF OLYMPIADS, 2025-26	SOF OLYMPIADS	MRS. SANKARI RAVI-PRINCIPAL VIDYA MANDIR ESTANCIA
FOR VISION, LEADERSHIP AND OVERALL COORDINATION OF SOF OLYMPIADS, LEADING TO STUDENTS' OUTSTANDING PERFORMANCE IN THE OLYMPIAD EXAMS, 2025-26	SOF OLYMPIADS	MRS. SUBHA RAJARAMAN
THIRD PLACE IN WALKATHON FOR 45+ AGE-GROUP CATEGORY	MALAYALEES SAMAJ	MRS. A. JAYALAKSHMI



ALUMNI ACHIEVEMENTS



I am deeply grateful to share that I have cleared the Chartered Accountancy Final (January 2026) examinations conducted by the ICAI in my first attempt, securing All India Rank 16. Had someone told me this even a few months earlier, I would have sincerely admired their sense of humour. But somewhere between the long study hours, mock test papers and what felt like endless revision cycles, the CA journey became a defining chapter of my life. Preparing for CA Final was not a straight upward graph — not unlike my CA Intermediate experience. It came with its fair share of self-doubt and overwhelming syllabus days. Dark circles became long-term visitors, but for once, something mattered more than appearances.

What helped me most, as it does for every CA student, was consistency. The thought that on the other side of these exams I would step into the role of a professional — addressing client queries and auditing books of account — kept me going even on days when I felt disappointed in myself or simply overwhelmed. Some days were productive and full of zest; others were just about showing up. I learned that both mattered.

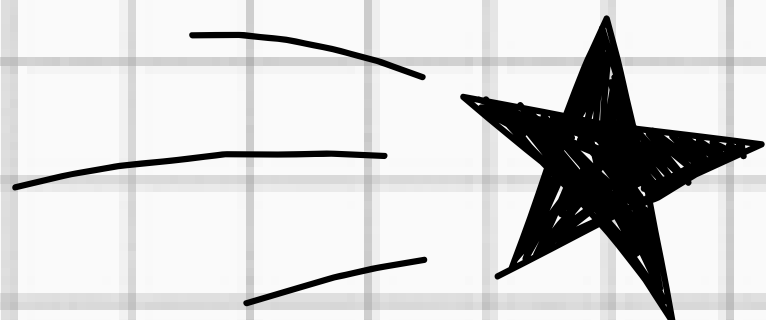
To speak of my CA journey without mentioning my articleship would be to leave out its very soul. The last three years shaped me in ways I cannot fully put into words. The confidence, practical knowledge and perspective I gained were invaluable, thanks to the guidance of my principals and mentors during my two stints — in Chennai and Mysore.

If there is any strength in the building you see today, it rests on the foundation VME laid. Conceptual clarity, disciplined study habits and the confidence to ask questions began in its classrooms. CA Foundation felt like a breeze, and I owe that entirely to Sathya Ma'am, Jayashree Ma'am and Kodhai Ma'am. I had always hoped to make them proud — perhaps this is a small step in that direction.

This result is not mine alone. I share equal credit with my parents, grandparents, sister, teachers, mentors and friends — the ones who patiently sat through my emotional breakdowns, reminded me to look at situations objectively, kept my spirits light and became my unwavering cheerleaders. The journey is as much theirs as it is mine.

If I were to define the Chartered Accountancy course in one word, it would be consistency. As every CA student will tell you, consistency quietly outperforms intensity and even the most intimidating goals become manageable when taken one topic at a time.

The course demands much of you — your time, energy, willpower and patience — for nearly five years. But when it gives back, it does so all at once, and in ways that make the journey worthwhile. To any reader considering this path, or already walking it, I extend my best wishes. With discipline and belief, I am certain you will never regret the decision.



Akshaya S Venkatesan
2020–21 Batch of VME



I am Nandhini from the 2020 batch of VME. I pursued the Commerce stream in Classes XI and XII, and it was during this time that I developed a strong interest in Economics and decided to pursue it as my career.

After completing my schooling, I joined the Integrated MA Economics program at the CUTN, where I completed the first three years (undergraduate level). For the final two years of the program (postgraduate level), I studied at the MSE, specialising in Financial Economics. During my undergraduate years at CUTN, I focused not only on academics but also on skill development. I actively interacted with seniors from MSE to understand opportunities in research and placements, and I worked on strengthening my data analytics and machine learning skills through certificate courses and practical projects.

I completed an internship at IIT Tirupati, where I drafted a policy paper titled "Are Indian Banks and Energy Markets Prepared for the Energy Transition?" This work was later presented at a conference in IIT Madras.

My academic experience at MSE emphasised strong conceptual understanding, which helped deepen my foundation in Economics, also allowing me to apply data analytics tools to economic research. This inspired me to pursue my final dissertation titled "Forecasting the Likelihood and Severity of Recessions in India: A Machine Learning Approach." The research was published in the Journal of Quantitative Economics.

For my consistent effort, hard work and timely decisions, I was honoured with the Gold Medal for Integrated MA Economics from CUTN, which I received from the President of India, Droupadi Murmu. I was also awarded the Gold Medal for MA Financial Economics from MSE by Dr. Soumya Swaminathan, Chairperson of the M S Swaminathan Research Foundation, in the presence of Dr. C. Rangarajan, former Governor, Reserve Bank of India.

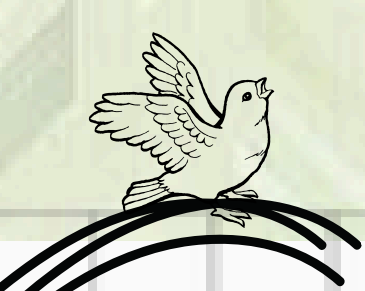
I am currently working as a Risk Analyst at Barclays in Mumbai, which I joined through campus placement at MSE. I am also the creator of "Finomics Hub", a blog that focuses on breaking down the complex world of money, markets and economic trends into simple and relatable insights. Through this platform, I aim to make economics more accessible and engaging for a wider audience.

(<https://finomicshub.wordpress.com/>)

I am extremely grateful to all my teachers at VME for providing me with a strong academic foundation. I would especially like to thank Kodhai Ma'am for guiding and motivating me to pursue Economics as my major.

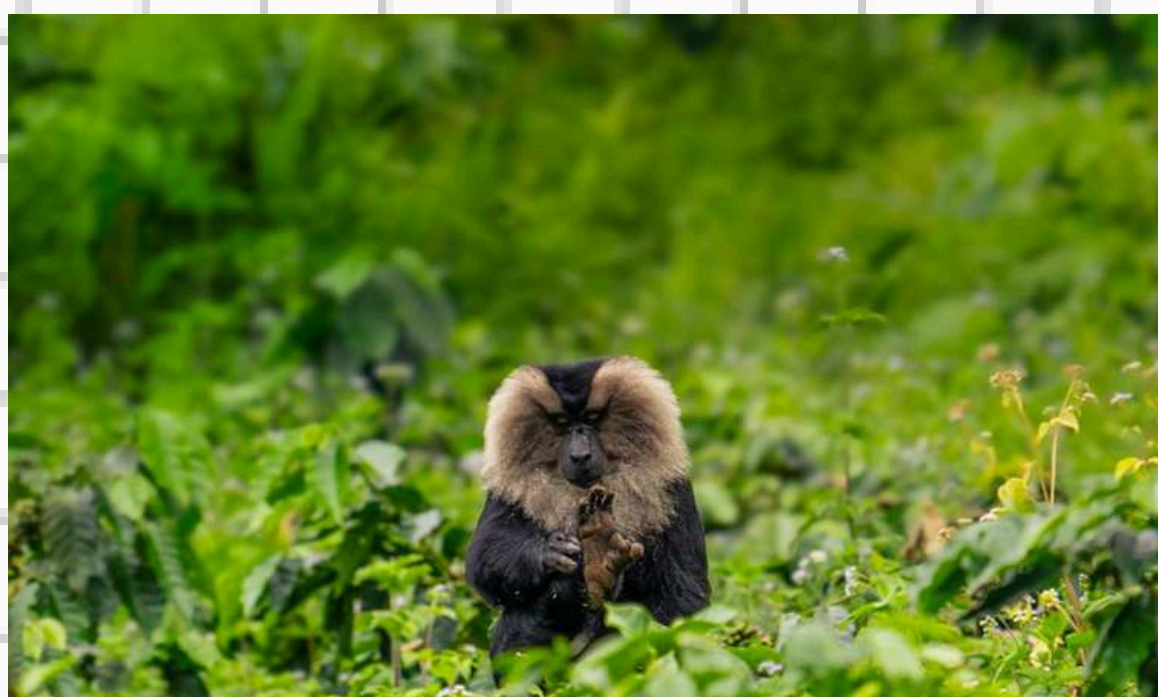
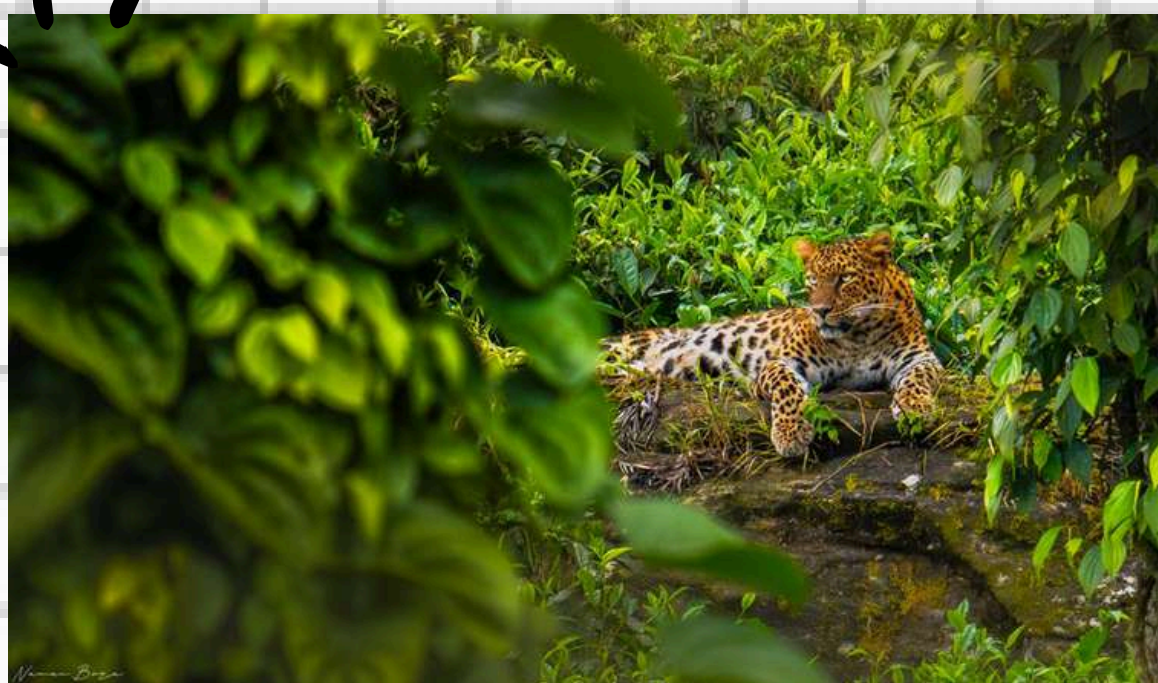
Nandhini
2019-20 Batch of VME





I am Naman Bora, I graduated from VME as part of the 2024 batch. The institution has played a significant role in shaping my character and supporting my interests beyond academics. Throughout my time at the school, I received encouragement to pursue my passion for photography and was given opportunities to conduct photography competitions for the institute and serve as a judge for participating students. These experiences allowed me to further develop my skills, gain valuable knowledge and grow both personally and creatively, while benefiting from an environment that fostered learning beyond the classroom.

Now I am a law student at VIT, with a strong interest in wildlife photography and conservation. I dedicate my time to observing and documenting birds and wildlife in their natural habitats through careful fieldwork and ethical photography practices. My work has received national recognition, including securing 4th place in the Sony BBC Earth- In Focus Photography Competition. I was also featured in The Hindu for the first scientific recording of the Demoiselle Crane in Chennai. Through my photography, I aim to document biodiversity and contribute to greater public awareness and appreciation of wildlife conservation.

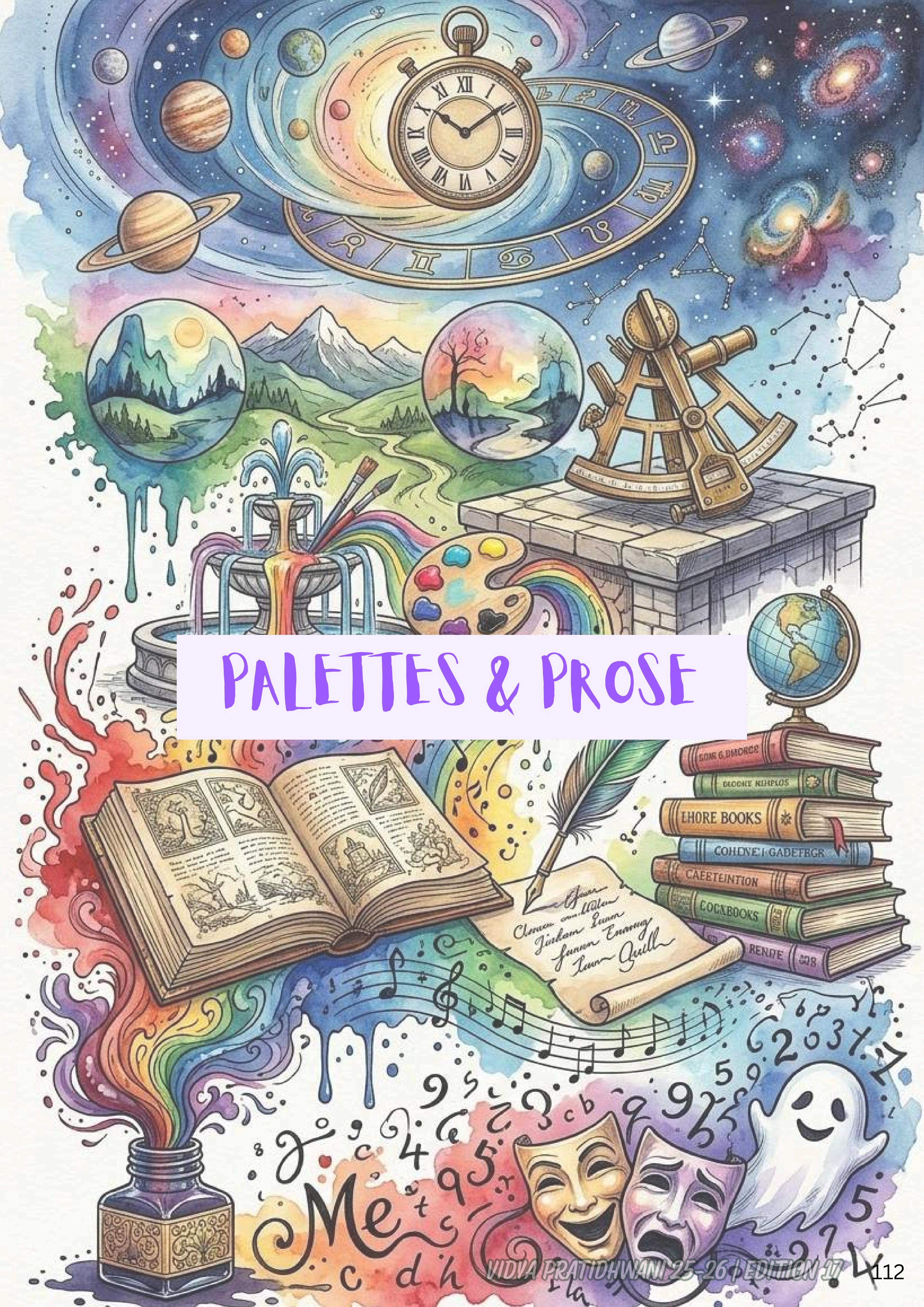


Kalaipriyan R,
2018-19 Batch of VME

Kalaipriyan R, an
alumnus of VME,
batch of 2019, pursued
BTech and MS, and is
an Equipment Engineer
at Tesla.

Naman Bora
2023-24 Batch of VME





PALETTES & PROSE

STUDENT CONTRIBUTIONS



Sarvesh Kumar, PRE- KG A



M. Meryl Johannah, PRE-KG B



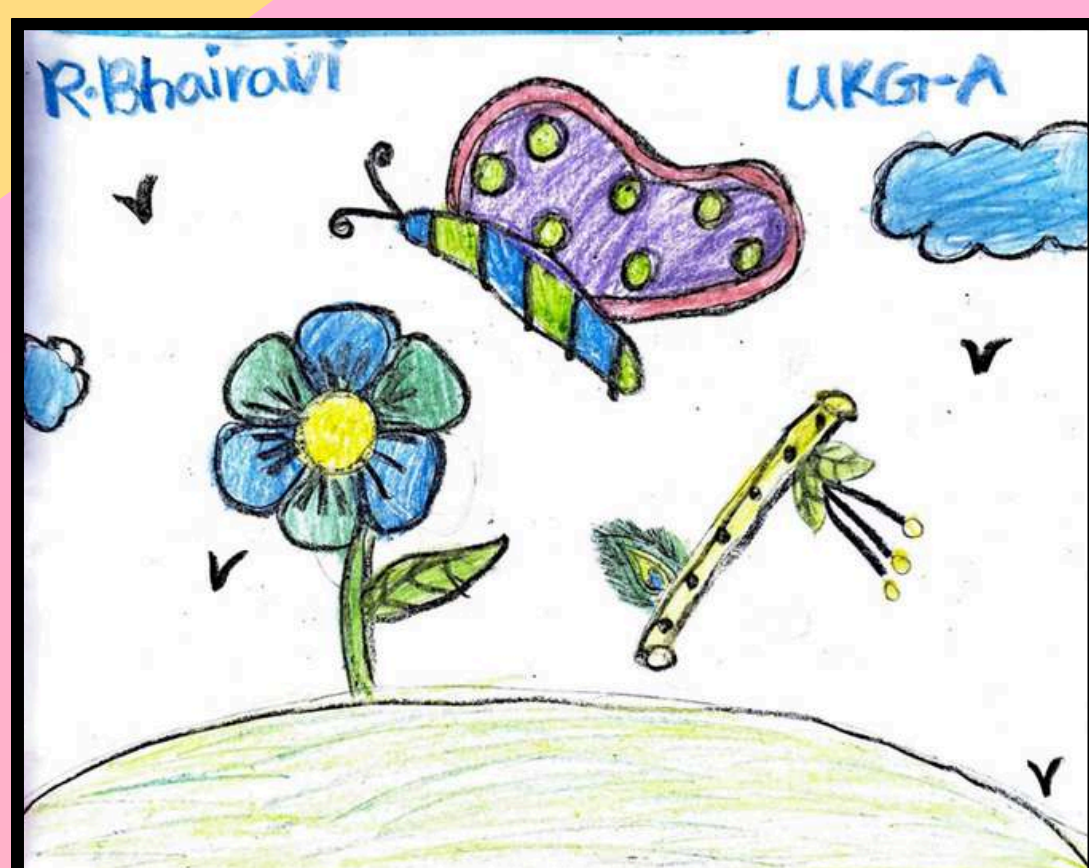
S. Kavin, LKG A



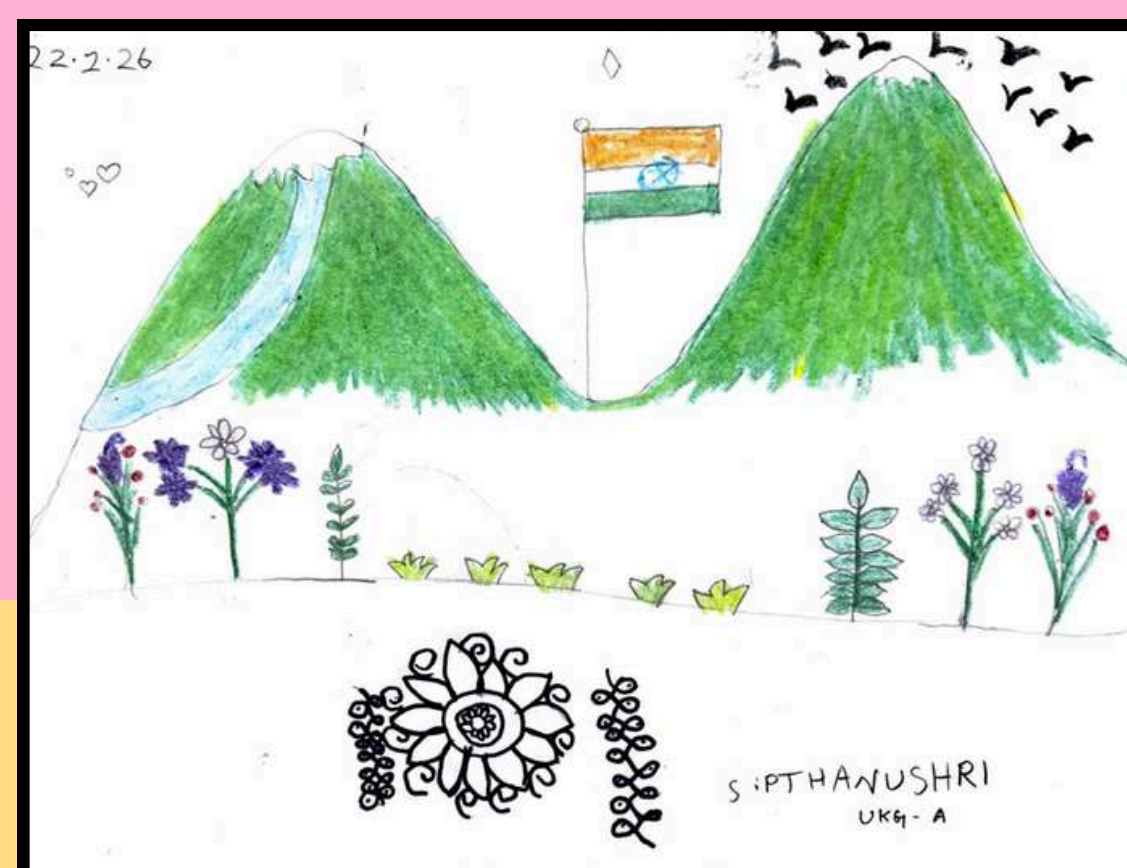
Thigazh Iniyaal A. H., LKG B



Dhisha. G, LKG C



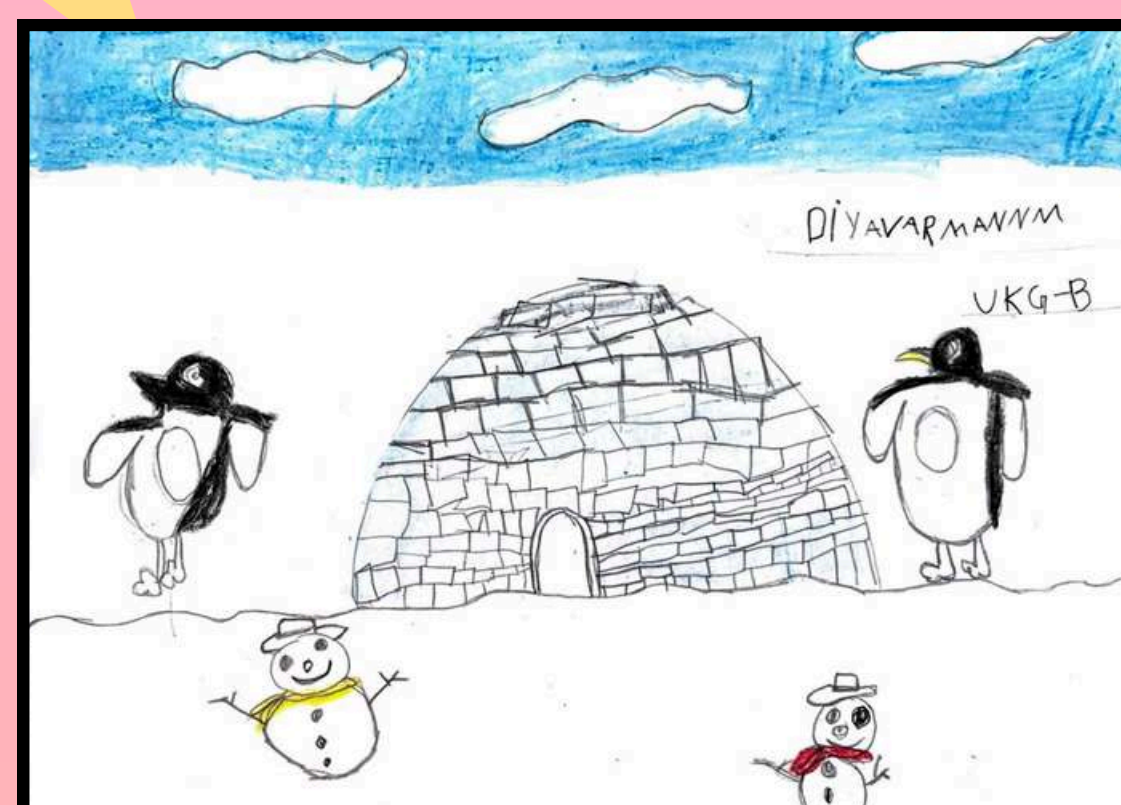
R. Bhairavi, UKG A



S. P Thanushri, UKG A



Dheeran, UKG B



Diyavarman N. M., UKG B



Kalki, 1A



K. V. Aadhiran, 2A



N. Sanjit Dhruva, 2A



Jaaflin, 2A



Neelesh. V, 2A



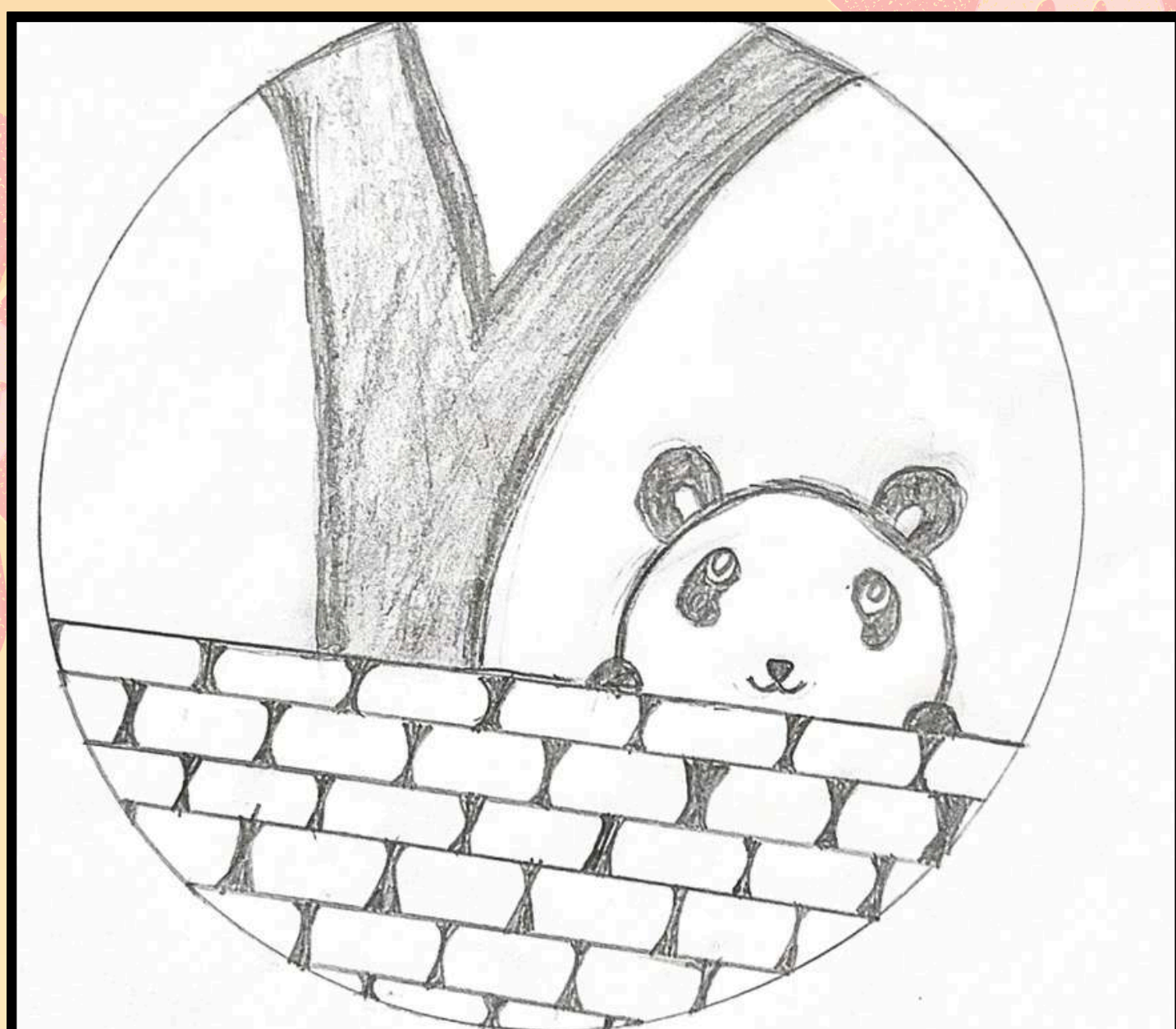
V. Aadvik, 2A



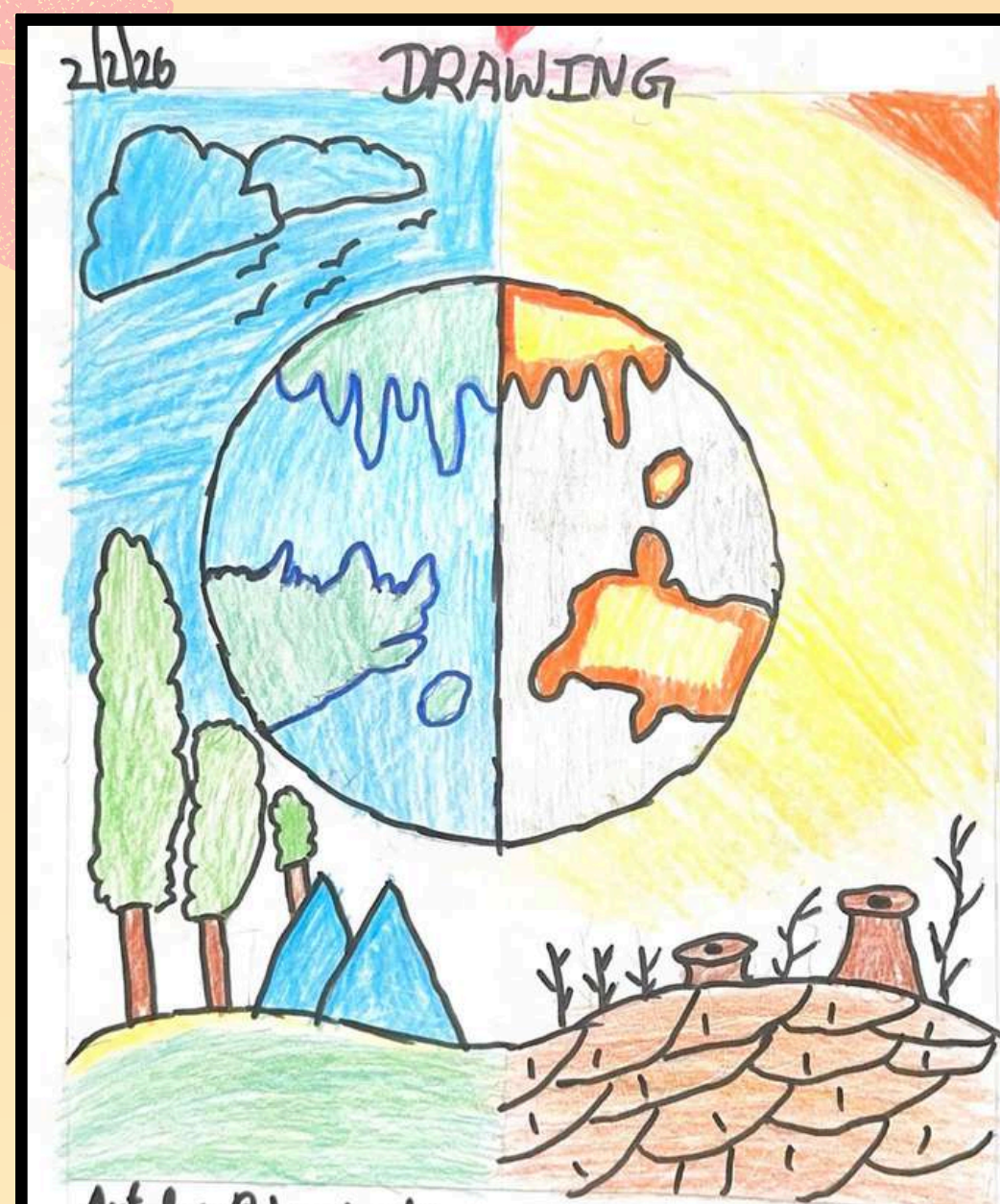
M. Rakshaa, 2C



Krishtika Shree. J, 3B



S. D Navyatha, 2D



R. Kaviyazhini, 2D



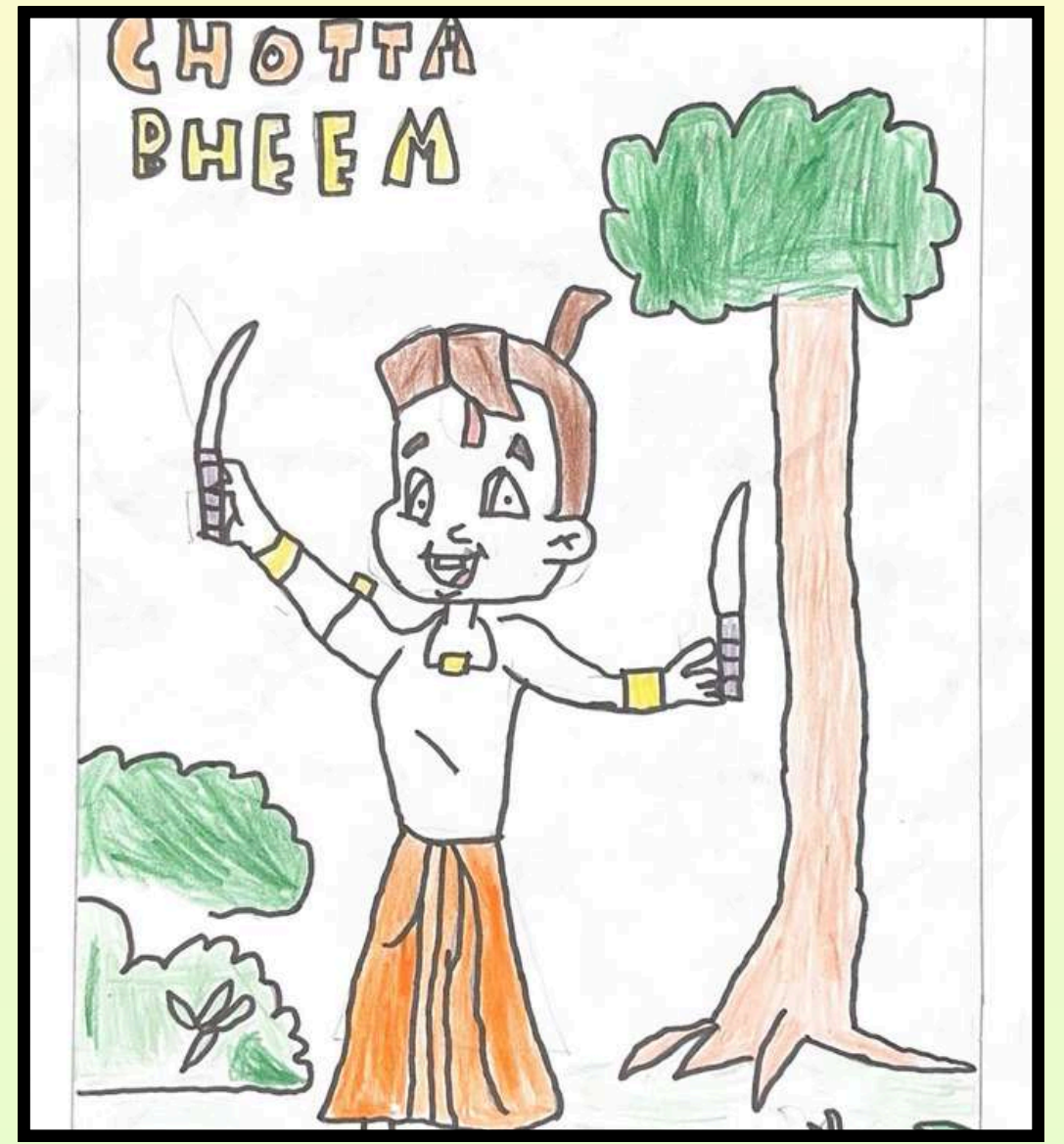
Rithwik, 2D



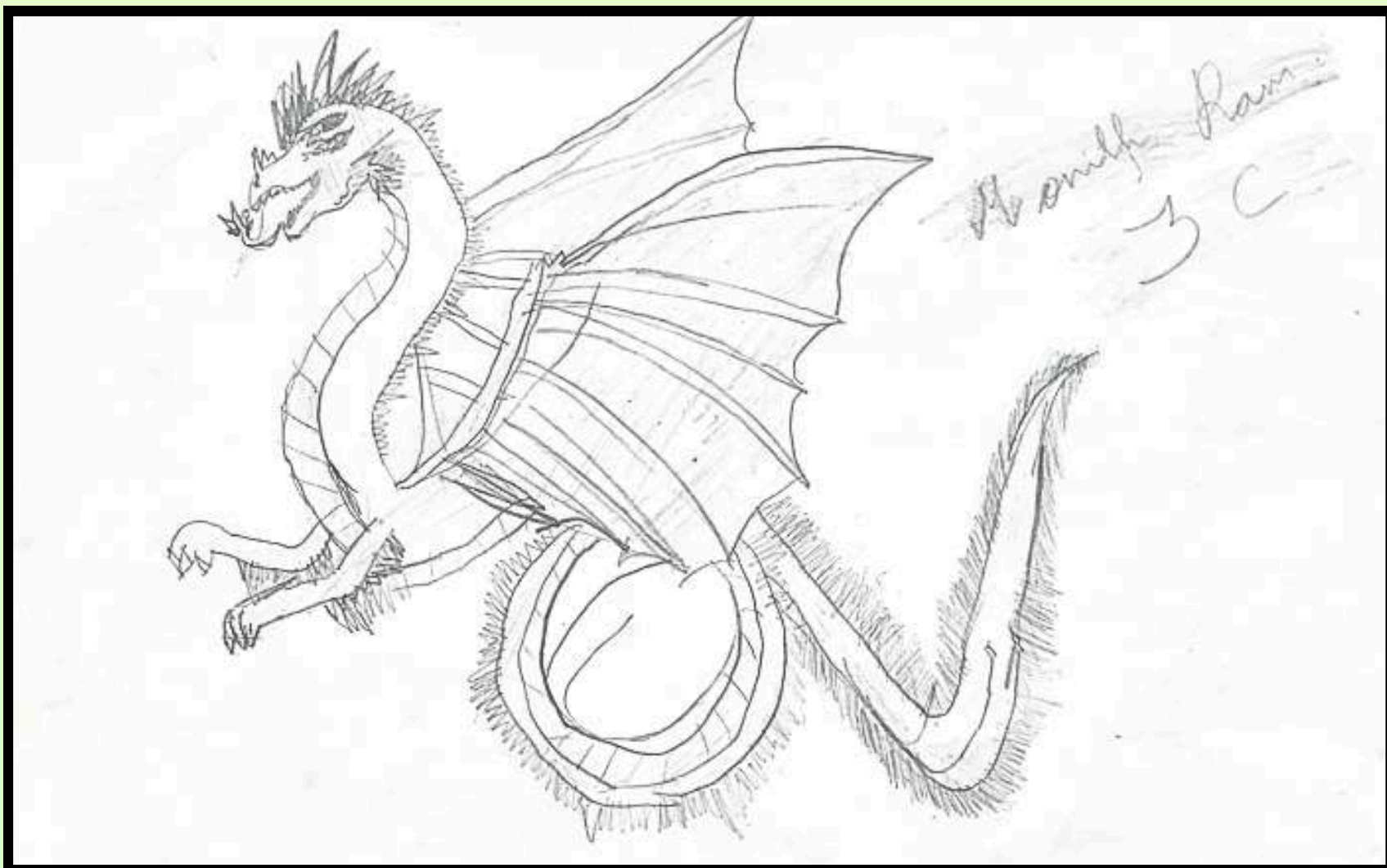
M. Kayal, 2C



Pranav. P, 3B



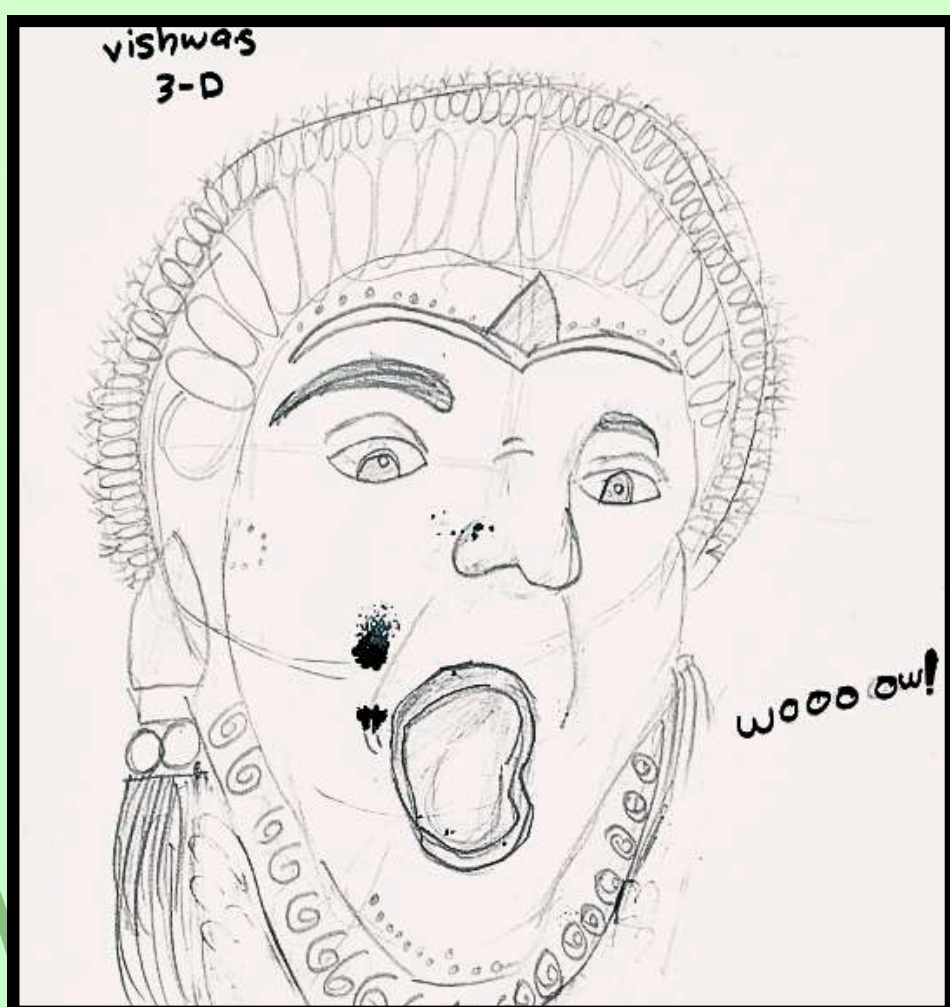
Aarrush M. S, 3C



Monith Ram, 3C



Dakshith. M, 3D



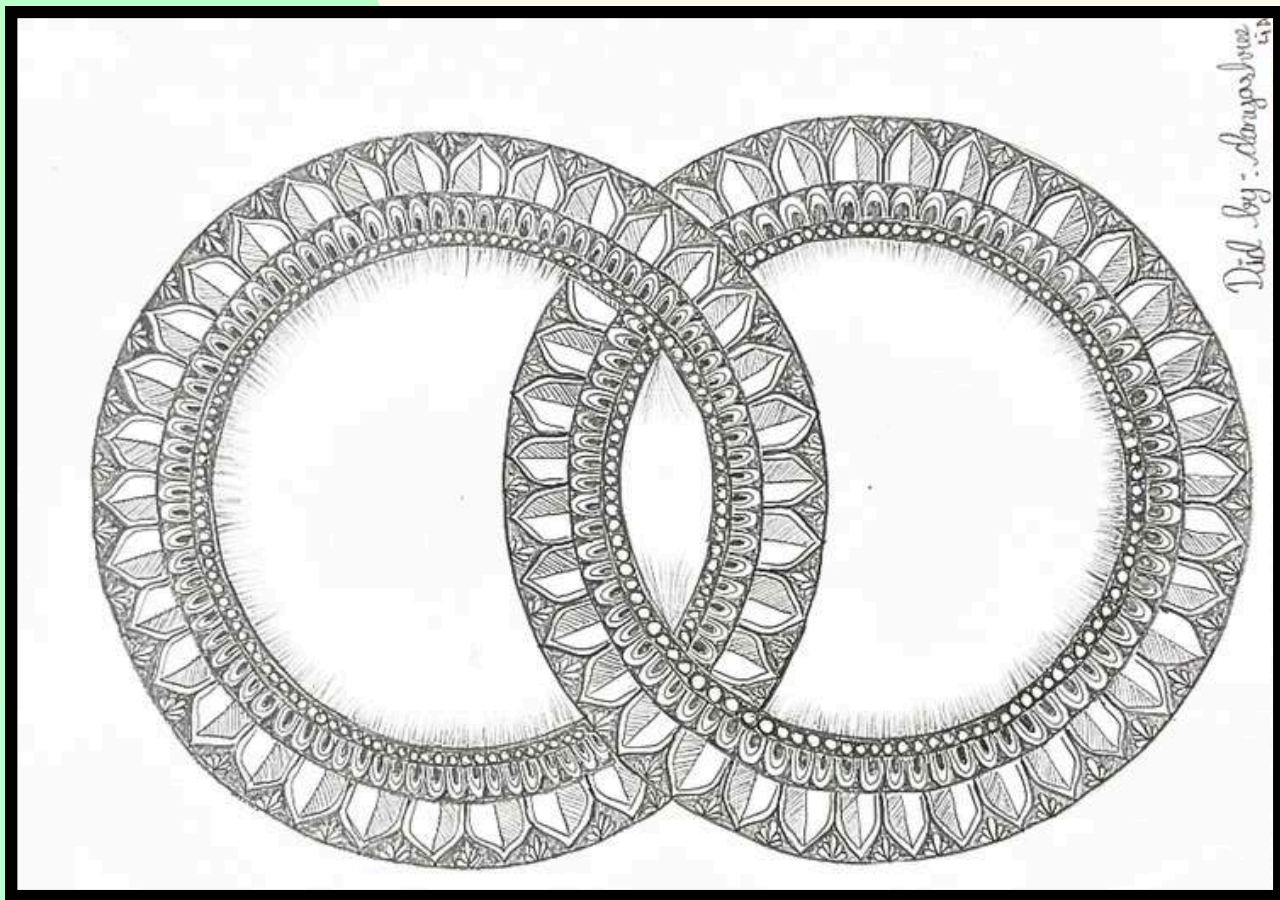
Vishwas, 3D



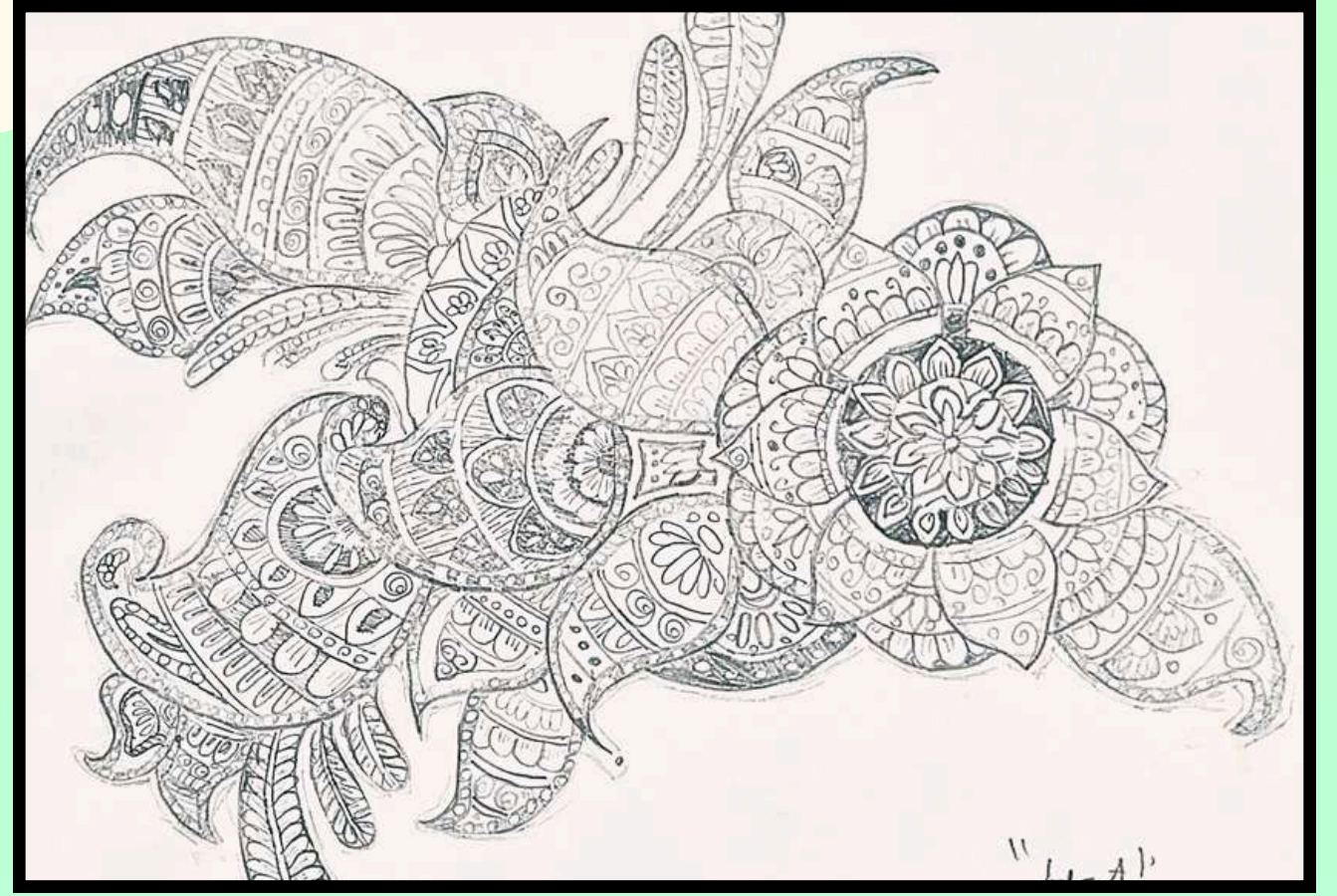
Tharun P, 3D



V. Abhishek, 3D



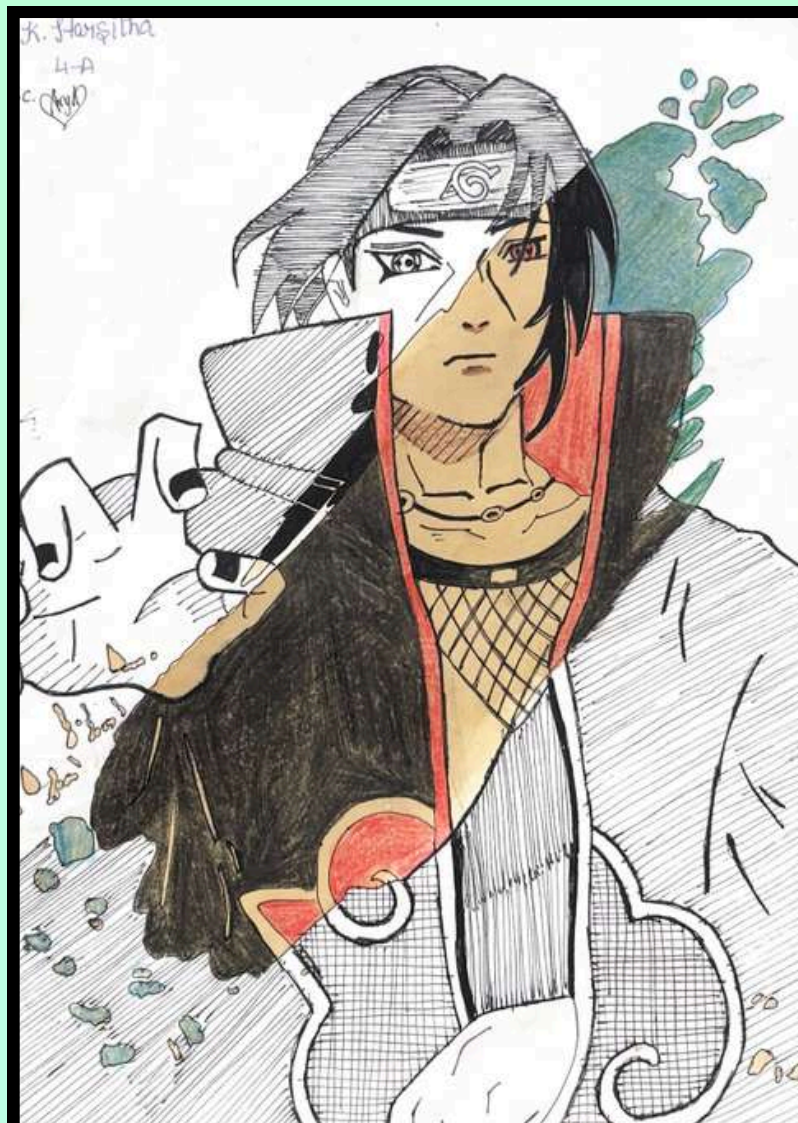
Danyashree, 4A



Laasya Shree. G, 4A



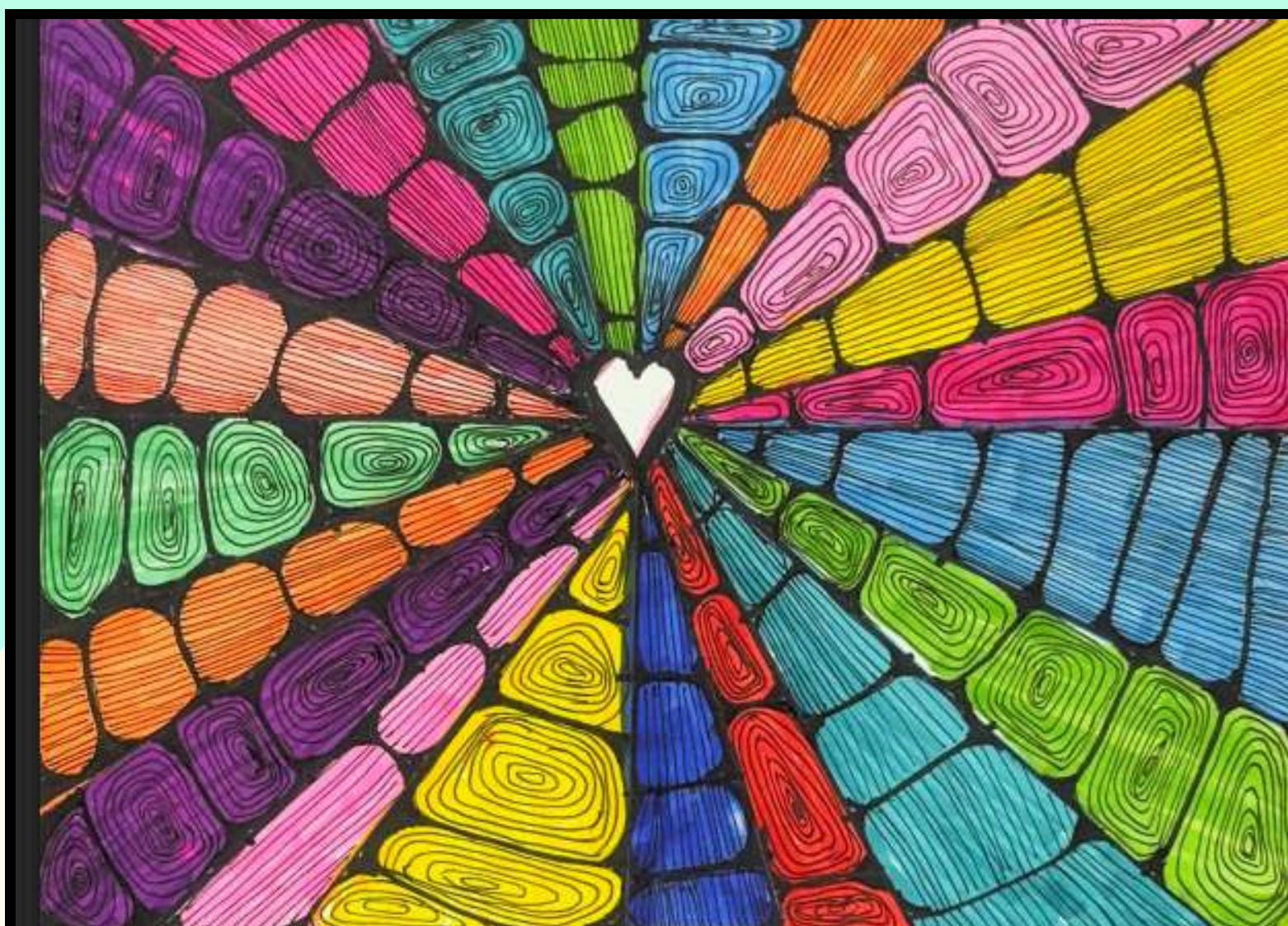
Lakshmi Durga S, 3D



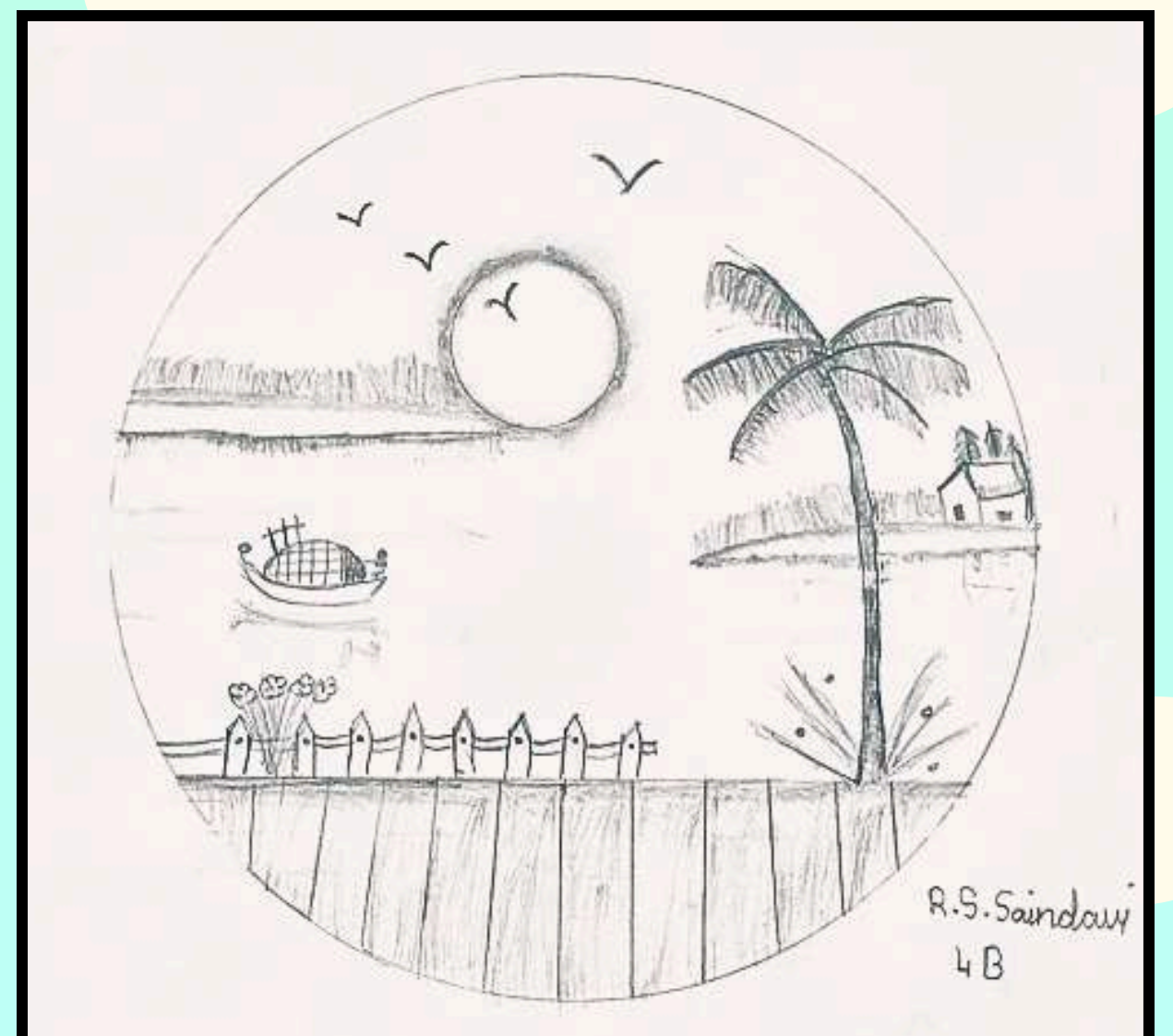
Harsitha. K, 4A



Riduvashini, 4A



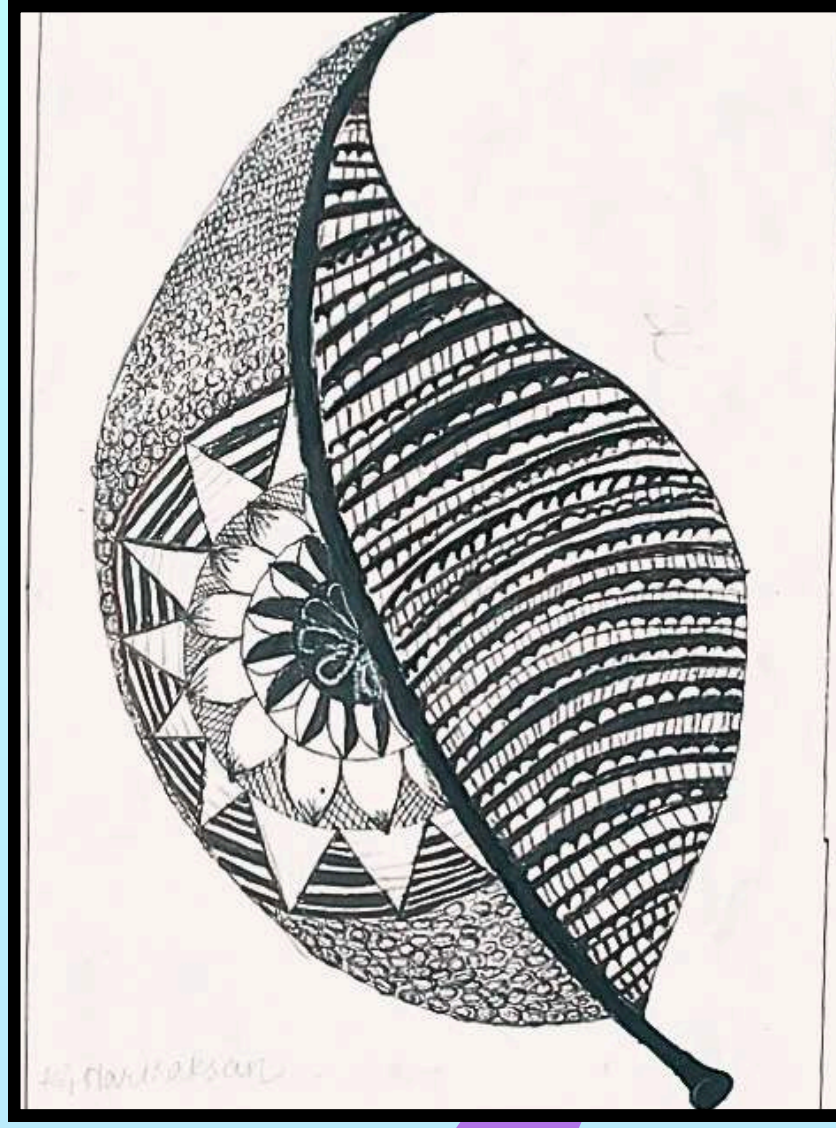
S. Anjanaa, 4B



R. S Saindhavi, 4B



S. Hansuja, 4B



K. R. Hariraksan, 4B



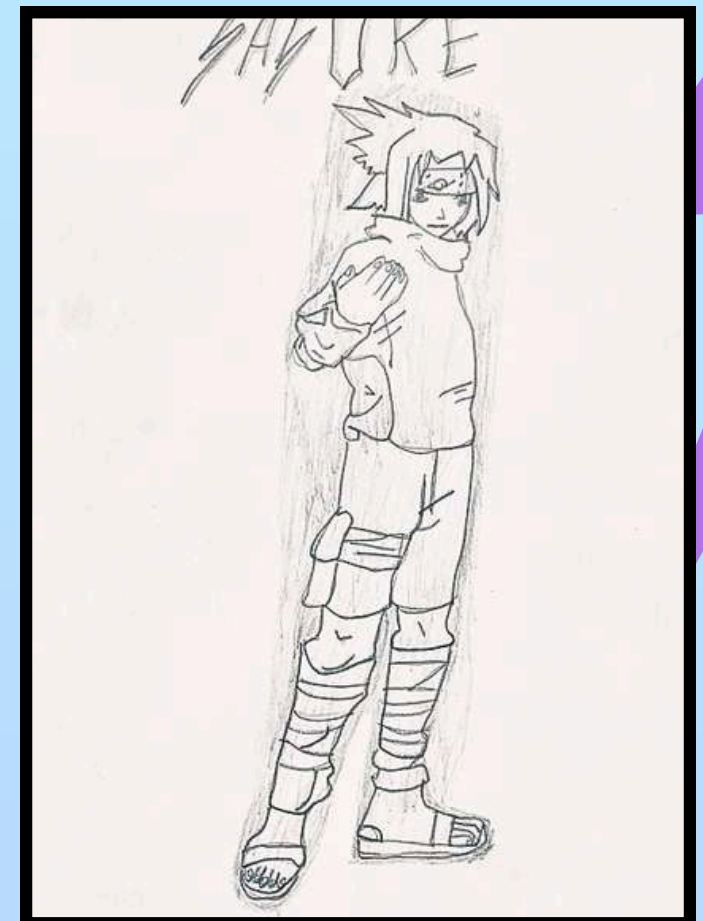
Harshavardhan. J, 4B



Sai Prajan, 4C



R. Lakshitha, 4D



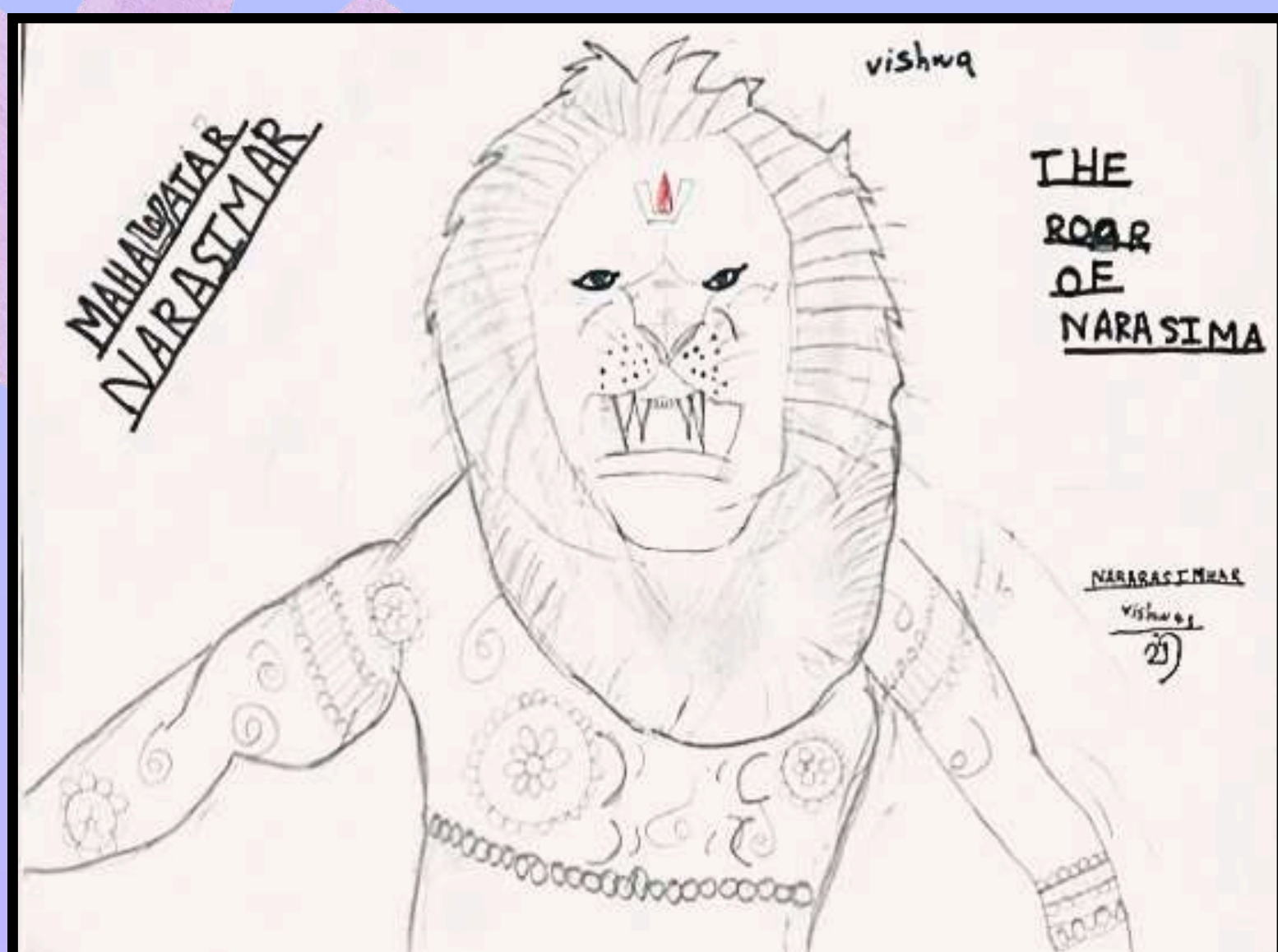
Sai Krishna. R, 4D



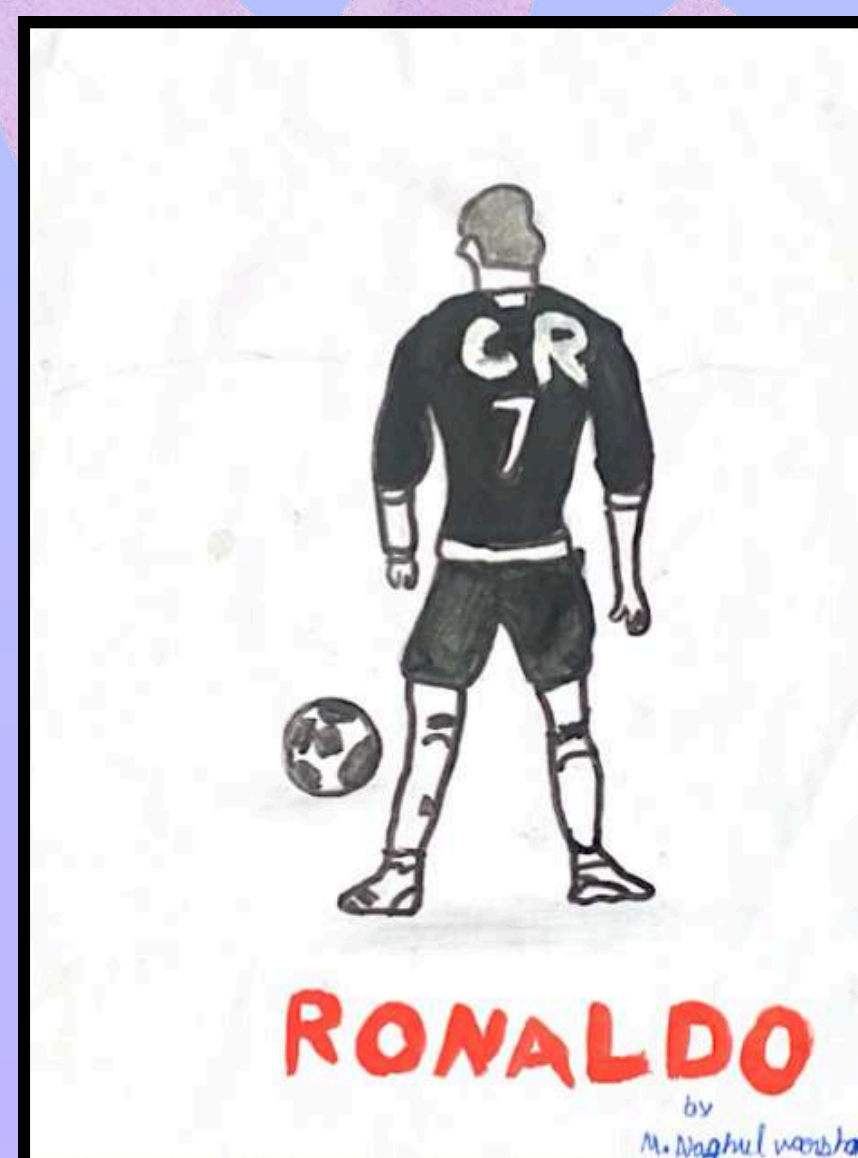
MGK. Sai Kanagagiri, 4D



S. Thanusujan, 4D



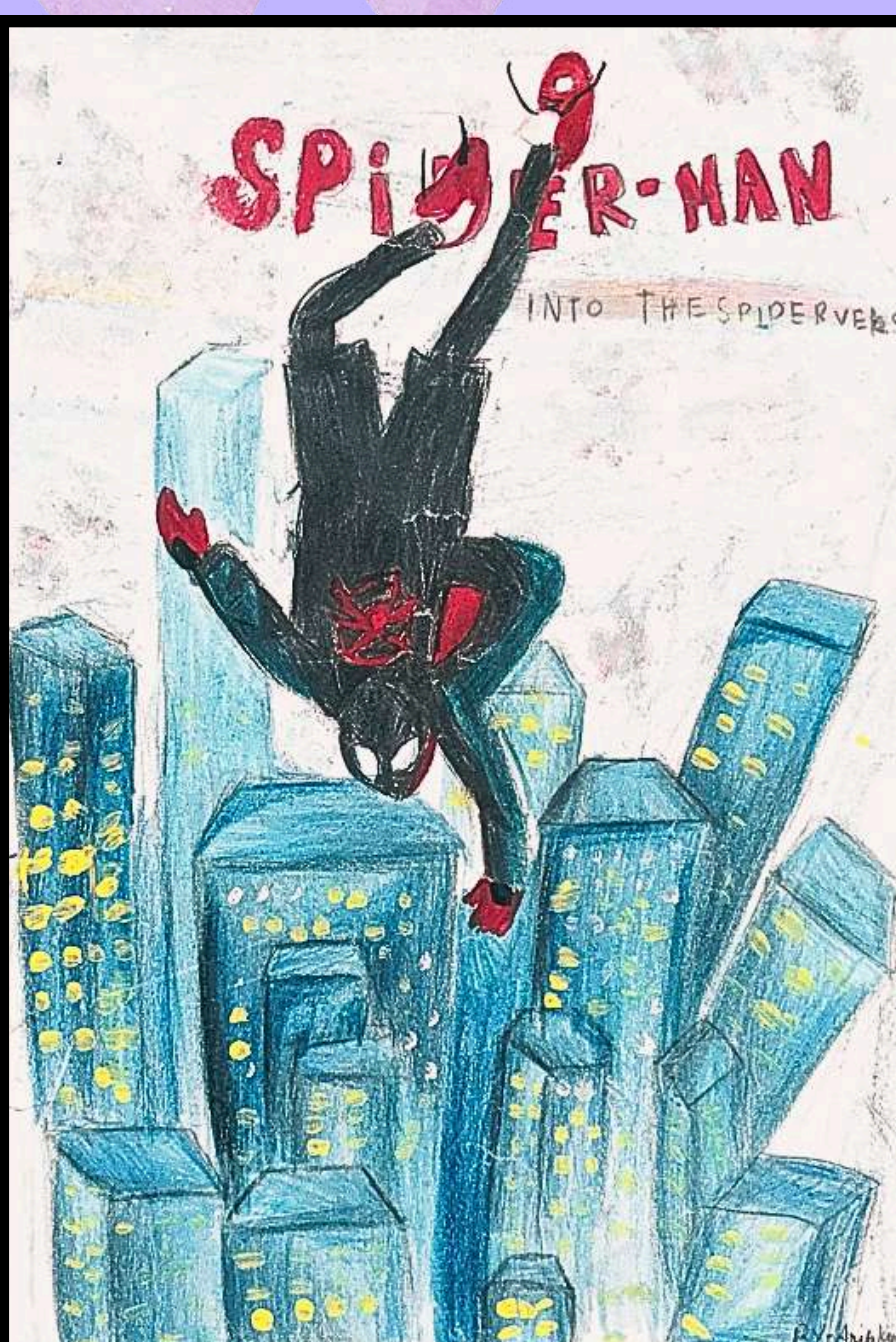
Vishwa. S, 5B



M. Naghul Varshan, 5B



V. H Arjun Kumar, 5B



Hemanth P. R, 5B



Rishaan. S, 5D



C. Dhiya, 4A



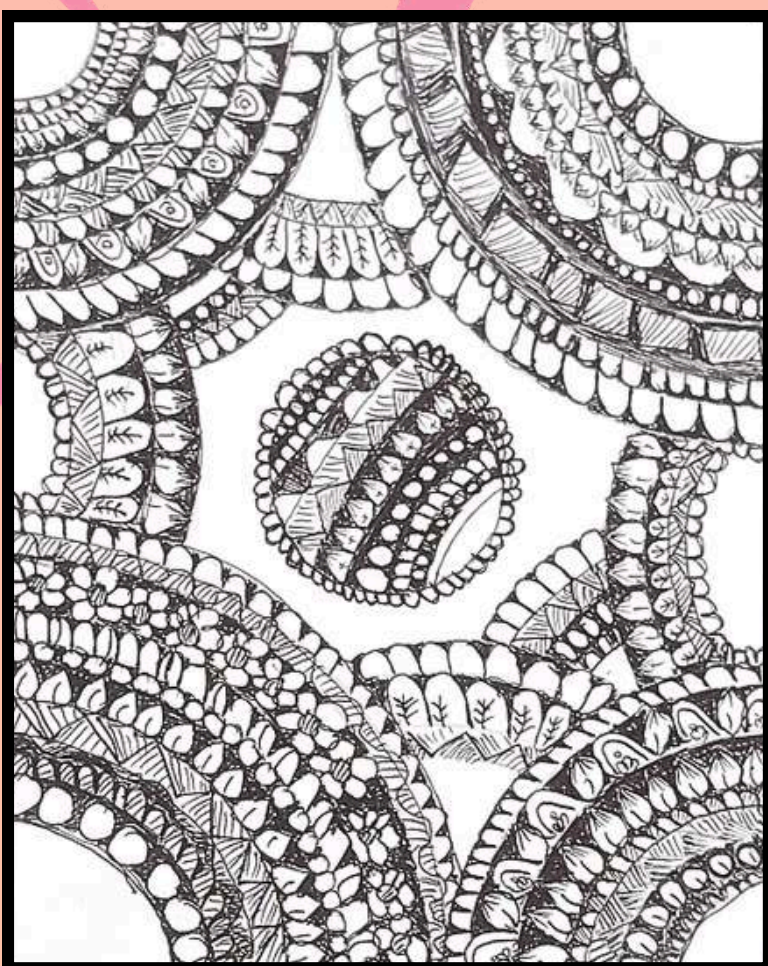
S. Meghavarshini, 8D



Madhumathi. R, 6A



Ishaan. V, 6B



G. Thiyasree, 6B



Varshaa. M, 6C



S. S. Madhunisha, 6C

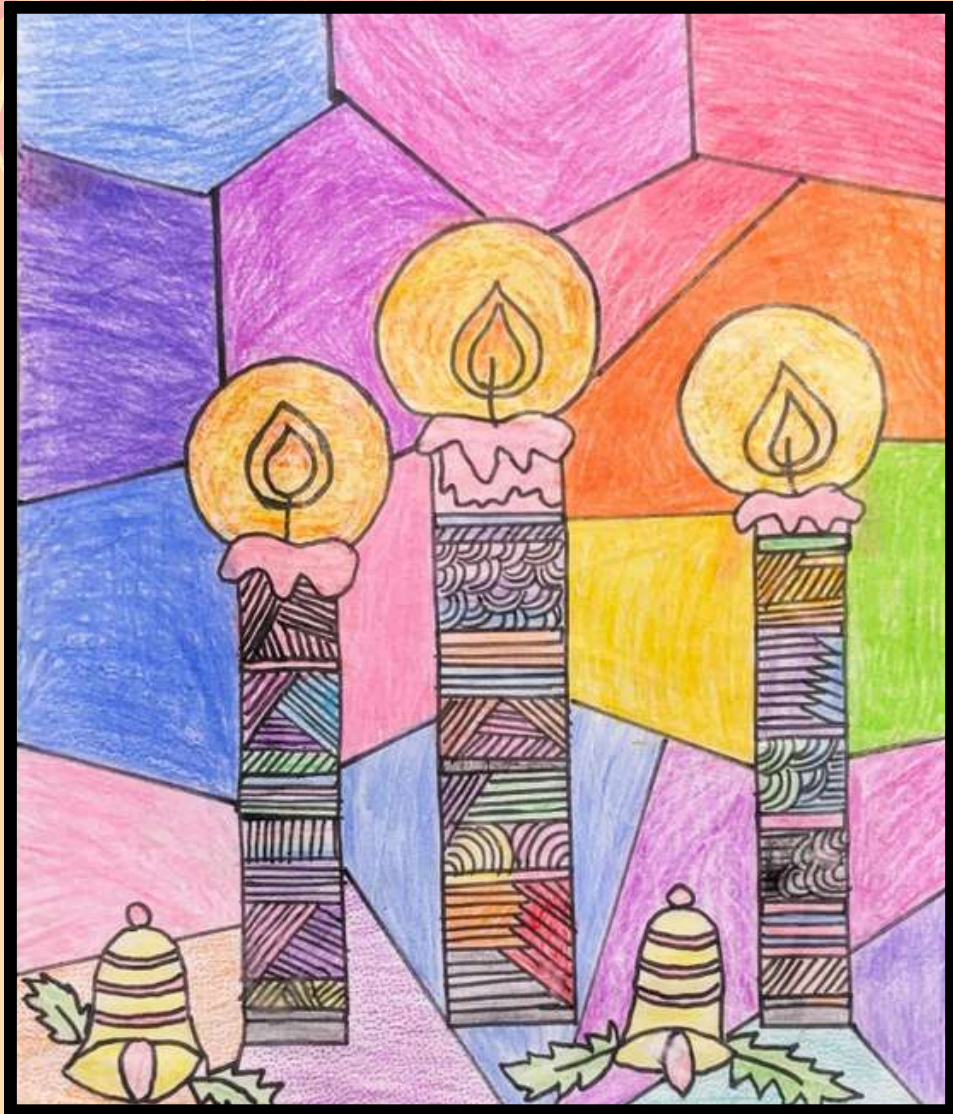


Ashwath. R, 6C



Harshavardan. A, 6C

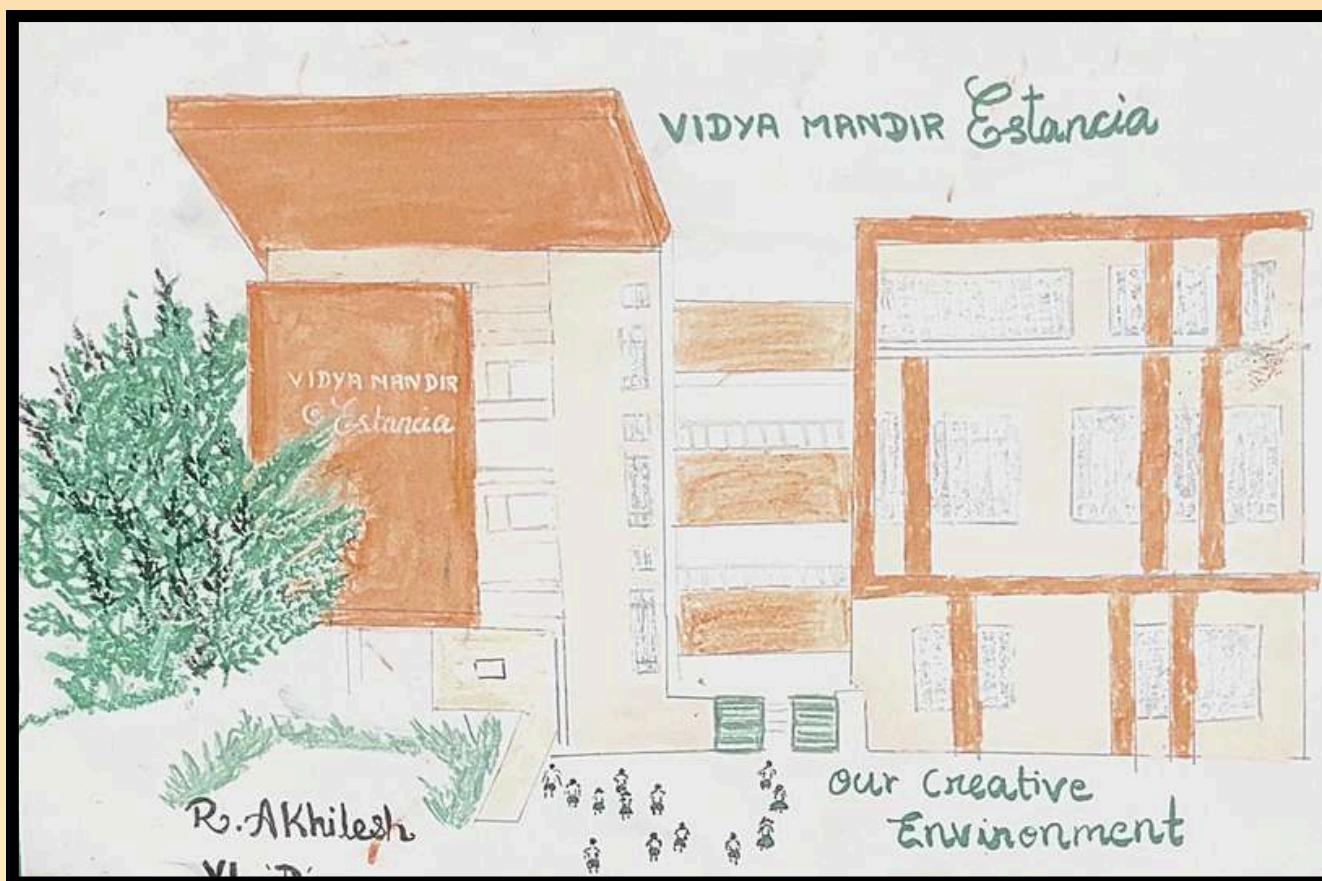
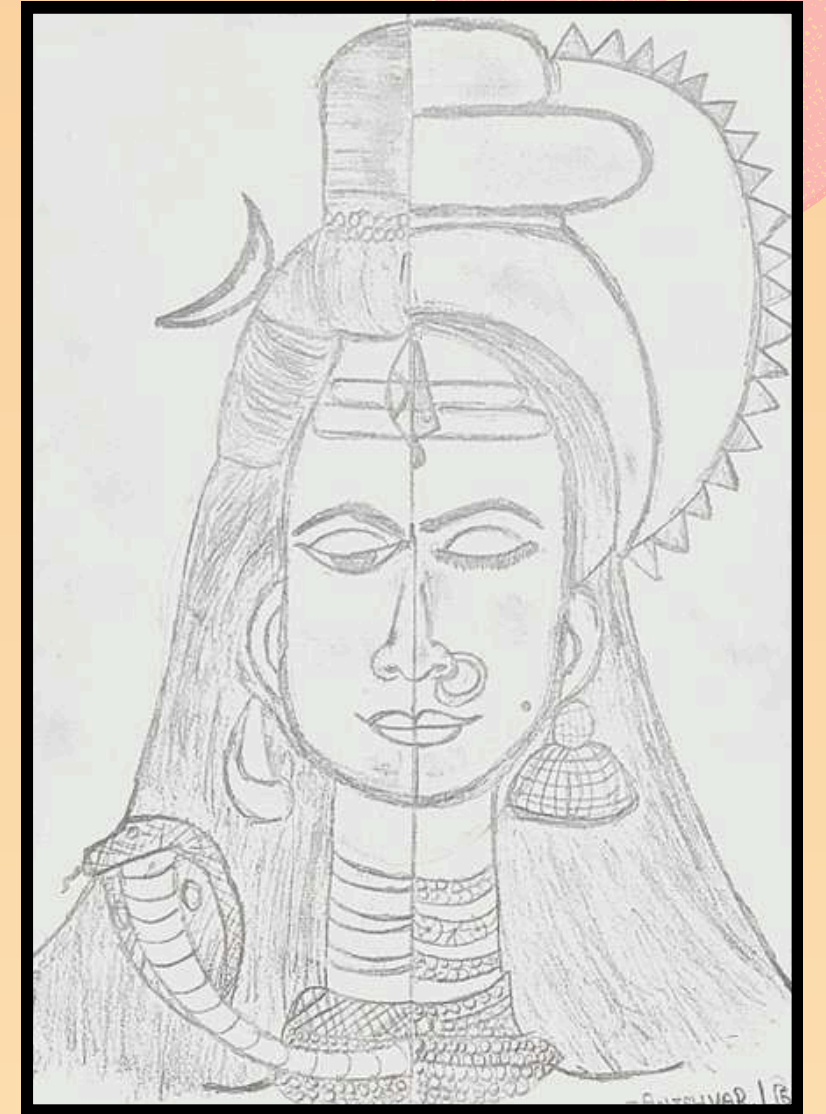




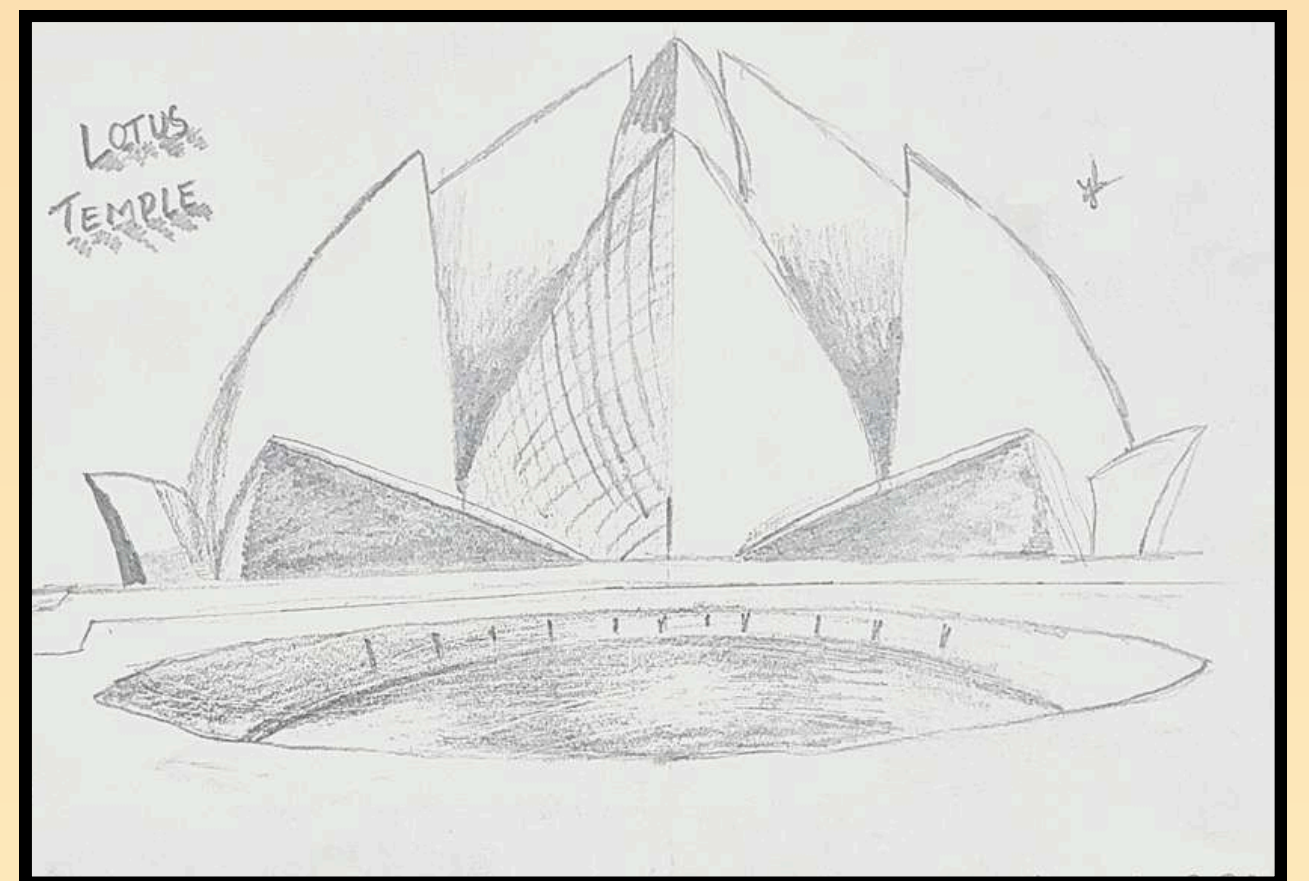
Sahana Sri. K, 6C



Anishwar. L, 6D



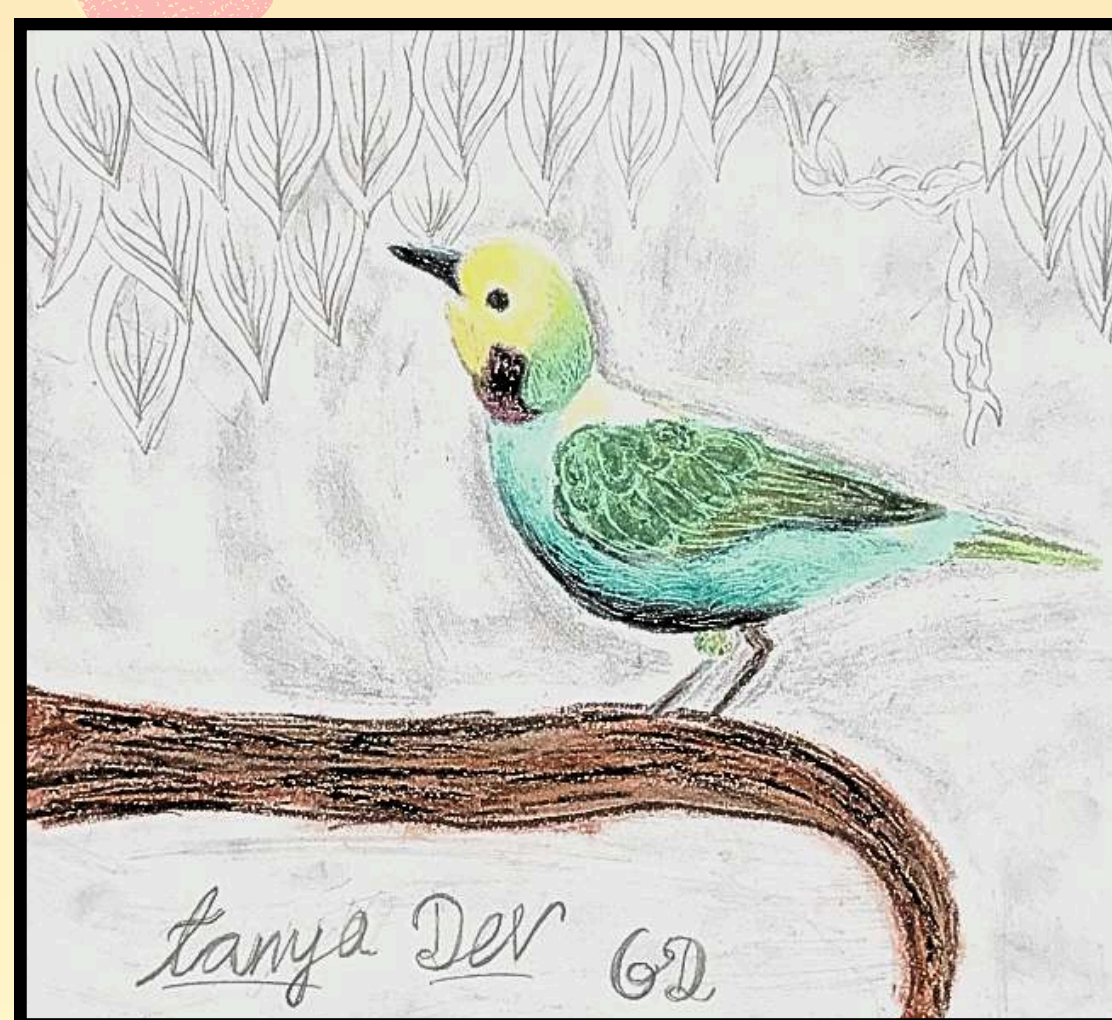
R. Akhilesh, 6D



Yaazhisai. S, 6D



Y. Saai Saravanan, 6D



Tanya Dev, 6D



Akshaya. M, 6C



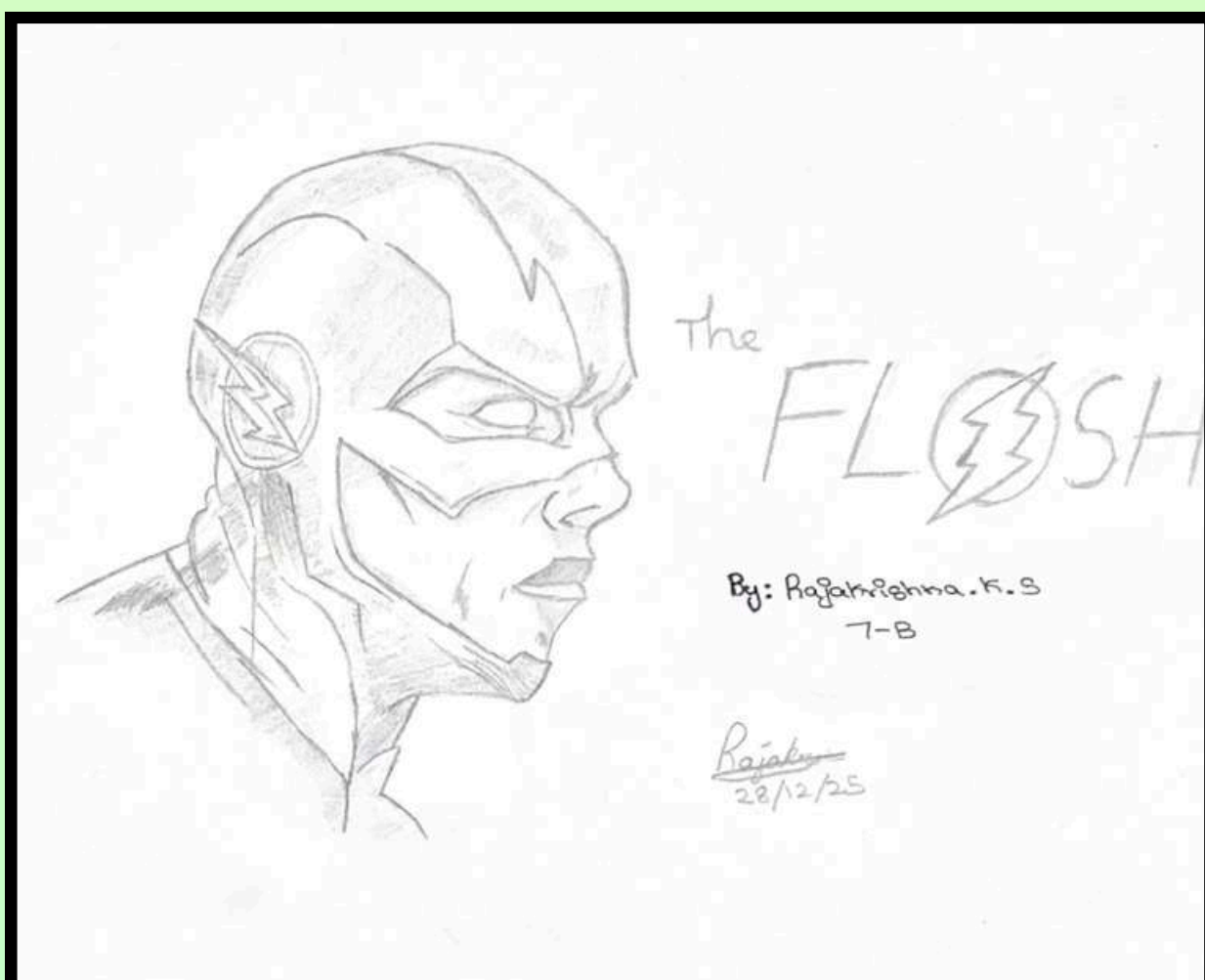
M. Dhivyashree, 7A



S. M. Kurunagai, 7A



Arif, 7B



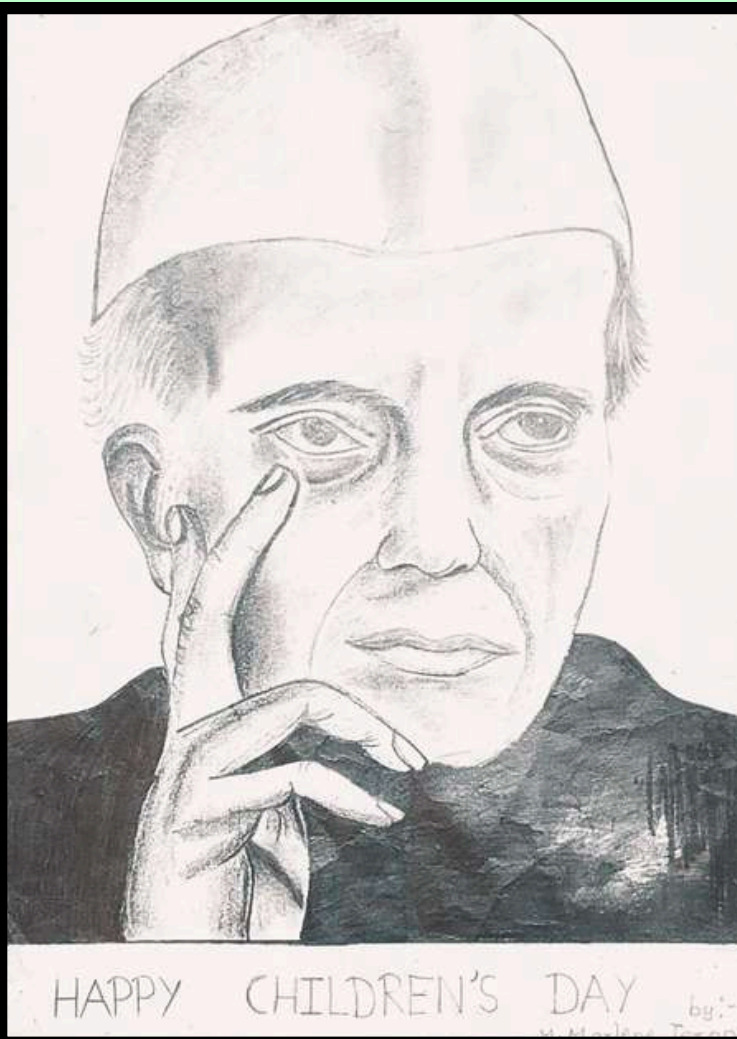
Rajakrishna K. S., 7B



A. Dhiyalini, 7B



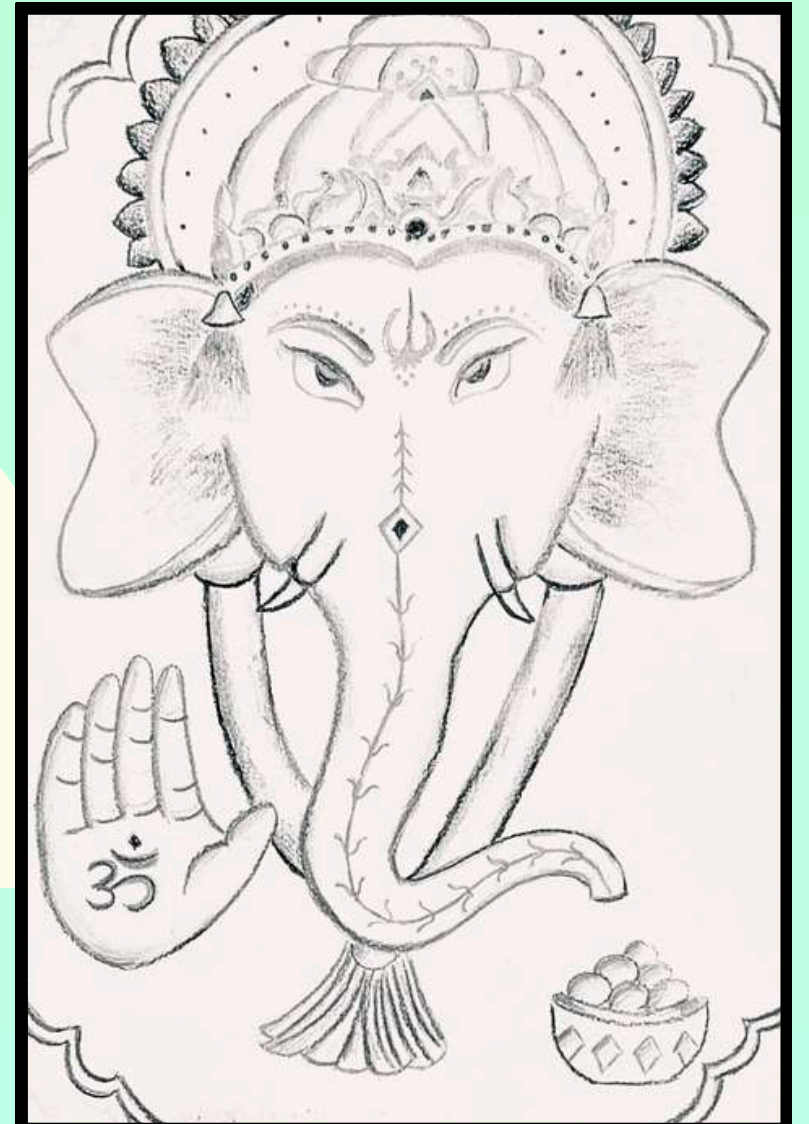
Sanjeeth, 7B



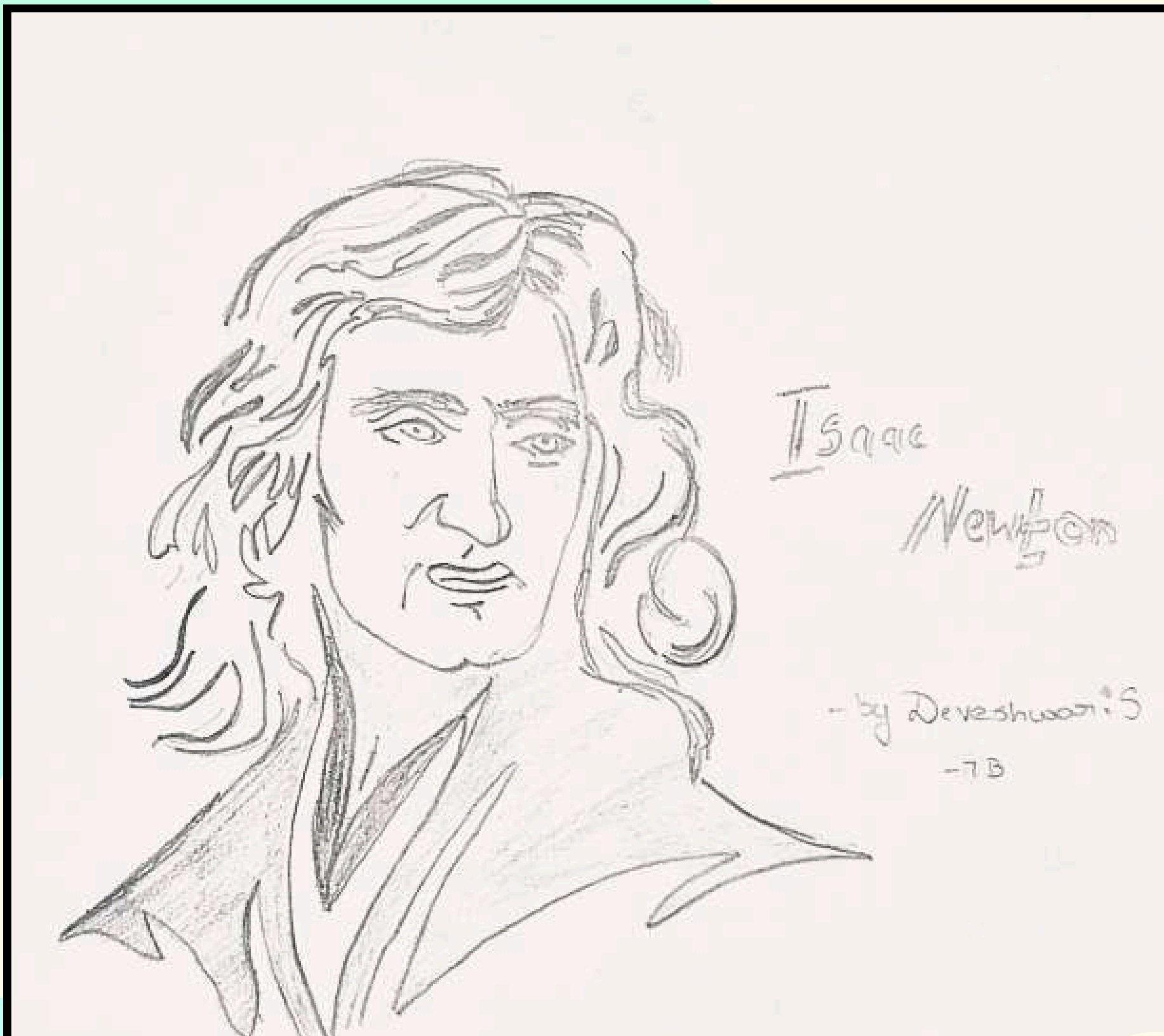
M. Marlene Jeronia, 7B



G. C. Varsha, 6A



S. Hemaakshi, 7C



Deveshwar. S, 7B



Diyashini S. R, 7C



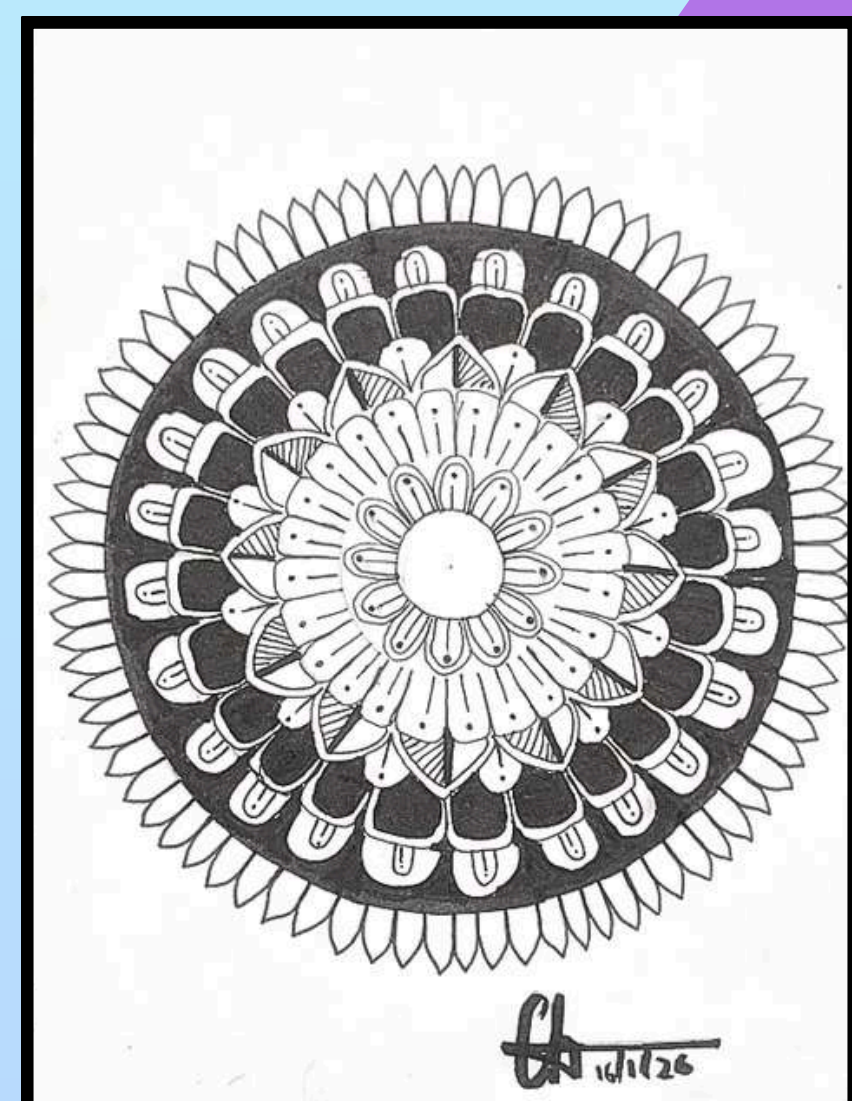
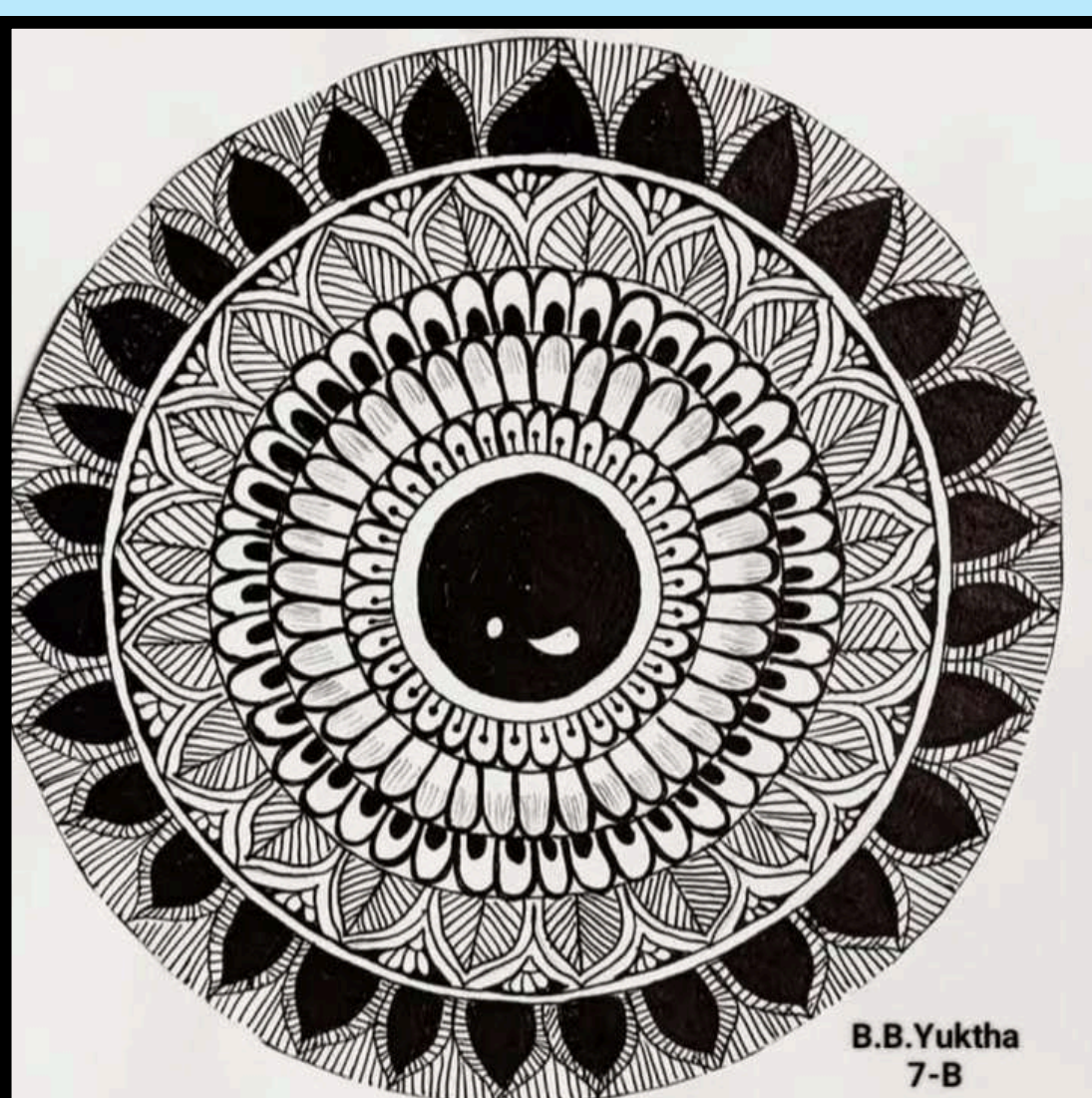
Varrun. B, 7C



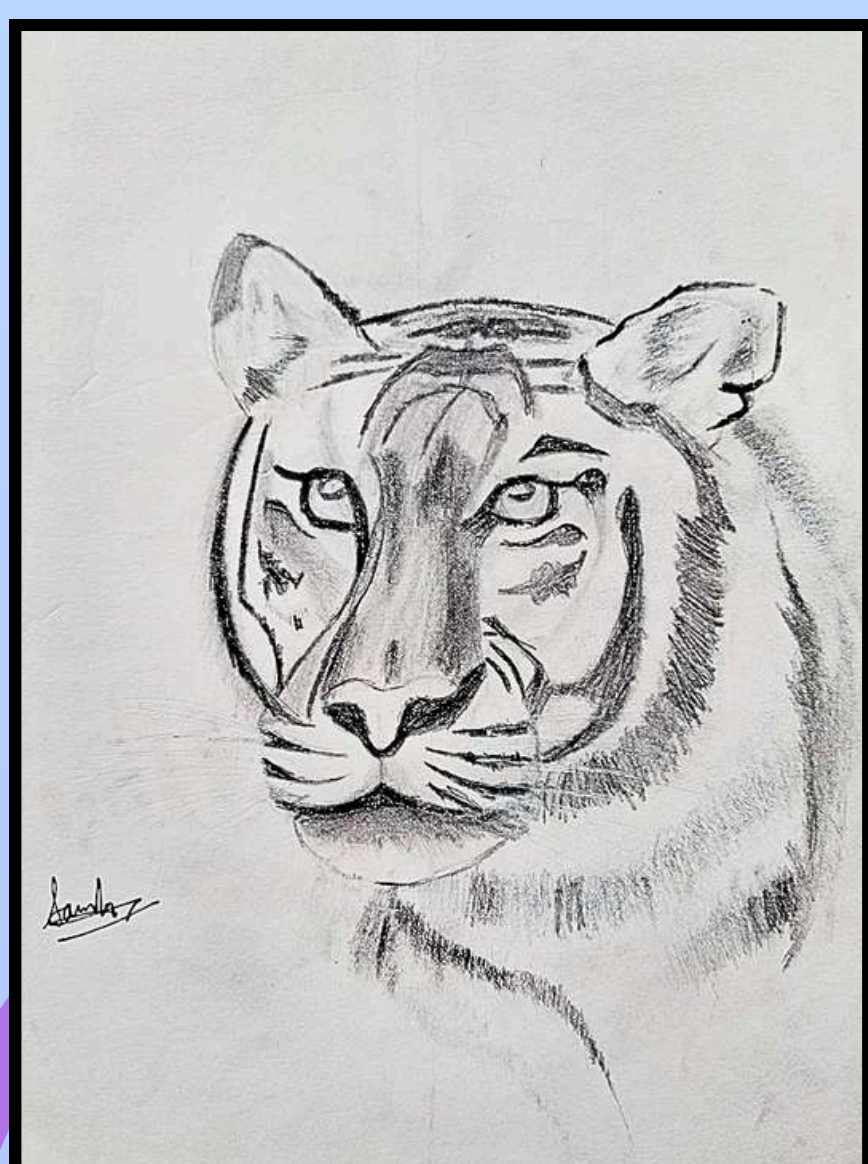
S. Sobitha, 7D



B. B. Yuktha, 7B



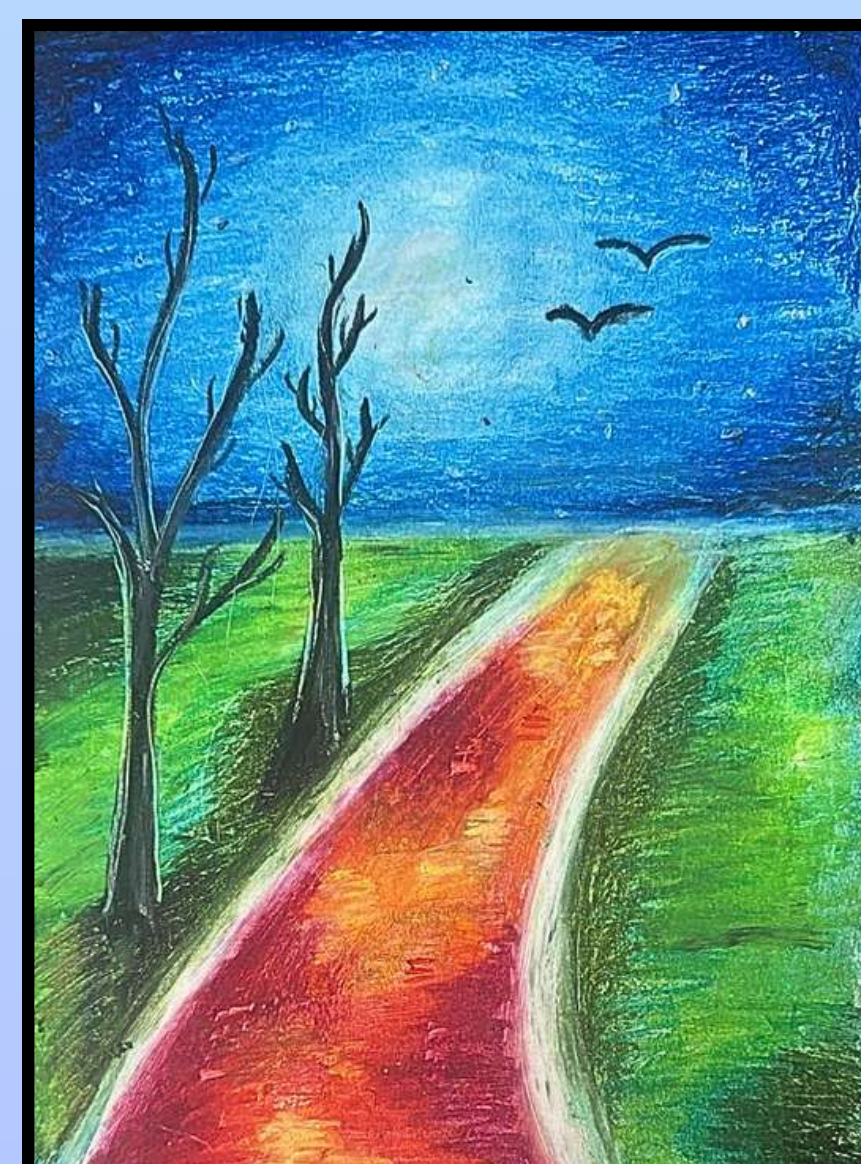
Charanya. V, 8A



Saharsh Patel, 8A



Mannem Ishitha, 8B



Krishita. N, 8C



Rakshitha, 8D

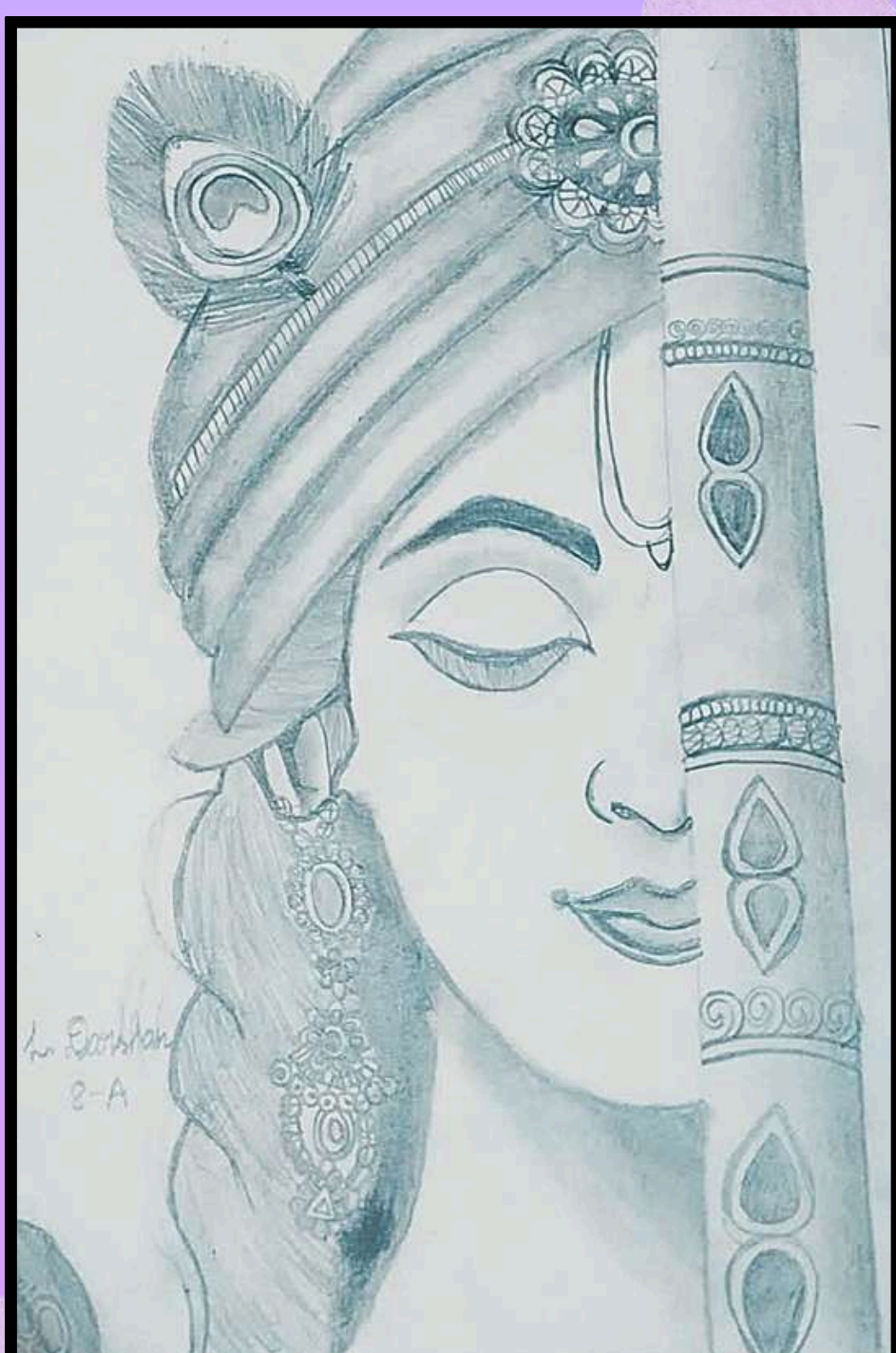
Joshika. L, 8D



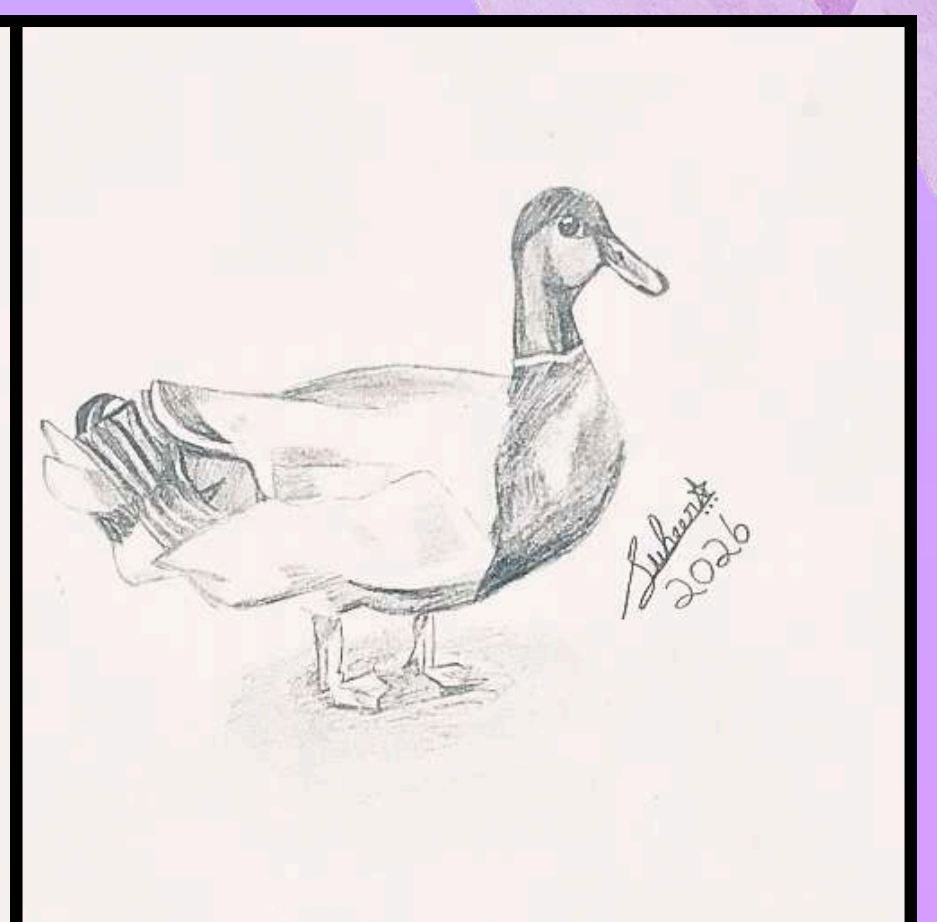
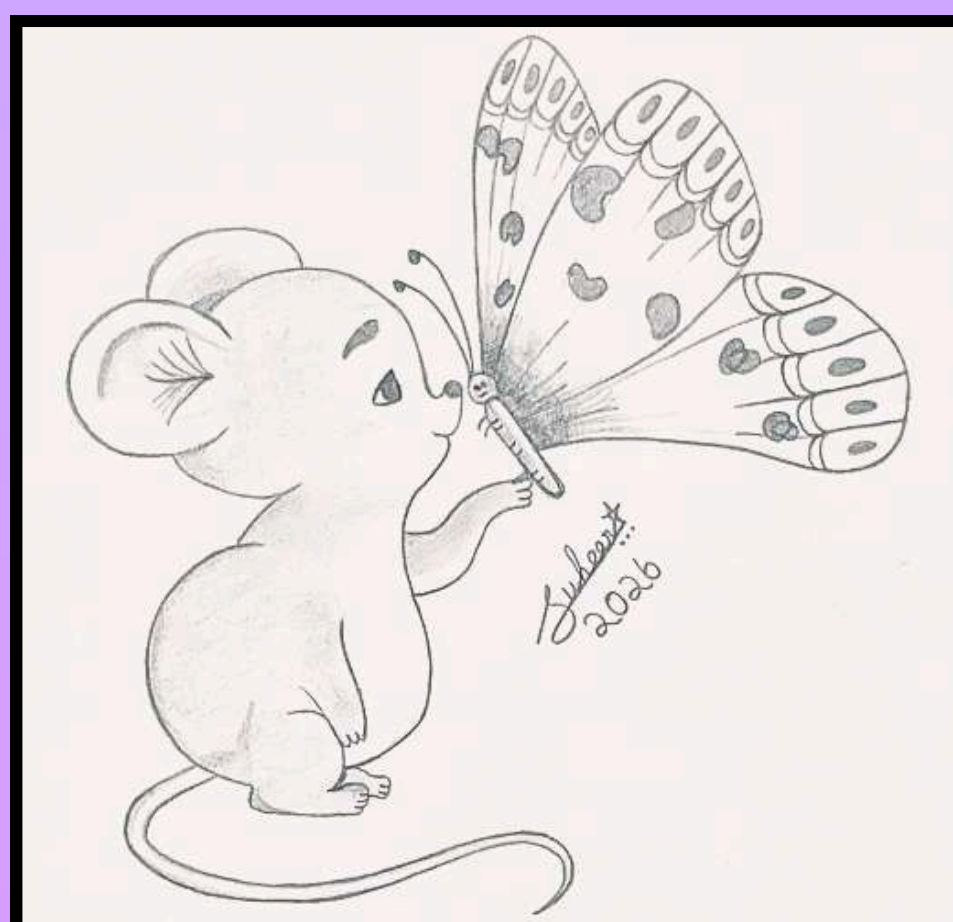
Kirithika Shree. D, 8D



A. Sidharth, 8D



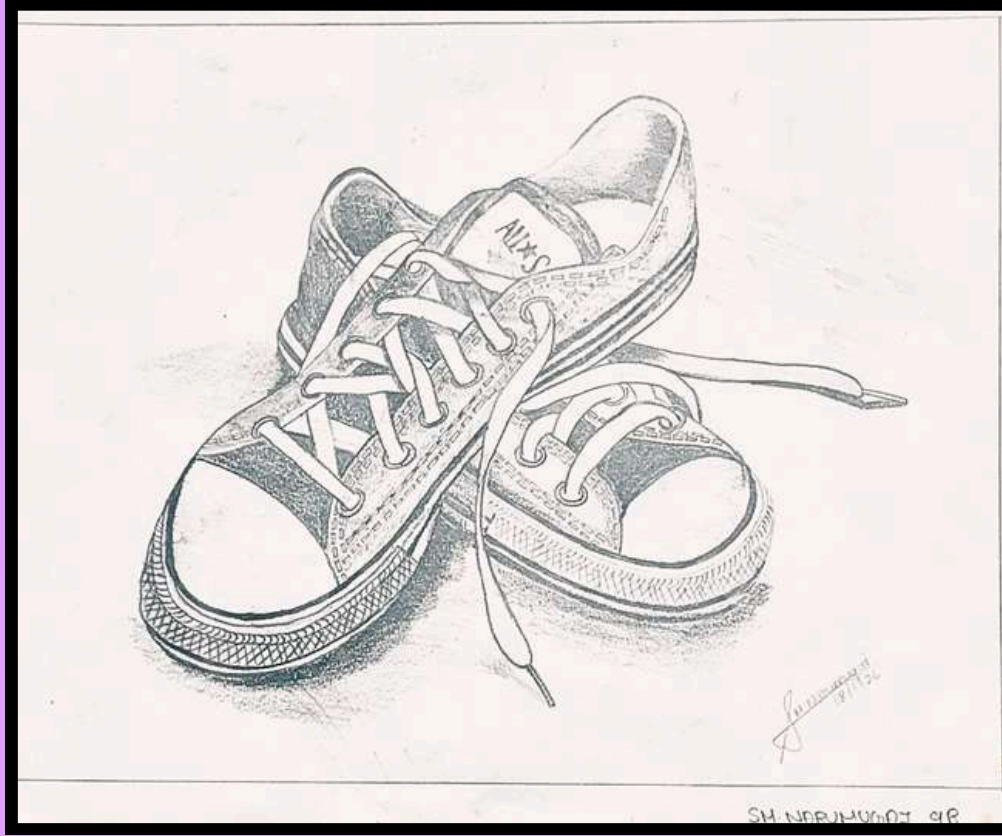
Darshan. L, 8A



Suheera Beghum, 8A



Saksham Mehta, 9A



S. M. Narumugai, 9B



Nithish Kumar, 9B



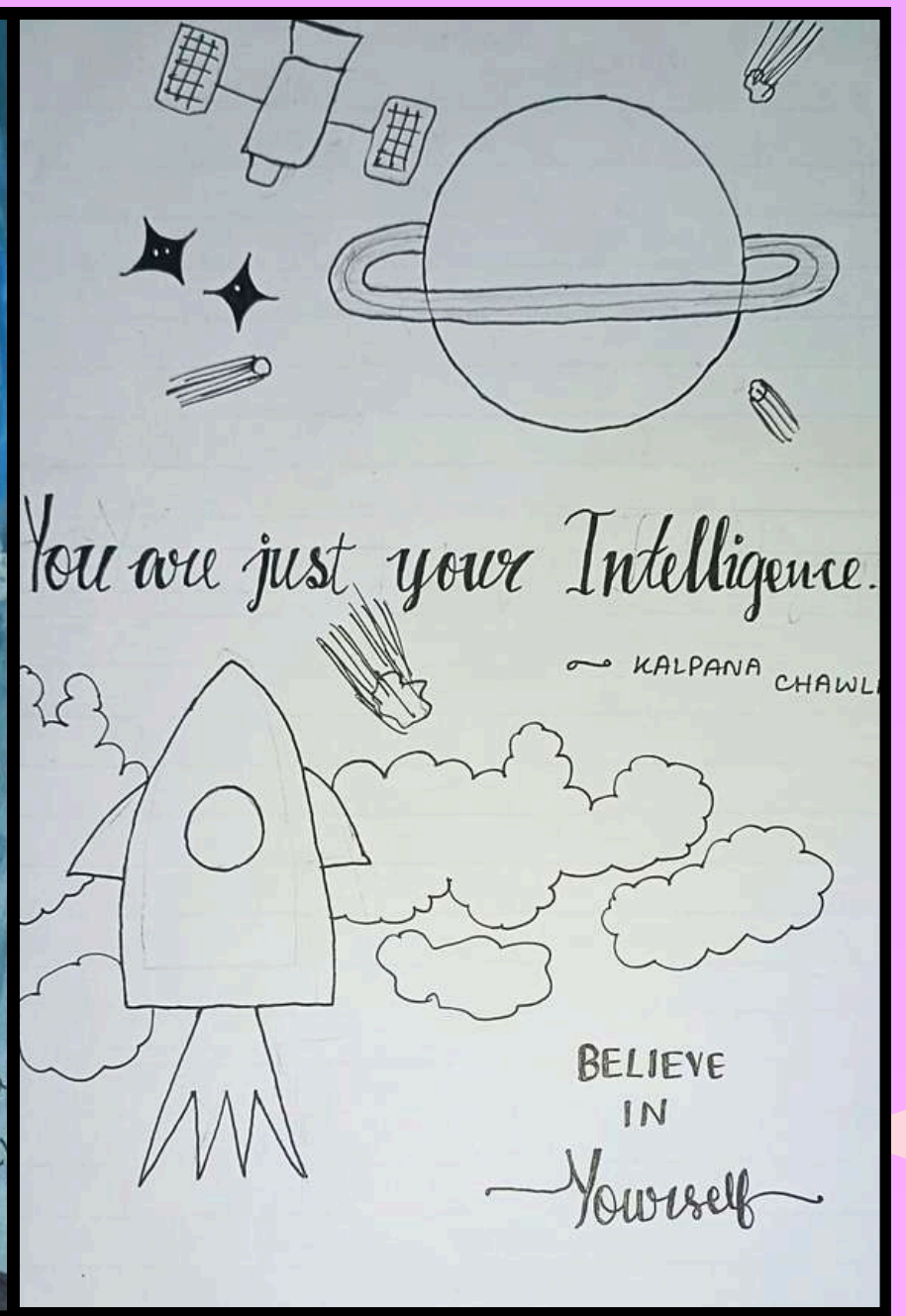
Nikila Varshiny, 9C



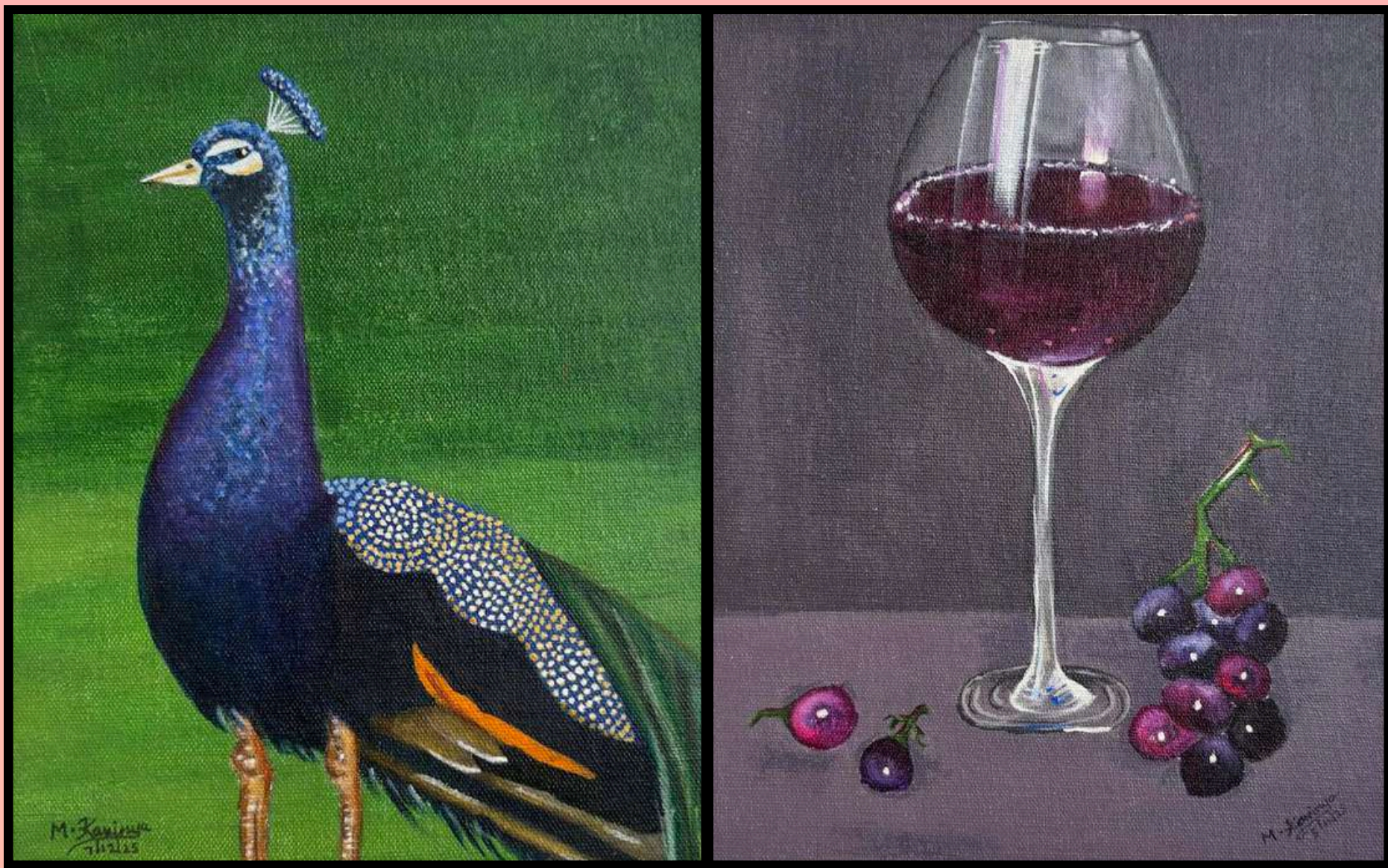
Nikila Harshiny, 9C



Sendurraj P. S, 9B



Grhitha Sahu, 9D



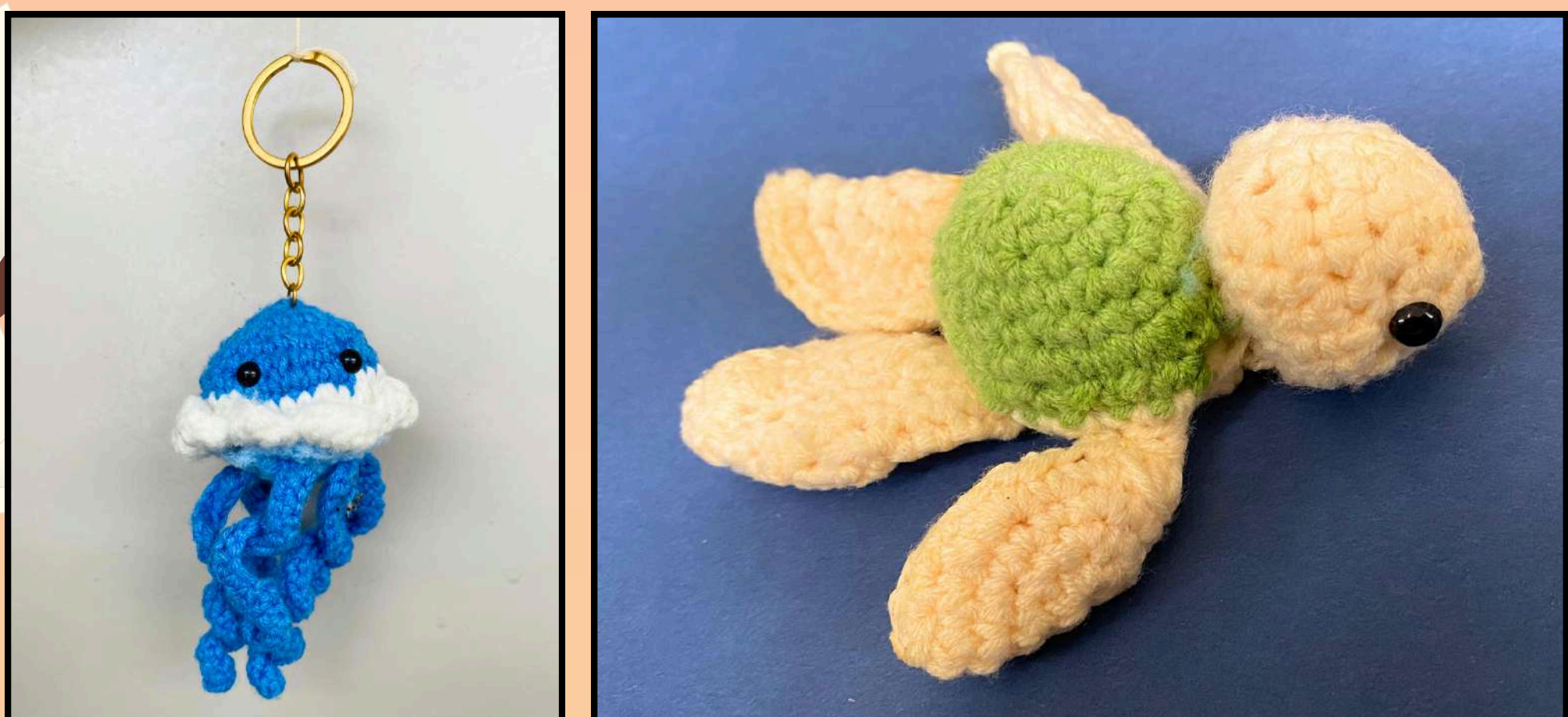
Kavinya. M, 9D



K. J. Karishmaa, 8D



Mohanapriyaa Hari, IIC



Dharmika, 8B

KINDNESS

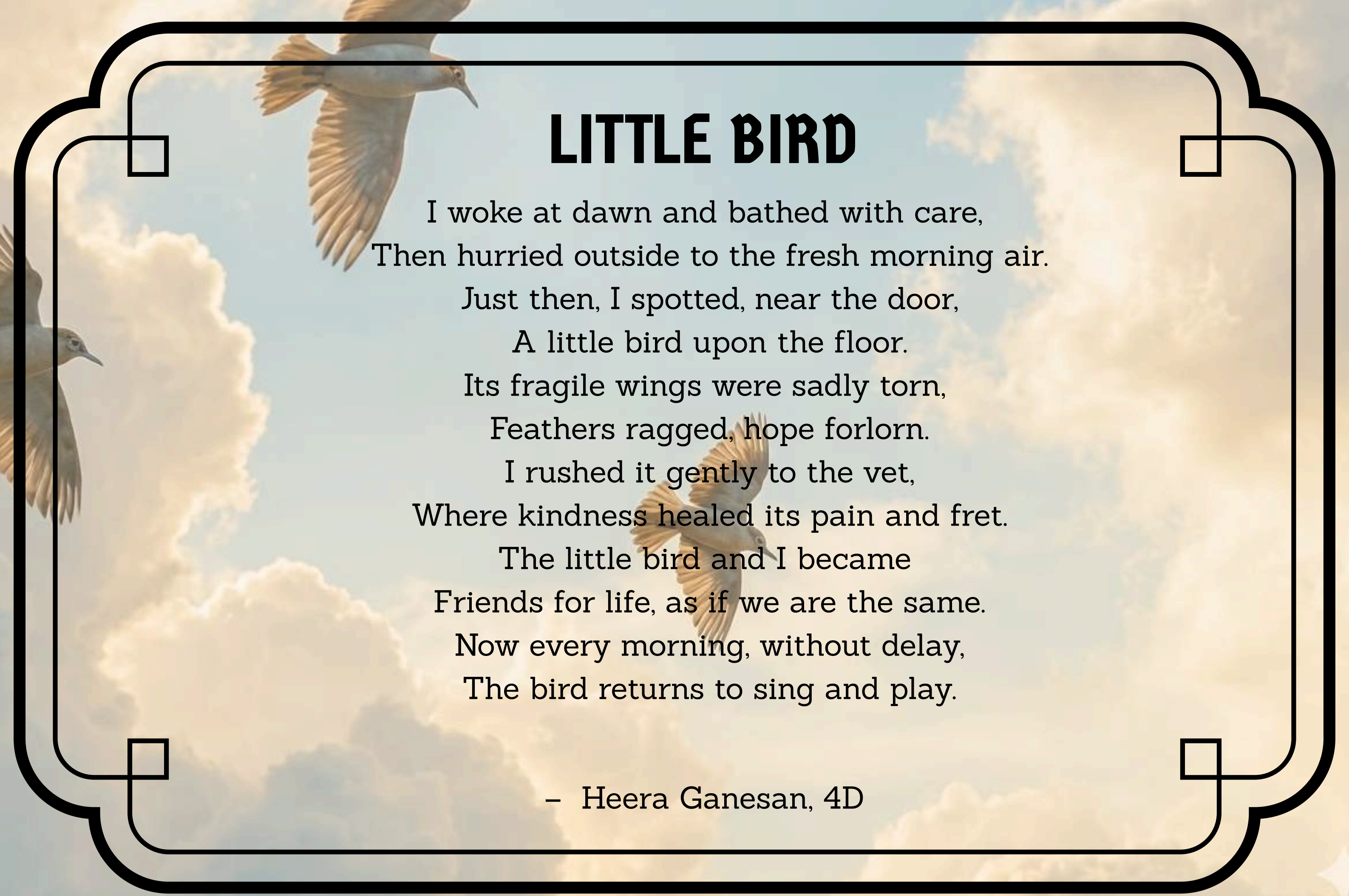
Every day, I have the choice
to let kindness be my way-
to share a gentle word or smile
with everyone I meet today.
When I show a caring heart,
The world grows warm and bright;
Kindness lifts my spirit up
and fills my heart with light.
A simple seed of kindness
can help the gloom to fade,
So I will plant that seed each day
in every choice I make.

– Lakshmi Durga S, 3D

KINDNESS TO ANIMALS

Little children, little children, never give
Pain to things that feel and live;
Let the gentle robin near,
For the crumbs you scatter here;
Watch him hop and skip along,
Surely thanking you with a song.
Never hurt the timid hare
Peeping from her grassy lair;
Let her wander, sport and play
On the lawn at the close of day.
The little lark goes soaring high
To the bright windows of the sky;
Singing as if it were always spring,
And fluttering on an untiring wing—
Oh! Let him sing his happy song,
For never do these creatures wrong.

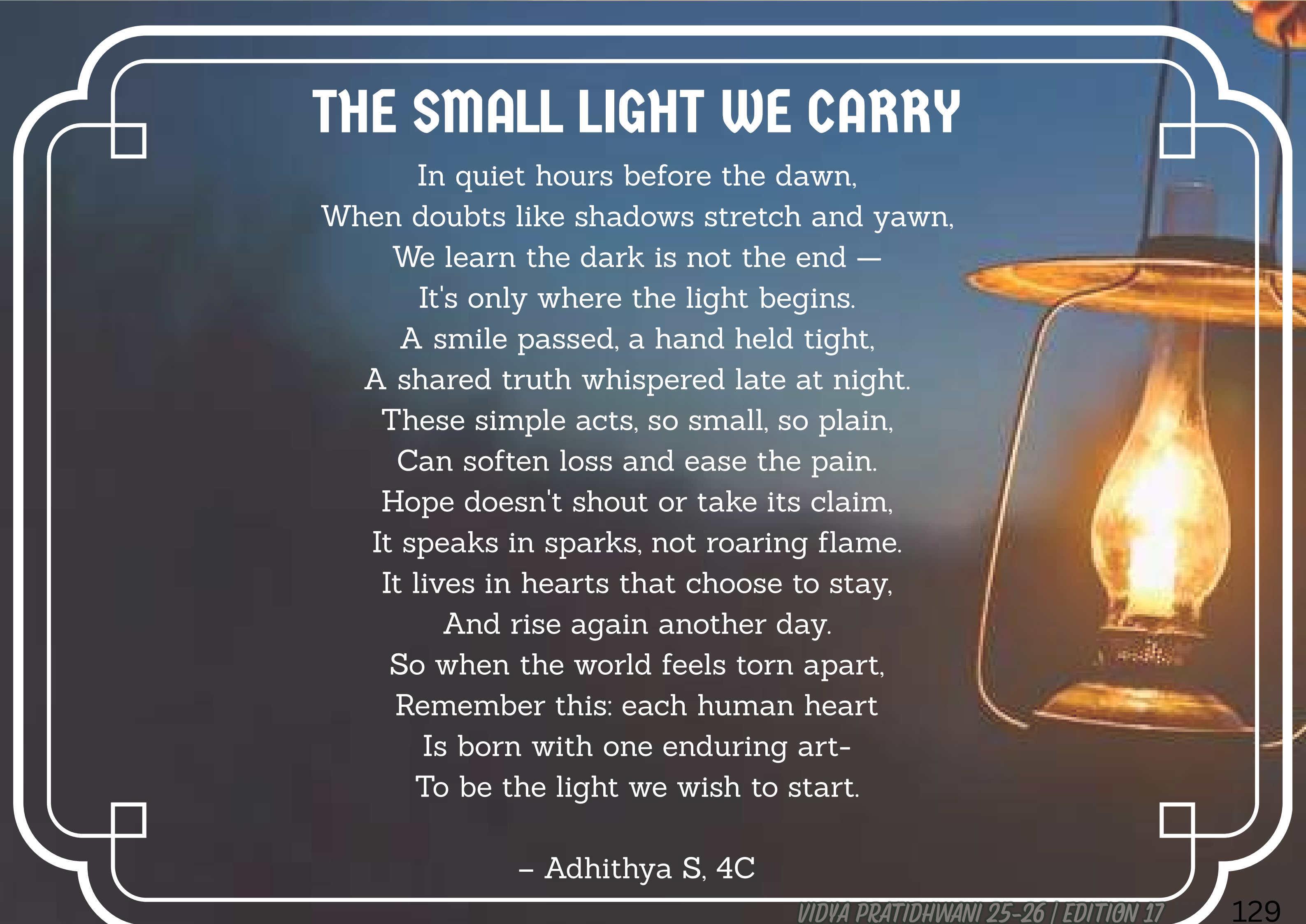
– K Harsitha, 4A



LITTLE BIRD

I woke at dawn and bathed with care,
Then hurried outside to the fresh morning air.
Just then, I spotted, near the door,
A little bird upon the floor.
Its fragile wings were sadly torn,
Feathers ragged, hope forlorn.
I rushed it gently to the vet,
Where kindness healed its pain and fret.
The little bird and I became
Friends for life, as if we are the same.
Now every morning, without delay,
The bird returns to sing and play.

– Heera Ganesan, 4D



THE SMALL LIGHT WE CARRY

In quiet hours before the dawn,
When doubts like shadows stretch and yawn,
We learn the dark is not the end —
It's only where the light begins.
A smile passed, a hand held tight,
A shared truth whispered late at night.
These simple acts, so small, so plain,
Can soften loss and ease the pain.
Hope doesn't shout or take its claim,
It speaks in sparks, not roaring flame.
It lives in hearts that choose to stay,
And rise again another day.
So when the world feels torn apart,
Remember this: each human heart
Is born with one enduring art—
To be the light we wish to start.

– Adhithya S, 4C

NATURE

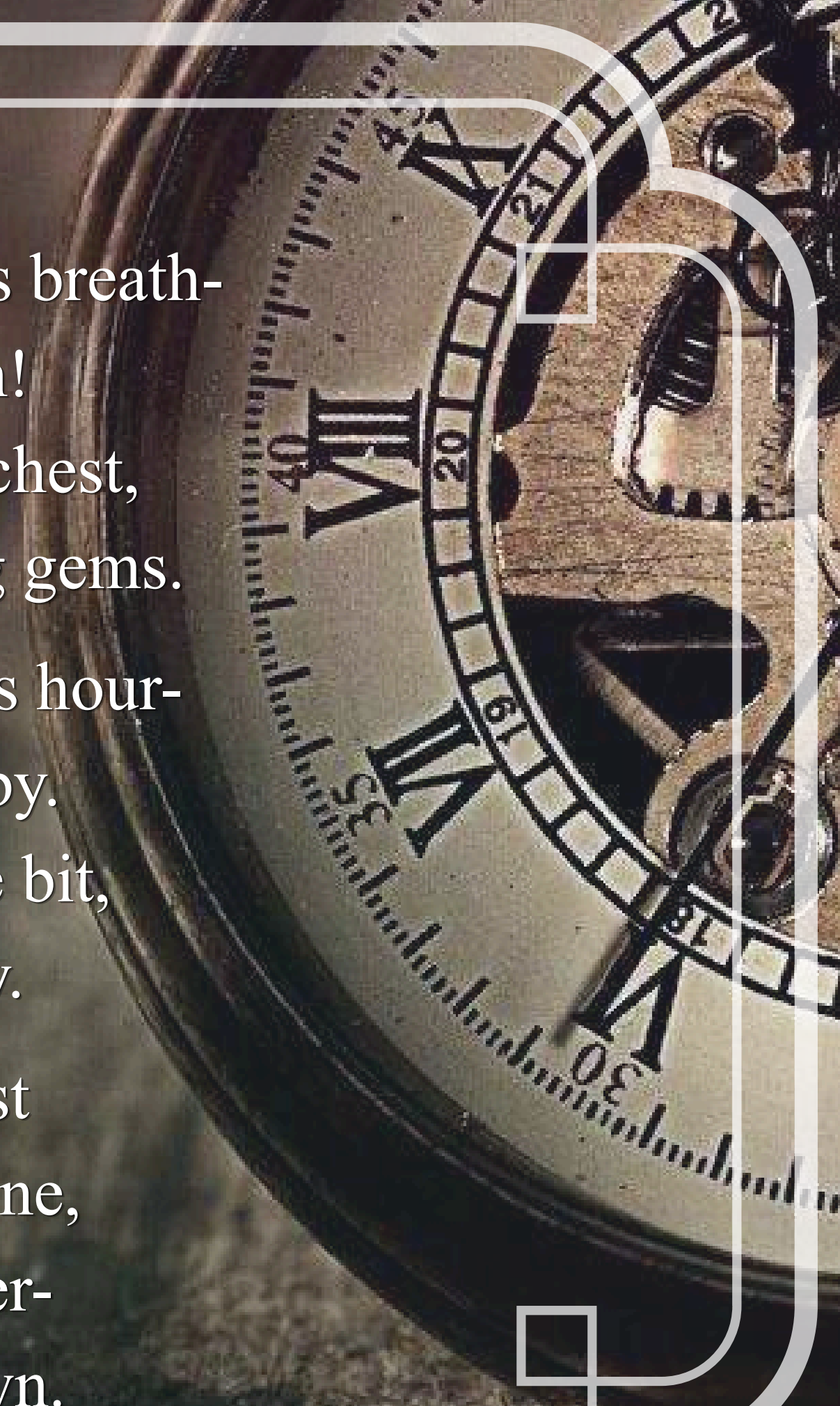
In fields so wide, flowers bloom,
Birds fly high and chase the gloom.
Tall green trees reach for the sky,
Nature lifts our spirits high.
Nature's beauty, side by side,
Under sunshine, let's take a ride.
With birds that sing both soft and clear,
Nature's magic is always near.
Swimming in a lake so blue,
Fish jump up—a lovely view!
In nature's wonder, we will find
Our wildest dreams and curious minds.

– Viha and Shrinika, 4C

BREAKFAST

As soon as I wake up from sleep,
The thought of breakfast makes my heart leap.
I head downstairs to wash, the morning feels new,
The table awaits, gleaming with a beautiful view.
Golden bread toasted with butter, melting slow,
A marvellous sight, a gentle glow.
Hot milk with chocolate, rich and sweet,
A warming delight I'll never fail to greet!
Eggs sizzle away, a vision so fine,
Cookies waiting, a joy so divine.
Plate after plate goes by,
Oh! My mind is tangled, I don't know why.
This is the story of my breakfast every day,
Repeating every morning in the same happy way.

– Grhitha Sahu, 9D



TIME

This moment, this second, this breath-
will never return again!

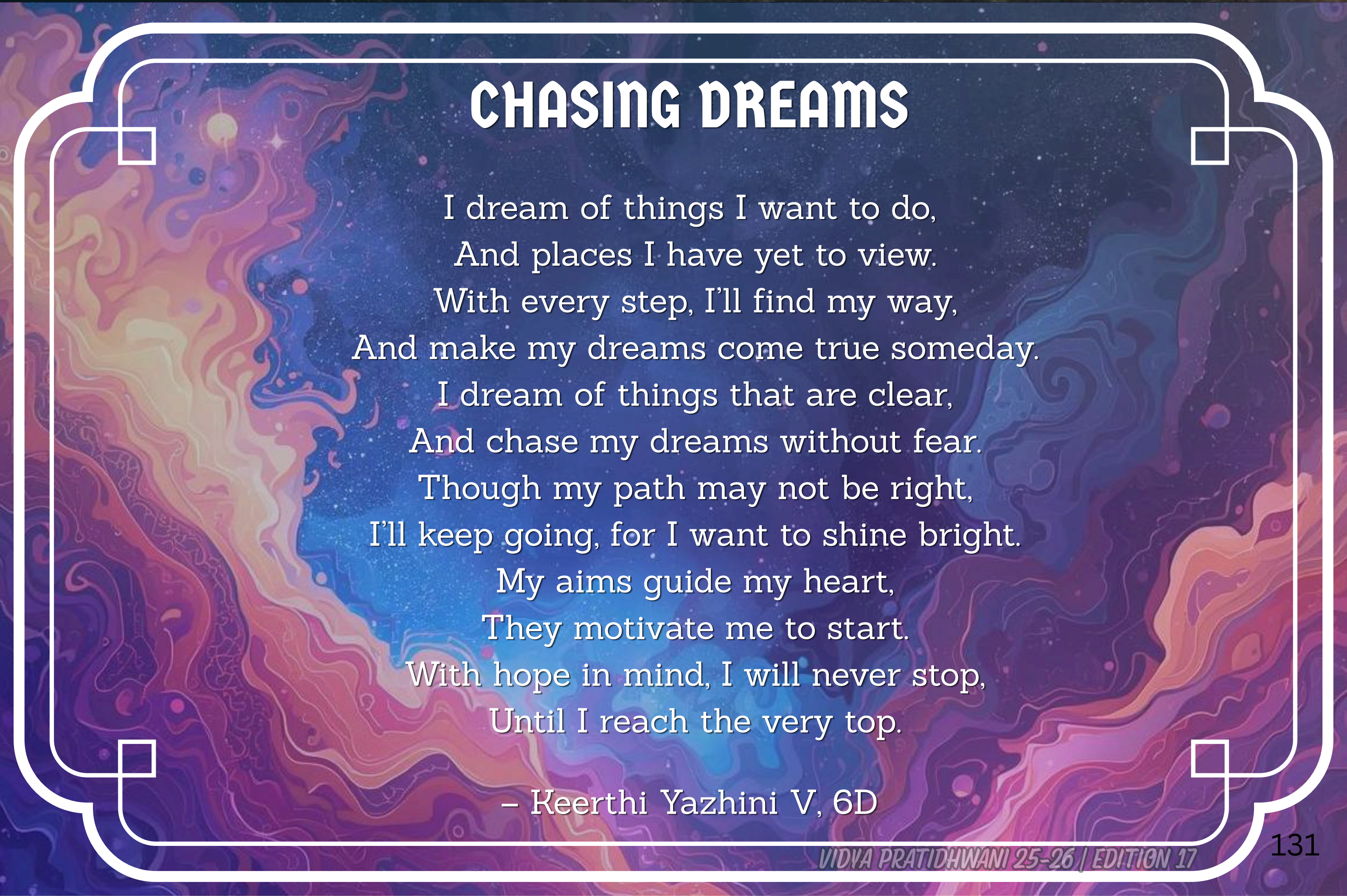
Time is a hidden treasure chest,
with no jewels, no sparkling gems.

This second, this minute, this hour-
our whole life passing by.

We did not waste a single bit,
and we will always try.

Time is a precious chest
that holds no gold or stone,
only the years we gather-
our age, our life, our own.

– M. Dhanshika, 5D



CHASING DREAMS

I dream of things I want to do,
And places I have yet to view.
With every step, I'll find my way,
And make my dreams come true someday.

I dream of things that are clear,
And chase my dreams without fear.
Though my path may not be right,
I'll keep going, for I want to shine bright.

My aims guide my heart,
They motivate me to start.
With hope in mind, I will never stop,
Until I reach the very top.

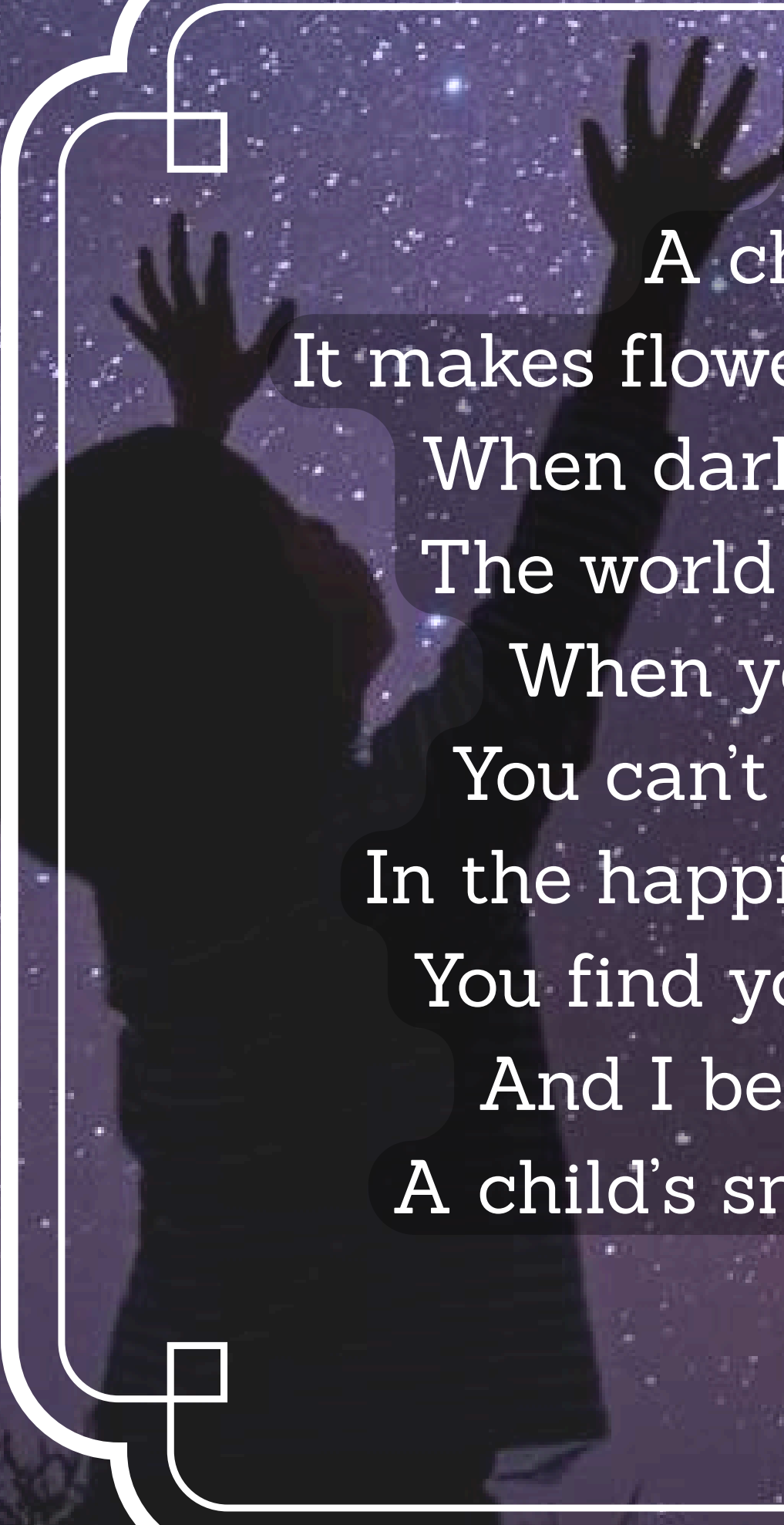
– Keerthi Yazhini V, 6D

THE CALMNESS OF LIFE

The sound of a gentle dewdrop,
the strength of mountains, still and brave,
the peaceful view of winding paths,
and the fragrance flowers gave.
Trees sway and dance beside me
as I wander on my way;
the music of waterfalls, peacocks' calls
make magic every day.
I feel the warmth of nature's touch,
and all that life can give;
the calmness of life surrounds us,
as beautiful as we live.

– Yazhini Anand, 6C

A CHILD'S SMILE



A child's smile is a bliss of luck,
It makes flowers bloom where once they were stuck.
When darkness and loneliness linger a while,
The world is enlightened by one gentle smile.
When you lift a baby up, joy fills the air,
You can't help but smile with love and care.
In the happiest moments the world can compile,
You find yourself sharing that innocent smile.
And I believe, with dreams shining bright,
A child's smile can let your dreams take flight.

– Yazhini Anand, 6C

THE DESERT

The sun is blazing,
Water is missing,
Run, run; walk, walk,
To reach at least a stalk.
Only seeing sand and sky,
Cacti plants as you pass by.
Starving and hungry, feeling weak,
Chasing our shadows as we seek.
Can't take much more of this heat,
Come soon, night, so I may sleep.
Let the night be kind and sweet,
I can't take more of this heat.
Finally smiling as I sleep.

– Aadhithan AV, 6B

THE SUNLIGHT WE SHINE ON

We are born from silent fire and dawn,
Carrying light where hope has gone.
Even in shadows, our hearts still glow,
teaching the dark what it longs to know.

We walk with stars within our eyes,
turning our wounds into wings that rise.
Not here to fade, nor fear the night-
We are sunlight shining ever bright.

When the world forgets how to dream,
we become sparks, a golden beam.
For every soul that learns to see:
light is not found; it's who we be!

– Aarush Prakash, 7A

COMPANIONS FOR THE NIGHT

As the lily blossom blooms in the night,
A heartbroken soul weeps in the pale moonlight.
She takes a shaky step toward a bed of stars so bright,
Leaning into their comfort, dispelling her fright.
Dewdrops chill her cheek as she lifts up her face,
To cry out emotions in a pool of disgrace.
With tears for eyes, she begs the billow's embrace,
To allow moonlight its silvery trace.

A gentle, drifting breeze moves each puff of grey,
Inch by inch, until the clouds drift away.
Then the moon, like a ship to a tranquil bay,
Shone light on the cove where shadows lay.

A sudden rustle of parched leaves drew near,
She turned and met two emerald eyes, clear,
On a creature with poise and a silent reply,
It leapt to a rugged stone perched high,
And watched her with cold, desperate eyes.

As she climbed and clung along,
With this ethereal creature, their bond grew strong.

A warp unfurled in their brittle minds,
Connection and company, the rarest kinds,
Until a song from their deepest souls was sung,
Echoing softly where silence once clung.

When light poured into their hearts so bright,
The cold, lonely night
Began to feel gentle, calm and light.

– Dheekshana V, 7A

A SOUL'S TRUE BEAUTY

Kindness and compassion, distant memories,
silent care drifting to another place.

Patience and love, now faded lines-
a forgotten beauty, lost in a restless sea.

True light lies in your thoughts within,
true strength is patience and quiet grace.

True friendship is the bonds you grow,
true beauty is your will to rise.

A soul blossoms by giving all
to those in need, with an open heart.

Follow your path, trust your pace-
That is your sun, your guiding start.

Listen for the beat of your own wings,
not the noise of others' flight;
reach out, join hands- together we find
how a single bond brings wonders bright.

Let your light shine through your words,
let kindness and care reveal your name;
let your spirit emerge from the shadows,
let your true beauty remain.

– Saathvika P, 7A

THE ART OF SWORDSMANSHIP

A sword is not just steel and shine,
It moves with thought, with heart, with time.
Each careful step, each steady hand,
Follows the rules we understand.

Not strength alone decides the fight,
But focus, patience and insight.
A calm mind guides the blade with care,
Power balanced, firm and fair.

The sword teaches more than skill,
It trains the mind, the heart, the will.
Respect for foe, for self, for art,
Is where true warriors always start.

In every swing, a lesson lies,
Of discipline beneath the skies.
Swordsmanship shapes who we become—
Strong in spirit, calm and brave as one.

— Ashish Pandey, 7A

MY DREAM WORLD

I've dreamed of building a magical place,
where every heart is kind and true.
In this world, discrimination is gone
and every dream can come through.

No poverty here, just liberty's song;
mountains rise and tall trees sway,
even buzzing bees have their space,
with nature's wonders on display.

Pure lakes and crystal rivers flow,
shared by all with care;
no pollution, no confusion,
solutions found everywhere.

People here are honest and kind,
and stealing never crosses their mind.
This is the world I visit each night-
Perhaps someday you'll join me in its light.

– Kavinaya B, 7B

THE CREATURES OF FOREVER

In lands where myths and marvels play,
Creatures of wonder find their way.

The nine-tailed fox, with its gleaming eyes,
Moves like whispers beneath moonlit skies.

The white peacock strides with regal grace,
Its feathers glowing like stars in space.

A timeless beauty, a sight so rare,
An emblem of grace beyond compare.

From ashes, the phoenix takes to flight,
A blazing symbol of endless might.

Its cry echoes through woods unseen,
A flame reborn, forever seen.

They dwell in tales of mystic lore,
Bringing life to the realms we adore.

In every heart these legends gleam,
Woven though time like a vivid dream.

— R Harshitha, 7C

WHISPERS OF THE DEEP

Beneath the waves, in twilight glow,
Where creatures of wonder softly flow,
A world unknown, both bright and vast,
Echoes of ancient tales once lost.

Jellyfish with wings and turtles that glide,
Beneath the moonlit rolling tide,
Whisper secrets of the deep,
Where ocean's mysteries quietly sleep.

In coral coves, where light is shy,
A realm of magic where shadows fly,
Fantastic creatures, strange and rare,
Dance through the crystal air.

The seas tell stories, old and grand,
Of worlds beyond what we understand,
Where dreams take form and magic gleams,
In the heart of the whispering seas.

– Akshita, 7C

IT'S HEAVEN

When the world's noise gently dies,
And kindness fills the air,
It's not a place of distant skies,
But a moment, soft and rare.

Like a breath you didn't know
You held, now letting go,
Heaven comes when time stands still,
And hearts find peace below.

It's heaven in the smallest things,
Warm light through the window's gleam,
A smile that softly springs,
A voice that holds no scheme.

It lives within the quiet pause,
Between our hopes and fears,
No expectations, no applause;
Just peace that draws us near.

– M.C.K. Punithalakshmi, 7D

OH! MOTHER NATURE

**There once was a tree so fair,
Its leaves rustling softly, dancing in the air,
Providing shade, shelter, and food- all for free,
Oh! Mother Nature; so serene.**

**Under the tree lies a world so busy,
With deer and birds roaming, joyful and dizzy.
The land, so rich, so pure, so pristine,
Oh! Mother Nature; so serene.**

**The creatures quench their thirst in the lake,
Water so blue, like diamonds that never break.
The water so clear, so fresh, so clean,
Oh! Mother Nature; so serene.**

**Golden sunlight paints the sky above,
Wrapping the Earth in warmth and love.
A peaceful beauty, rarely seen-
Oh! Mother Nature, so serene.**

– Mysha N, 8A

SILENCE

From room to room, silence drifts,
giving me the joy of being alone-
a gentle peace that soothes my mind,
far from the noise that rattles and shoves.

I'd choose a quiet cabin, calm and small,
over the loudness of disturbance and call.
Silence lets me think and find myself,
more than any crowded, noisy hall.

The water's hush, the whispering air,
greenery and quiet everywhere-
make me wonder, deep inside:
Is there anything calmer than silence to find?
– Shriya Krishnan, 8A

THE REALITY OF A FAMILY

Family is not just people we know-
Family is an emotion that helps us grow.

Parents are the soul of our creation,
relatives add colour, style and foundation.

Family brings more than just fun;
They give us a purpose, a place to belong.

Enemies in a family? There are none-
Love is the gift they give all along.

Families are more than ordinary friends;
They're special bonds that never end!

– Nishwanth V, 8A.

LESSONS BEYOND THE STICK

One day, while I was walking along a road, I noticed a group of people practicing Silambam. Curious, I stopped to watch them. The rhythmic sound of the sticks, the speed of the movements, and the discipline of the performers instantly attracted me. That simple moment sparked my interest and became the beginning of my journey in Silambam.

Soon after, my parents were advised to enroll me in Silambam classes. In the beginning, I felt nervous and unsure of myself. However, as I continued attending classes, my fear slowly disappeared. Through regular practice, determination and the constant encouragement of my parents, I began to improve. My master played a crucial role in shaping my skills and character, guiding me with strict discipline and patience.

My master always emphasised on punctuality, focus and self-control, teaching me that true success comes from consistency and dedication. One of the most challenging moments of my journey was during a Guinness World Record attempt, where I had to continuously spin the Silambam stick for three hours without stopping. My hands were bleeding and the pain was unbearable. Many people thought it was impossible, but I stayed mentally strong and completed the challenge successfully. That experience taught me a powerful lesson that pain is temporary, but achievement lasts forever.

Following this achievement, I took part in many competitions. I participated in an international-level Silambam championship in the Under-12 category, where I delivered an outstanding performance and won the overall championship, along with one gold medal and one silver medal. I was also honoured with the Best Candidate award at the end of the tournament.

In another important event, I once again competed in the Under-12 category, where I surprised everyone by defeating several top competitors and emerging as a winner. These victories boosted my confidence and strengthened my belief in hard work and perseverance.

Silambam has shaped not only my physical strength but also my character. It has taught me discipline, patience, courage and resilience. Every challenge I faced made me stronger and more focused. Today, I proudly continue my journey in Silambam, carrying forward the lessons I have learned and striving to achieve greater heights in the future.

– V Akshay, 8A

A NEW NORMAL

I blinked; I did not know my world had just turned upside down. "Anaemia?" I asked myself. What even is that?

I remember the doctor explaining it. At the time, I was just confused, oblivious to the trouble it would bring. That night, I sat on my bed and picked up a book, trying to drown out the day. My parents weren't exactly secretive; I could hear them talking in the next room.

My eyes stayed locked on the pages, but my mind drifted.

Eventually, my mom came in to explain. She told me our bodies need many things to stay healthy: proteins, minerals, and then something that stuck with me: "Red blood cells. In some people, they don't get generated correctly. And sometimes haemoglobin, the thing that carries around oxygen, gets low, meaning the person has less oxygen in their body.

"Okay..." I prompted.

"And that's what anaemia is," she said, searching for the right word. "And that's why you've been feeling so... weak."

Even though it's been more than two years, the details still remain sharp. That night, my mom packed a bag, and Dad was already behind the wheel before my slow brain caught up. We were going to the hospital. It was huge-more like a five-star hotel-but the smell hit me the moment we entered: sanitiser mixed with a scent I still can't quite name, though now I'd recognise it anywhere.

While we waited, I found a beautiful fish tank and spent several minutes staring intently at the water.

"Aksh... shaya?" The mangled pronunciation of my name startled me. The next thing I knew, we were in a tiny-and I mean tiny- room. Oh well, at least the bed was nice.

Mom and Dad went to speak to the doctor, just as the nurse asked me to come to the nurse's station.

My mom signalled me to follow the nurse, and we both thought it was routine vitals, blood pressure, weight and height. I followed the nurse and tried to climb onto the exam table, but my legs betrayed me by being too short. I hauled myself up, settling in an uncomfortable position.

A voice behind me asked for my palm. I obliged; who was I to refuse?

I realised then that this wasn't a blood pressure cuff. My heart began to thump, making me painfully aware of my own fear.

"Hold still," a voice whispered.

Still? I was a statue. But that didn't stop the pain. It felt like they were burning me with a hundred needles at once. Maybe they were; I didn't look. Seeing it always makes it worse. Since then, I've had nurses make me laugh while putting IVs in my arm, my neck, and even my foot once. But back then, I didn't know what to expect. That's a story for a different time.

Anyhow, it felt like light-years passed before they finished probing my arm. Back in the room, I fought the compulsive urge to rip the IV out.

My dad had left, and our dinner arrived. For anyone with dietary restrictions, the food is incredibly bland. Imagine *idlis* dipped in sanitiser instead of sambar. That's how bad it was!

The night passed in a blur of beeping machines and the sound of a squeaky cart rolling through the halls. When I woke up, the lights were blinding. Two nurses filled the room, dragging in what looked like a coat hanger on wheels. I only woke up because it sounded like they were wheeling in a protesting ghost. One of them held a bag of something. I was too groggy to register what it was until I saw the deep crimson red. I sat bolt upright. It was a blood bag.

They hung the blood bag and whipped out a long tube. Gingerly, I handed over the arm with the IV line. What happened next felt like being caught in a tornado. A million thoughts swirled in my brain; I saw flashes of huge drops of blood and realised I couldn't breathe. I gasped, my chest heaving. It felt like I was running from a bear, but there was no bear. Run, run! my brain screamed. But there wasn't any bear! "You're having a panic attack," a soft voice whispered.

"Panic... attack?" I repeated, looking blindly at my mother.

To this day, I don't know if I calmed down because naming the scary thing made it less scary, or if I was simply relieved to realise I wasn't having a heart attack. The next few days were a blur. A lot of stuff was pushed into my body, and once I had reacted to a bag of blood, and they had to take three syringes of blood from me (why put it in me if they had to take it out anyway!), and they pumped me with bags of blood until my hands looked normal. Going from pale white to bright red, I kept thinking I was turning into a tomato. 'Normal' still looked weird, and the recovery made me even hungrier.

But the blood and food aside, we still didn't know the cause. The next day, the doctor came in to talk to my mom. He turned to me: "So, at twelve today, you'll get a bone marrow aspiration". Basically, they were going to open me up and get some marrow to see why my body was tangled like a fish in a net.

As soon as he left, I felt like the bear was chasing me again, but I calmed myself down. Around 10 o'clock, my dad arrived with juice! I had never been so grateful for a tiny carton in my life. We played cards and other games my brain has since erased, but my subconscious kept counting down; I had had an hour more for the procedure. As they wheeled me into the waiting room, I saw the anaesthesiologists and realised I was more scared of the anaesthesia than the procedure. The doctor was a chill guy. I blinked —that's all I remember.

The next thing I knew, something was pushing oxygen into my nose, forcing me to breathe. A blood pressure cuff hugged my left hand; a heart-rate monitor clipped my right. My mother told me it was over. Apparently, as I woke up, I asked some pretty stupid things, including: "Am I alive?", "Am I still in this world?" and "Do you remember Harry Potter?"

A few weeks later, the reports came out. It turns out I have a rare genetic condition. I left the hospital, for now, to take time to recover from the aspiration. For those wondering- yes, I am fine now. But it wasn't without going back to the hospital every month, for nearly two years. The following year, I received a long-awaited bone marrow transplant. It has been a bit more than two years since that diagnosis, and it turns out, I'm still alive.

– Akshaya, 8A

MY SCHOOL

Each day I walk to school with
hope inside my heart.

The bell rings through the
morning air— a brand new day
can start!

My teacher greets me with a
smile and helps me when I fall.
I learn and grow and do my best
inside my classroom hall.

My friends laugh right by my
side; we share both joy and rule.
I feel safe, seen, and proud— that
is my lovely school.

— Nishwanth V, 8A

THE SCENERY OF WATER

At dawn the water learns the colour of the sky,
Soft blues drifting into gold on high.
As if the sun had whispered, from its place
above,

Its first secret to the earth with gentle love.
The river lies still for a moment, so clear,
Holding the reflection of clouds drawing near,
Like fragile thoughts not yet spoken aloud,
A quiet promise wrapped in a silver cloud.
Trees lean closer to the bank's gentle line,
Their shadows trembling in morning's sign.

Leaves murmuring stories to the flow,
Old tales of rain, of roots below.
A breeze passes, gentle and slow,
And the water answers in ripples that grow.
Circles spreading like quiet laughter's gleam,
Waking the world from its silvery dream.

– C. Sri Krishna, 8B

NATURE

Nature awakens with golden light,
Adorning dawn with colours bright.

Trees murmur stories on the breeze,
Petals unfurl with graceful ease.

Rivers serenade as they gently roam,
Mountains shimmer in tranquil chrome.

Birds compose verses across the blue,
Nature endures as days renew.

– C Srikrishna, 8B

WHEN FEELING BECOMES A FLAW

When was the last time you listened to your heart instead of correcting or silencing it?

Imagine this scene. You are with a group of friends, and all of you are chilling out during the substitution period. One of them cracks a joke about you, and all the others burst out in laughter. Time slows down, only for you. Because for you—that joke went just a little too far. They laughed at your expense. You debate whether to laugh it off, like you’ve always done, or to finally open your mouth and express that you’re not okay with what just happened. You decide on the latter, and everybody immediately stops laughing and gives you a shocked, uncomfortable, awkward stare. Instead of the ideal “You’re right. We’re sorry, we shouldn’t have done that”, you get a “You’re too sensitive for your own good. You can’t take simple jokes, you’re just too much.” You instantly regret it, but deep down, you know that this is not the response true friends would give you.

When was the last time someone called you “too much”?

Too intense. Too emotional. Too deep.

Just for being true to your feelings and emotions, we get labelled as ‘too sensitive’. We admire those who appear calm, composed, always happy, and never get angry. In reality, these people are 99% “detached”—avoiding the real feelings that arise in them because they are quick to push them down. (I have a few people in mind) This is not to say these people are bad or wrong. The point is that society as a whole creates this stereotype: people who are deep and actually feel things, are ‘difficult’ and ‘cannot be handled’. Now the real question is, why do we admire such people? Why do we mistake numbness and their constant rejection of self as maturity? When was the last time someone said, “I’m not okay,” and meant it, and wasn’t judged by a hundred different people?

Let’s go back to the scene at the start. Upon debating whether to gulp it all down and look happy or to express themselves, most people at most times, choose the former. Repeatedly doing this in all situations (whatever it may be), leads to a person’s entire personality changing—permanently. They speak softer, speak less, and eventually, they feel less. They become an edited version of their original self. Depth is not a flaw. Intensity isn’t wrong. It helps you understand yourself, explore your other half, which makes you ‘whole’. Happiness, laughter, joy and all the other so-called “positive emotions”, are only ‘half’ of you.

So the next time you are in a conflict, whether to discover yourself, or to re-mould yourself in a way that suits people around you, ask yourself this:

Are you really too much — or just too REAL for a world that prefers comfort and familiarity?

– Pragati D, 9B

THE WORLD THROUGH WHICH I CAME...

No matter what happens or how I may act,
My love and appreciation for you is an eternal fact!
It is a bond that spans through years,
through laughter, worry, smiles and tears!
When I look into your eyes that are filled with affection,
I get immense inner strength that lets me strive for perfection!
I love you so much, it's a love so pure, so unconditional and so true!

– Sivatmikha V, 9B

WAR

A soldier walks through fields of stone,
Names engraved, but stories unknown,
He lays his rifle by his side,
Regretting the pain he caused and cried;

A child sits where his home once stood,
Now a heap of ash, brick and wood,
Subdued by sobs, sorrow and shattered trust,
With his childhood lost and dreams all crushed;

A mother stands all day by the door,
Awaiting the return of the son she adored,
A soldier whose life was lost in a senseless fight,
And all she gets is a folded flag and praises of his might;

Now imagine a world where war has no place,
Where people don't build bunkers 'just in case',
A world of happiness, peace and calm,
Where everyone sleeps through the night without alarm.

A world where children can be kids, with no thoughts of
death,
And no fear of taking their final breath,
Why should we go to war for a politician's greed?
Let us embrace our fraternity and let the world be freed!

– Diyavarshita J, 9B

THE SCREEN

We sit behind a screen,
lost in the glow- serene.
“Graphics are clean,”
we whisper to the screen.

Outside, the sky is seen,
vast, reckless, evergreen.
No engine in between,
no evil-hidden mean.

Yet here we stay routine,
eyes glazed in bluish sheen.
Hours slide in between,
quiet, dull, unseen.

Still, I'm not pristine,
I haunt the same machine.
We hide in this routine,
for reasons half unseen.

But sometimes leave the screen,
step out of routine.
Go outside... touch grass, breathe green,
Then drift back to the screen.

– Sanjay Durgaprasad, 9B

THEY GET TO SKIP THE LINE!

Play out this scene in your mind. You are standing in a queue to order food at a restaurant. It has no signboard. No written rules. Just an implied understanding that everyone waits their turn. The line moves slowly; this is a famous restaurant and the menu is said to be very long. You watch the people order ahead of you. Every minute in line increases your hunger.

Then someone walks past, wearing flashy clothes, gold ornaments and they walk with a sense of entitlement. Not hesitating—just walking straight to the counter. You listen to the room go silent as jaws drop. A hushed conversation happens at the counter involving the manager. You hear an “Of course, anytime for you, Ma’am”. A few selfies are taken.

And suddenly, they are the first in line. They are ordering their food. No one shouts or objects. There is no explanation from the staff. The line simply adjusts.

PRIVILEGE rarely makes a dramatic entrance. It doesn't always look like power or arrogance. In most cases, it looks ordinary. To the one who has such privilege, it sounds like, ‘I just asked.’ To the one who doesn't, it feels like, ‘Wow, they had that option.’ It makes them wonder whether they would have done such a thing, even if they had the privilege. In most cases, the person using it doesn't pause to consider how it affects someone else. Having access is not wrong. Being fortunate is not a flaw. Advantages exist everywhere. So, the question is not whether privilege exists. The real question is how it is used. The line between using and misusing privileges is thin and blurred, and to the person having the opportunity to cross this line, the line is invisible. What makes privilege complicated and unfair to those who don't have it, is its ‘subtlety’. It does not seem to break rules, because such rules don't exist. The “breaking of this rule” here means using your privilege to get something that everyone else is working hard for. And because no one is directly harmed in an obvious way, simply watching what happens without having the power to do anything becomes easier than speaking up against it. But fairness is not just about following what everyone else has to do to get to the same place. It is about whether everyone began at the same place — and whether everyone had the same chance to move forward.

If you were offered a shortcut in a race that was not even meant for you in the first place, would you take it without hesitation just for the medal?

Would you convince yourself that it was harmless?

Or would you stop and ask who remains behind you? The one who actually worked hard to run that race.

Privilege is something to be aware of. Because the true measure of character is not whether you have an advantage, but what you choose to do with it.

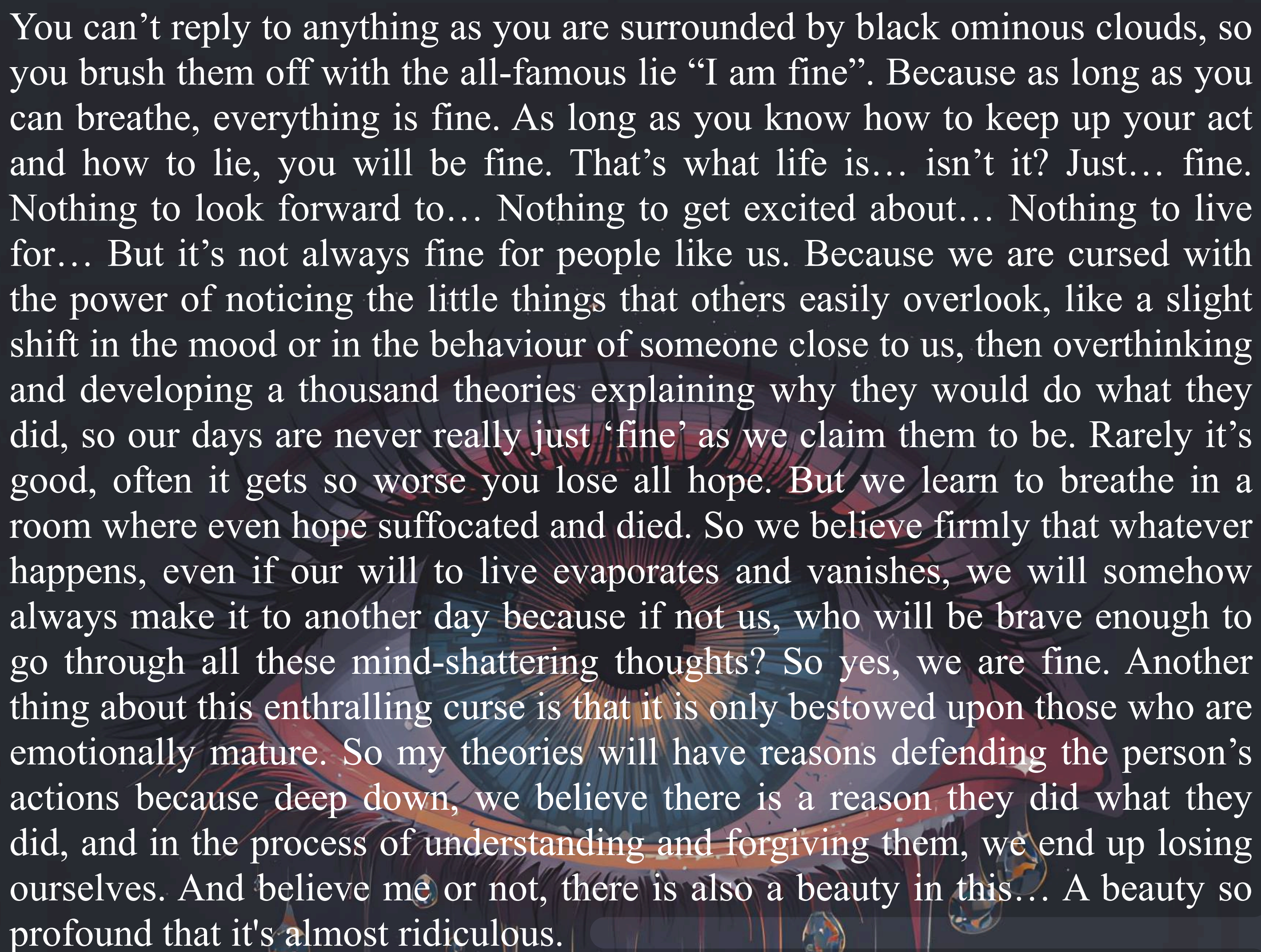
– Pragati D, 9B

BEAUTY IS PAIN

Isn't everything beautiful? Isn't everything meant to be felt and not just looked at? Isn't that the reason why they exist in the first place? Darkness, fear, nightmare, sunshine, daisies... aren't they all enchanting in their own ways? Yes, yes, they are. Some things are too beautiful, but the trick is that their beauty is reserved for those who see and not just look. Who observe and not just gaze. Their magic is invisible to the naked human eye... It can only be felt by those who are fluent in the art of observing and feeling deeply. People, after hearing all this, think it's a boon to have such a talent, but really, it's a curse... a curse that robs you of your sleep and peace... When everything is sunshine and lilies, why observe the beauty of nightmares? Why think about things that leave a scar in your soul? Why call upon yourself depressing thoughts, and shrink away from the light of the world? This is what it does to you. This numbing void it creates in your soul will never be fulfilled. Never. Not by anyone's love or friendship or care. It's just you versus all the good things in the world. Because, as they say, beauty is pain.

The phrase 'beauty is pain' is a coin, and all this time, we have only cared to look at one side of it, foolishly relating it to mere physical appearance. But it's the simple act of flipping it over, to get exposed to a whole new universe of thoughts you have never cared to think over, and really, it's a blessing. A blessing that you are too focused on living your life to think these thoughts. A blessing to not be me. Because my train of thought somehow led me here... A limitless, bottomless pit of dark and deep thoughts that keep running in the back of my mind, words I can clearly see, white blurred ones etched in dark space, whenever I close my eyes. Beauty is pain. And it is a great pain to be able to see beauty even in the most ridiculous, pathetic things. And the most painful reason is that you can't confide these overwhelming, overflowing thoughts to anyone else. Because then, you'd be trying to put out their candle with your darkness, your coldness and numbness.

But the thing is, it's not constant. You are alright in the day, when the sun is high up and people surround you, silently expecting you to smile and joke around, as nobody wants to be the therapist when they themselves need therapy. But it creeps in when you finally come back home, carrying you to a deep, dense place, far away from reality and your family's concerned looks and continuous questions of "Are you fine?" and "What's wrong?"



You can't reply to anything as you are surrounded by black ominous clouds, so you brush them off with the all-famous lie "I am fine". Because as long as you can breathe, everything is fine. As long as you know how to keep up your act and how to lie, you will be fine. That's what life is... isn't it? Just... fine. Nothing to look forward to... Nothing to get excited about... Nothing to live for... But it's not always fine for people like us. Because we are cursed with the power of noticing the little things that others easily overlook, like a slight shift in the mood or in the behaviour of someone close to us, then overthinking and developing a thousand theories explaining why they would do what they did, so our days are never really just 'fine' as we claim them to be. Rarely it's good, often it gets so worse you lose all hope. But we learn to breathe in a room where even hope suffocated and died. So we believe firmly that whatever happens, even if our will to live evaporates and vanishes, we will somehow always make it to another day because if not us, who will be brave enough to go through all these mind-shattering thoughts? So yes, we are fine. Another thing about this enthralling curse is that it is only bestowed upon those who are emotionally mature. So my theories will have reasons defending the person's actions because deep down, we believe there is a reason they did what they did, and in the process of understanding and forgiving them, we end up losing ourselves. And believe me or not, there is also a beauty in this... A beauty so profound that it's almost ridiculous.

There is such intimate beauty in the way we try to understand and defend people as if they were our long-lost soulmate. We trust everyone and no one at the same time. We love everyone and hate everyone at the same time. We try fiercely to understand every human being because, as we are accustomed to the darkness, we see beyond the darkness that people carry around them. The dark clouds they wear like armour to protect themselves from the outer world is stripped naked by our eyes, as we are so used to finding the light within the darkness. We are able to see the magic people carry within themselves and understand too much about the world to peacefully spend an evening without any thoughts. But that is the beauty. The beauty of knowing too much. The beauty of feeling too much. And even if it comes with coldness, pain and numbness, I would never trade it for the world. To think, trading this ability to spend the rest of my life as a happy fool, ignorant of the truths and beauty of the universe, just baffles me.

Never.

– Harini Rajkumar, 9B

KINDNESS: A HUMAN CHOICE

We often live in a world that treats kindness as a soft skill, a luxury we can only afford once we've climbed the ladder of success and secured our own interests. We are taught that life is a competition, a relentless grind where the fastest and most ruthless are the ones who cross the finish line first. But if we stop to look closely at the architecture of our society, we realise that kindness isn't a decorative extra; it is the structural support that keeps everything from collapsing. It is far more than just a polite smile or a thank you to a cashier.

True kindness is a radical, deliberate choice to see the humanity in another person, even when it is inconvenient, and even when we are exhausted. It is a biological necessity that has kept the human race alive for millennia, as our brains are literally hardwired with a Helper's High—a release of oxytocin and dopamine that rewards us for looking out for one another. This isn't just a moral suggestion; it's an evolutionary strategy. If we weren't designed to be kind, we wouldn't have survived the harshness of the prehistoric world, and we certainly won't survive the complexities of the modern one without it.

There is a vital distinction to be made between being nice and being kind, a nuance that often gets lost in high school social circles. Being nice is often about compliance; it's about following the social script, being polite to avoid conflict, and staying within the boundaries of etiquette. Kindness, however, is empathy in motion. It requires us to step outside of our own internal monologue and actually observe the people around us. It is the quiet strength of noticing a classmate who is struggling in silence and offering a seat or a kind word without being asked. This form of kindness doesn't wait for a grand stage or a heroic moment. We often make the mistake of thinking kindness must be a massive gesture—a huge donation or a life-saving act, but its real power lies in the micro-moments. It is the text sent to a friend who has been quiet lately, the decision to withhold a sharp comment when someone makes a mistake or the patience shown to a teacher struggling with technology. These small pebbles create ripples that extend far beyond our sight, often changing the internal weather of everyone they touch and starting a chain reaction of decency that can span an entire day.

However, the true test of this virtue isn't when life is going well; it's when things are falling apart. It takes an immense amount of emotional maturity to be kind to someone who is being rude to you. In those moments, kindness becomes a form of discipline. It is the realisation that a person's lashing out is usually a reflection of their own internal battle and has nothing to do with your worth. Choosing to respond with grace instead of fire is an act of power, not weakness. It demonstrates that you are in control of your character, whereas the person being unkind has lost control of theirs. This discipline must also be extended inward. Many of us are experts at being kind to strangers while being absolutely brutal to ourselves. We have an internal critic that says things to us we would never dream of saying to a friend. But you cannot truly pour from an empty cup; your kindness must also include yourself, allowing for mistakes, rest and self-forgiveness.

In our current digital age, where anonymity often brings out the worst in human nature, kindness has become a form of quiet bravery. It is incredibly easy to be snarky or judgmental behind a screen, where the person on the other side feels like an abstraction rather than a human being. In this context, being supportive, or even just being silent when you could be cruel, is a revolutionary act. As we move through schooling and look toward our future careers and lives, we will be told that we need to be competitive to survive. While ambition is important, it should never come at the cost of our humanity. Kindness is the ultimate soft power. It builds bridges where there were walls, heals wounds that medicine cannot reach, and costs absolutely nothing to give. It is the most valuable thing someone can receive, and at the end of the day, it is the only thing that truly makes the journey of life worthwhile. We are all just walking each other home, and the least we can do is hold the light for one another along the way.

– R Advika, 11C

A WORLD BUILT ON TRUST

Trust is a fragile thread
that binds each wandering heart,
an unseen force that holds our hopes
and keeps our lives from drifting apart.

Without trust, even the kindest words
may slowly turn unjust,
and the hopes we carry deep inside
may crumble into dust.

Trust is the silent backbone
of every bond we share,
a quiet, steady promise
that someone will always be there.

Like a small seed planted in faith,
It grows with patience and time,
spreading roots of understanding
that gently help hearts align.

But when we fail to feel another's pain
or see life through their view,
the trust we once held carefully
slowly slips from me and you.

Trust is like a shooting star,
rare, radiant and bright,
a fleeting spark of wonder
that guides us through the night.

Guard it gently, hold it tight,
for once it's lost, it's hard to mend.
Build your world with truth and trust
And let true hearts stand till the end.

– Shloka and Shikaa, 9C

CLIMATE ACTION CONFERENCE



History will not remember our generation for what we felt about climate change. It will remember what we understood and what we did. At the Climate Action Conference conducted by the Climate Reality Project, we undertook two focused research inquiries that revealed how climate change operates not only in polar ice caps and distant oceans, but in the streets we walk and the ecosystems we seldom see. Our first study examined the effect of heat stress on stray animals, an increasingly urgent issue in rapidly-warming urban environments. At Almighty Animal Sanctuary, we interviewed veterinarian C. Anand, who explained the physiological mechanisms of heat stress. When ambient temperatures rise beyond an animal's capacity for thermoregulation, especially in species that rely primarily on panting rather than sweating, internal body temperature escalates rapidly. This leads to dehydration, electrolyte imbalance, organ strain, and in severe cases, multi-organ failure. He taught us to identify clinical signs such as excessive panting, drooling, disorientation, vomiting and collapse. We learned that asphalt temperatures can far exceed air temperatures, causing both burns and accelerated heat absorption. To understand preventive action, we interviewed Mr. Samaran Thamarai from Blue Cross of India. He emphasised structured compassion. Simple interventions such as placing clean water bowls in shaded areas, creating temporary shelters, avoiding midday feeding drives on heated surfaces and spreading public awareness can significantly reduce mortality. Climate resilience, we understood, begins with local responsibility.

Our second research focus addressed coral acidification. In discussion with Professor Shekar Mallick of Jawaharlal Nehru University, New Delhi, we explored the chemistry of the carbon cycle. Anthropogenic carbon dioxide emissions dissolve into seawater, forming carbonic acid. This reaction reduces ocean pH and decreases carbonate ion availability, which corals require to build calcium carbonate skeletons. As acidity increases, calcification rates decline, reef structures weaken, and entire marine food webs are destabilised. Coral bleaching and reef degradation are therefore not isolated events but biochemical consequences of atmospheric imbalance. Our conclusion was deliberate and evidence-based. Climate damage compounds through accumulated neglect. Yet positive action compounds through accumulated responsibility. A bowl of water, a reduced emission, a conscious choice. Small acts scale. Protection of our shared world is not symbolic. It is structural. And it begins with informed action.

– Hitesh Kumaar K & Puviyoli DM, 11A

BUT WHY

On a wide land of ice,
a penguin stands still.

Not lost.

Not found.

The world tells him
there must be a reason,
but the wind never explains itself,
and still it moves the sea.

He looks at the sky,
empty and endless,
like a question
that forgot its answer.
They say life should mean something.

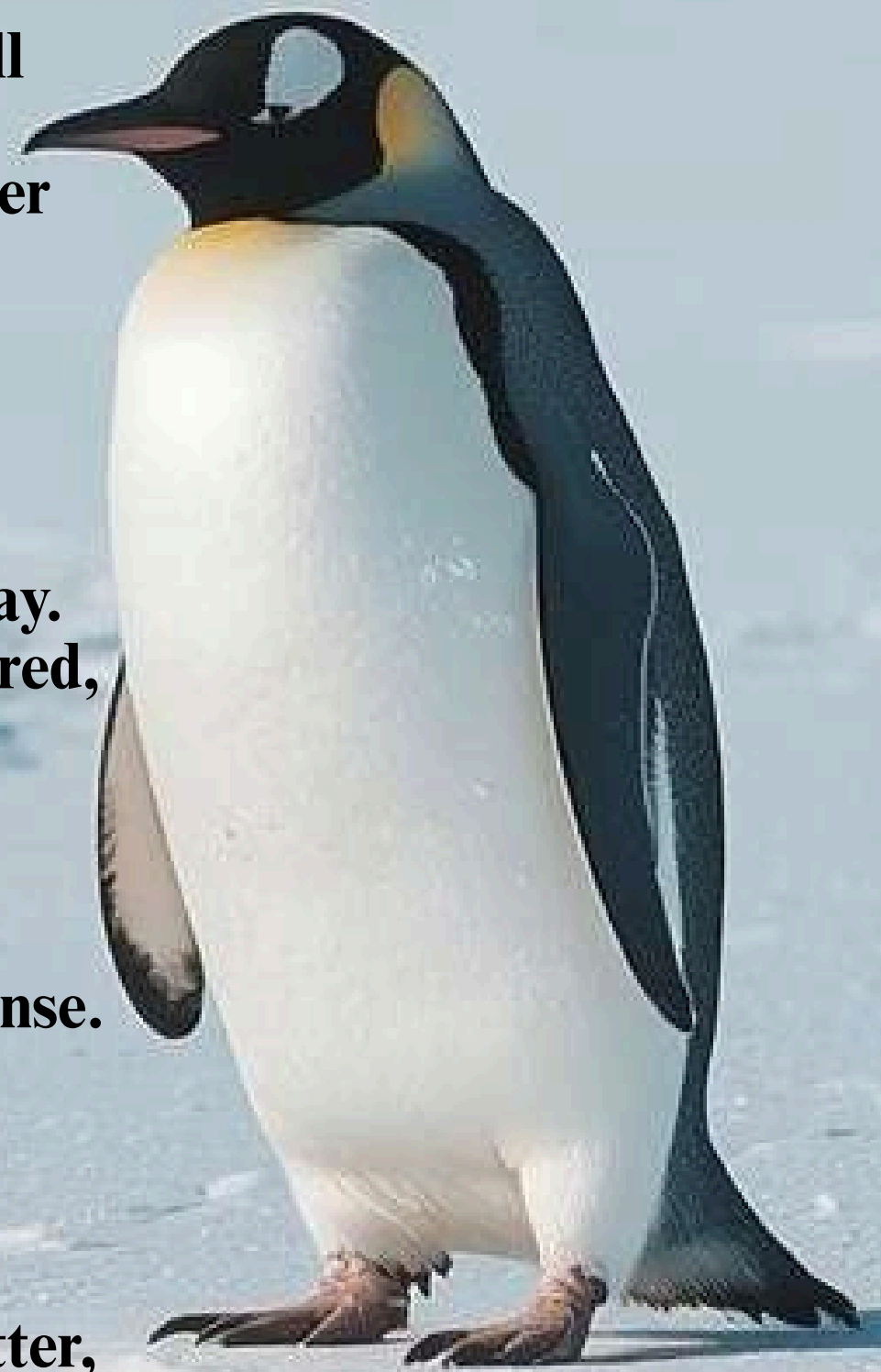
But snow falls
without meaning,
and it is still beautiful.

The penguin walks.
Not because he hopes,
not because he believes,
but because standing still
hurts more.
Every step is a quiet prayer
he does not believe in,
yet keeps saying
with his feet.

Rumi once whispered
that the soul knows the way.
So even when the mind is tired,
the body remembers
how to go on.
The ice cracks.
The night stays long.
Nothing suddenly makes sense.

And yet
he is still here.
If you ever feel small,
like your feelings don't matter,
remember this:

Even a life
without meaning
is still a life
that feels.
And that feeling
is enough
to make the world pause
and grieve with you.



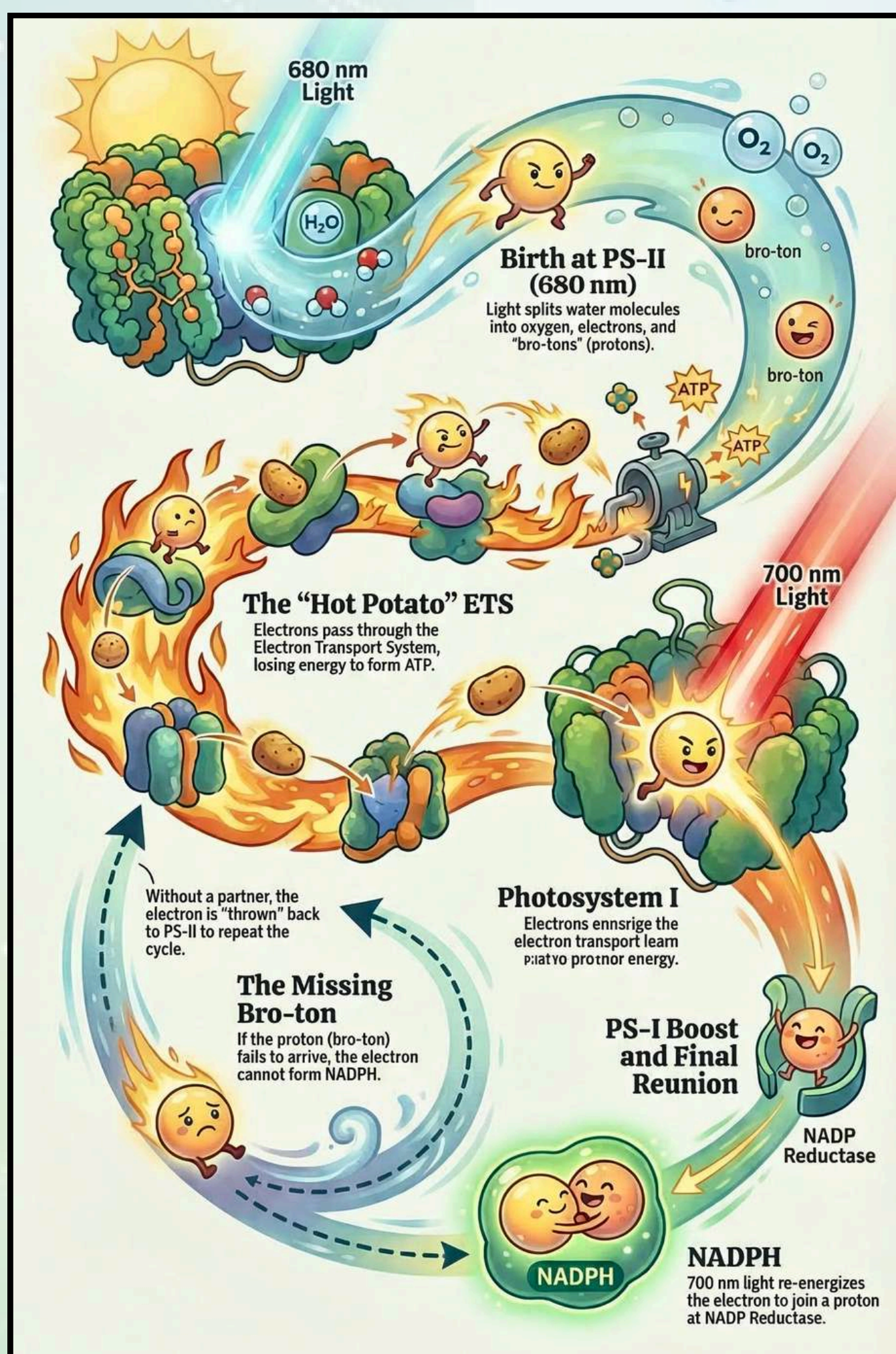
THE GREAT CHRONICLES OF PHOTOSYNTHESIS

Prologue

Hi! I'm an electron. Although I'm a teeny-tiny microscopic guy, my atrocities can cause wonders. Don't believe me? Just listen to my story. Welcome to the realm of photosynthesis, the simple yet complicated process driven by a small guy about the size of 2.8×10^{-15} m, which helps plants cook food for themselves—and for the entire world. I guess that's too much for the prologue, it's time for you to know my story...

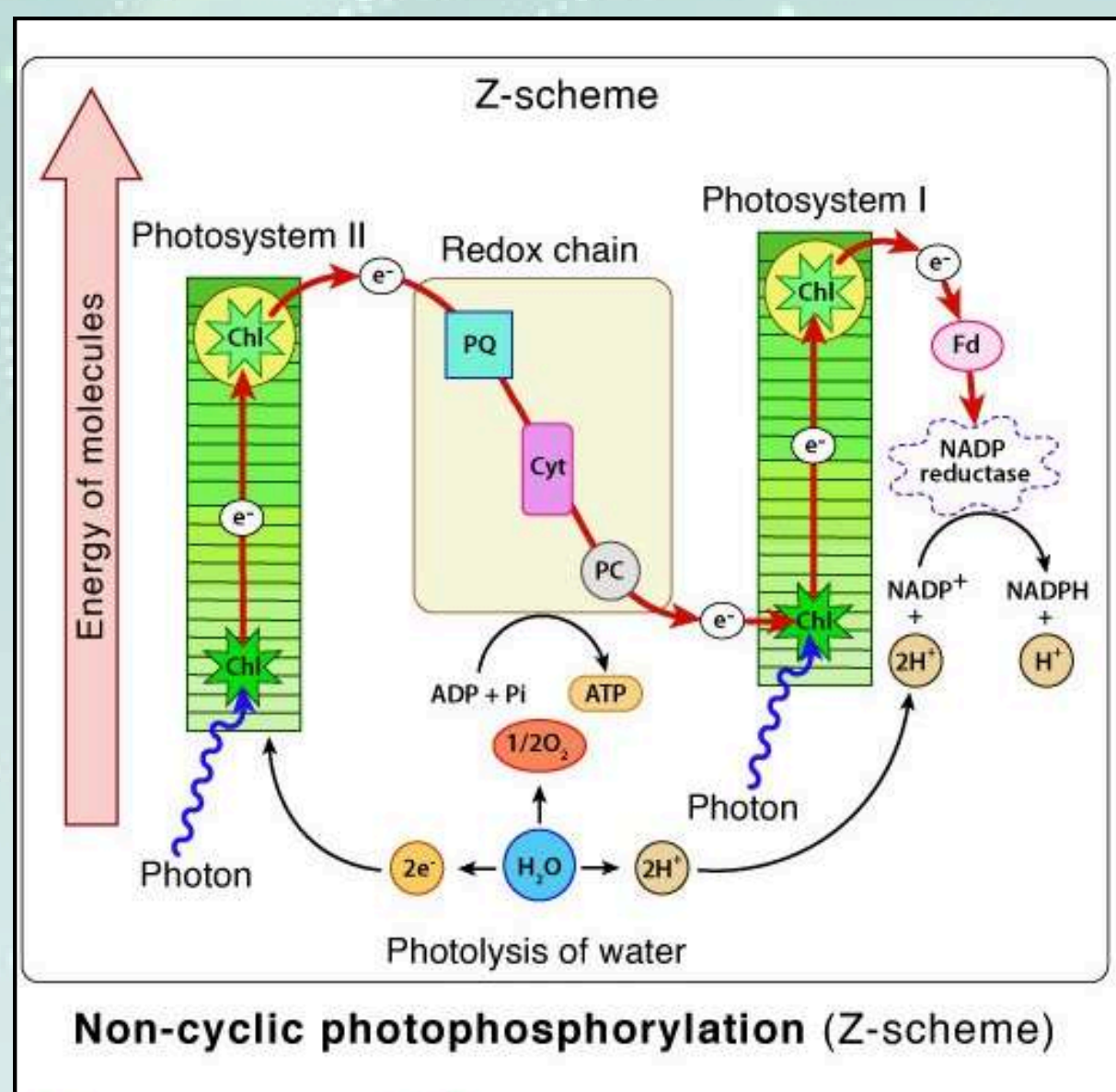
Chapter 1 – My Birth

My birth itself has a reason (meaning, I have a purpose to live my life), and that reason is of the utmost importance—to replace my ancestors (they're electrons too) that were removed from PS-II (a.k.a Photosystem II). Now, coming to the question: how was I born? Well, my parents are fiery guys. My dad H_2 —a great fuel for any combustion reaction. My mom O_2 —combustion happens only if she's present. But when they are together, they're peaceful as H_2O (😄). Anyways, when a monochromatic light of 680 nm from the sun hits my parents, they split and separate to form me and my bro-ton (brother-proton). I don't really care about that guy because as soon as we're formed, he leaves me and moves into the lumen. But me? I'm excited (always). My energy's high, my path is lit, ready to cause new trouble and undertake new adventures. And so, from the inner side of the thylakoid membrane, my journey begins...



Chapter 2 – Hot Potato

Have you watched kids play "Hot potato", where they pass the potato because they can't endure the heat? That's exactly what happens to me. After I'm born, I jump, yes, jump and land at a guy called the Light Harvesting Complex (the primary electron acceptor). But that guy's a conservative; he can't handle energetic people like me. So- he throws me!!! And what's more irritating? - the other guys in the ETS (Electron Transport System) use the energy I lose during this journey to form the so-called hero "ATP" (I hate that guy. He's just overrated). Anyways, I'm the potato here. I keep getting thrown back again and again until I reach another LHC, Photosystem I (PS-I).

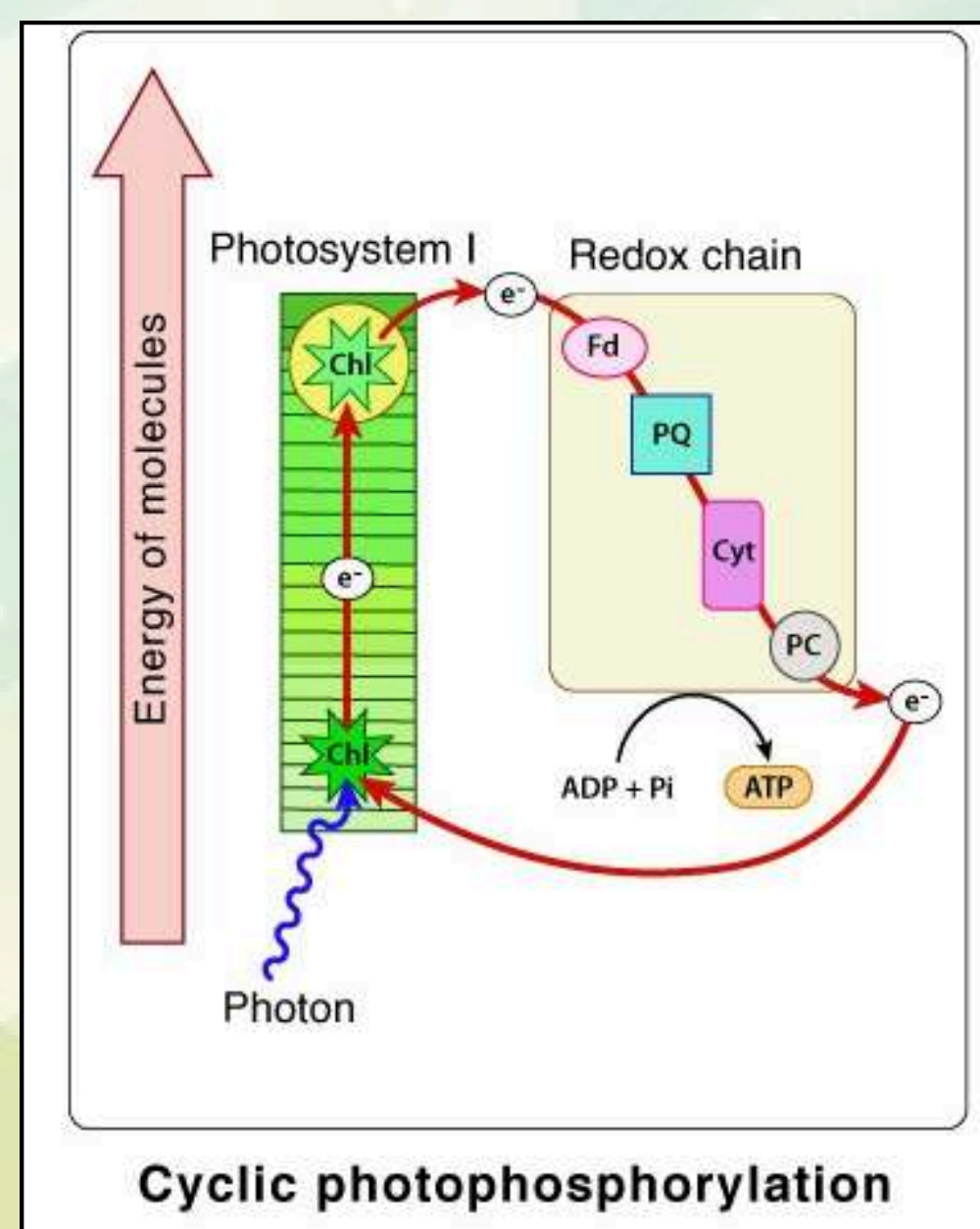


Cyt - Cytochrome b6f PC - Plastocyanin Fd - Ferredoxin PQ - Plastoquinone Chl - Chlorophyll

By now, my battery's almost dead, but suddenly another monochromatic light of 700 nm hits me. Boom! Energy boost. That's when I jump to NADP Reductase. NADP Reductase!!! I love this guy. Only he has the capability and brilliance to handle someone like me. And guess what? This is the only place where I get to meet my bro-ton again. If he manages to survive his own obstacles and reach here, NADP Reductase uses both of us to make NADPH. But... well... there's always a but.

Chapter 3 – The But

But... if my bro isn't lucky enough to reach here, things get complicated. Basically, I have to work more. I've travelled all the way from PS-II to PS-I, doing my job perfectly. But my bro-ton had one job- to just come here.... and he can't!!! In that case, even my good old friend NADP Reductase is helpless. Without my bro, he can't use me. So he too... "throws me." And I fall back into the hands of PS-II. Ah, cruel world. And the cycle repeats again... and again... and again... (😭)



Cyt - Cytochrome b6f PC - Plastocyanin Fd - Ferredoxin PQ - Plastoquinone Chl - Chlorophyll

Epilogue

Anyways, that's basically it. I start my life separating from my parents and end my life binding with my bro-ton—or my cycle just goes on forever if he's late for his school bus. And if you want to know the story about my bro-ton (you definitely don't want to hear the story of a dumb guy), just check the Chemiosmotic Hypothesis. Don't believe whatever he tells you about me, though. That's it for today. Will see you in some other reaction...

- Mukesh Krishna P S, 11A

RENAISSANCE OF RECKONING

Beneath an ethereal sky, we dwell,
Where dreams, ephemeral, rise and fell.
Evanescent hopes, like dew on thorn,
Dissolve at the breaking of each new morn.

They implore us, with verses spun of mist,
To gaze above, as if to resist
The murky stains of blood on hands,
While suffering seeps through shattered lands.

Consonant cries echo through hollow halls,
Assonant moans line the battered walls.
Yet they persist—"Look yonder, aspire!"
As if hope alone could quench the fire.

Perhaps the clouds invite a gentle sway,
while distant cries drift softly, far away.
No verse can revive the lives we've betrayed,
No rhyme can absolve the debts unpaid.

Let us not dream as our brothers fall,
Nor sing of peace while ignoring the call.
For action, not reverie, must mend the world's seam,
Too long, too long have we slumbered inside this dream...

– M. Mahdeeya Fathima, 11A

மொழி ஆத்திசூடி

அன்னை சொன்ன மொழி
ஆதியில் பிறந்த மொழி
இணையத்தில் இயங்கும் மொழி
ஈடிலாத் தொன்மை மொழி
உலகம் போற்றும் மொழி
ஊர்சூடி வியக்கும் மொழி
எட்டுத்திக்கும் ஒலிக்கும் மொழி
ஏற்றம் தரும் மொழி
ஐம்பெரும் காப்பியங்களுடைய மொழி
ஒன்பது கோள்களுக்கு உகந்த மொழி
ஓசை பலகொண்ட மொழி
ஒளவையை அறியச் செய்த மொழி
~ அஃதே நம் தமிழ்மொழி ~

-சி.மு. நறுமுகை, 9B

காலம் உன்னுடன் வராது

ஒருவன் வாழ்க்கையில் உயரேவண்டும் என்றால்,
அவன் அதற்காக உழைக்க வேண்டும்.

நேரத்தை வீணாக்க கூடாது,
காலம் எந்நாளும் உன் பின்னால் வராது.

உனக்கு நீ மட்டும்தான் துணை,
அதனை நினைவில் வைத்துக்கொள்.

உனது வேலையை நீ மட்டும்தான் செய்யவேண்டும்,
மற்றவரின் உதவியை எதிர்பாக்கக்கூடாது,
காலம் எந்நாளும் உன் பின்னால் வராது.

யாரையும் ஏமாற்றுதல் வேண்டாம்,
ஏமாறுவதும் வேண்டாம்.

உன்மேல் நம்பிக்கை வைத்து முன்னேறு,
கண்டிப்பாக ஒருநாள் சாதிப்பாய்.

யாரையும் கண்டு அச்சம் வேண்டாம்,
தடைகளைத் தாண்டி முன்னேறு.

"காலம் எந்நாளும் உன் பின்னால் வராது,
நாளைய உலகம் உந்தன் கையில்....."

- க. வைபவ் ராம், 8C



கல்வி தமிழ் கவிதை

மண்ணில் பிறந்து பயன்பெற,
மதியைத் துலக்கும் கல்வியைப் பெறு.
அறிவால் உலகை வெல்லலாம்,
அகந்தையைத் தூரத் தள்ளலாம்.
புத்தகப் புழுவாய் மட்டுமல்ல,
புத்திக்கூர்மையுடன் சிந்தித்திடு.
கல்வி என்பது ஏட்டுக் கல்வி அல்ல,
கற்கும் பொருளைப் புரிந்து படி.
அழியாத செல்வம் கல்வியே,
அறிவை வளர்க்கும் தேன்அமுதமே!
ஆசிரியர் சொல்வழி நடந்து,
ஆழ்ந்த அறிவை வளர்த்துக் கொள்,
முயற்சி உடையார் இகழ்ச்சி அடையார்,
முழுமனதுடன் பாடங்களைப் படித்திடு.
தேசத்தின் எதிர்காலம் மாணவர்,
தெளிவான சிந்தனை உனக்குத் தேவை.
தோல்வியைக் கண்டு கலங்காதே,
தூக்கி ஏறிந்து முன்னேறு,
கல்வியறிவே சிறந்த செல்வம்,
கவலை மறந்து கற்றிடு நிதம்.
நல்லொழுக்கம் கல்வியின் அடிப்படை,
நற்பண்புகளை நெஞ்சில் நிறுத்திடு.
ஒழுக்கம் தவறா மாணவனே,
உயர்ப் பறக்கும் கழுகு நீ.
விடியலை நோக்கிப் பயணப்படு,
விவேகத்துடன் இலக்கை அடைய கற்றிடு,
கற்று எங்கும் வென்றிடு.
கல்வியே என்றும் அழியாத சுடர்,
அதுவே உன்னை உயர்த்தும் உயர்தோள்!

—ஹர்ஷிதா, 4A

ஆதவன் கவிதைகள்

மொட்டை மாடியில்
காயும் துணிகளிலொன்றை
சப்தமில்லாமல்
கடத்திச் செல்கிறது காற்று.

வெள்ளை காகிதம்
மௌனம் உடைக்கிறது
பேனாவின் சொல்.

சுருக்கங்கள் நிறைந்த சுவர்
துருப்பிடித்த கேட்
யாரும் வசிக்காத வீடு
அனாதையாக விடப்பட்டுள்ளது
அன்னை தெரசா வீதியில்.

வெள்ளி ஜரிகைகளை
பிரசவிக்கின்றன
மின்விளக்குகள்
இரவின் மழையில்.

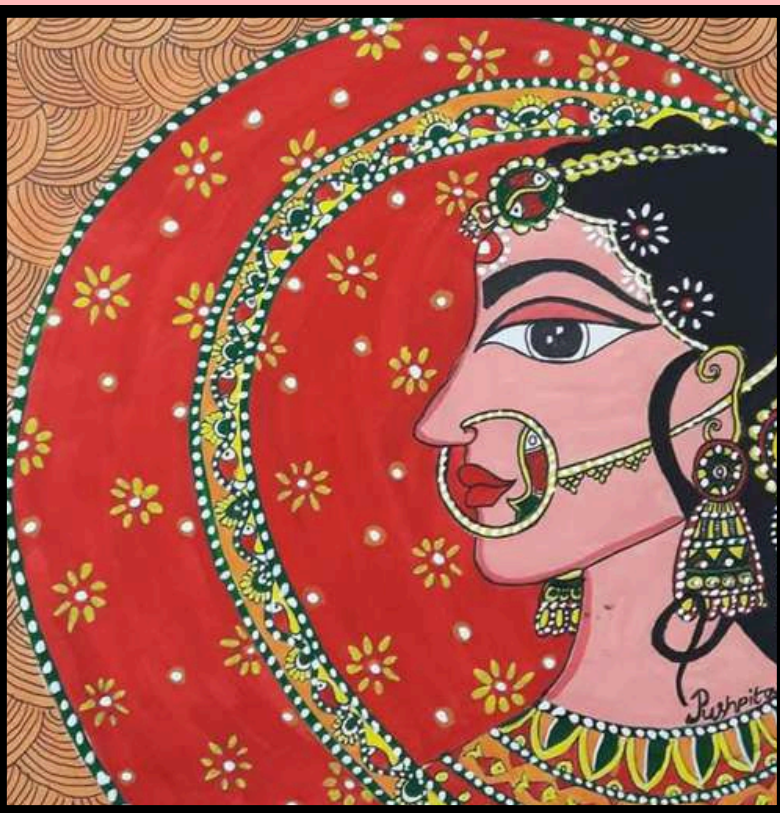
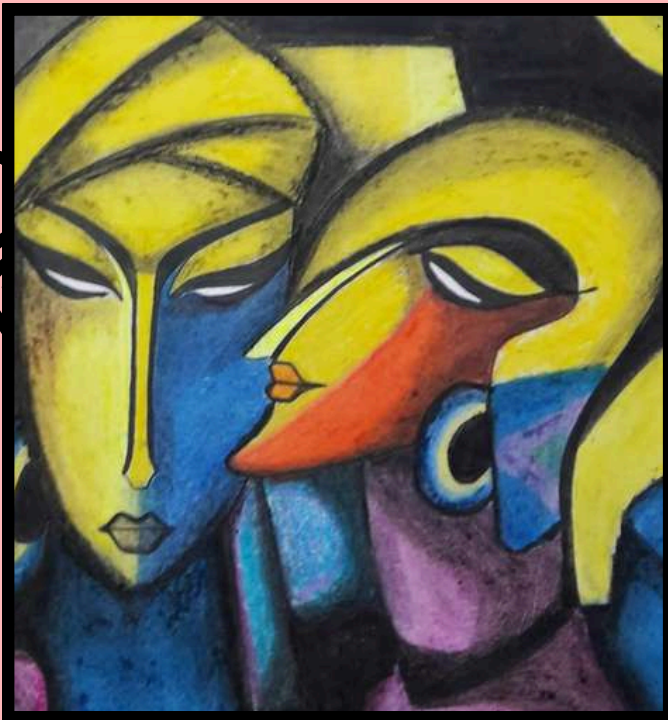
மண்ணின் மடியில்
அமைதி உறக்கம்
உதிர்ந்த இலை.

– பா. ஆதவன், 10C

STAFF CONTRIBUTIONS

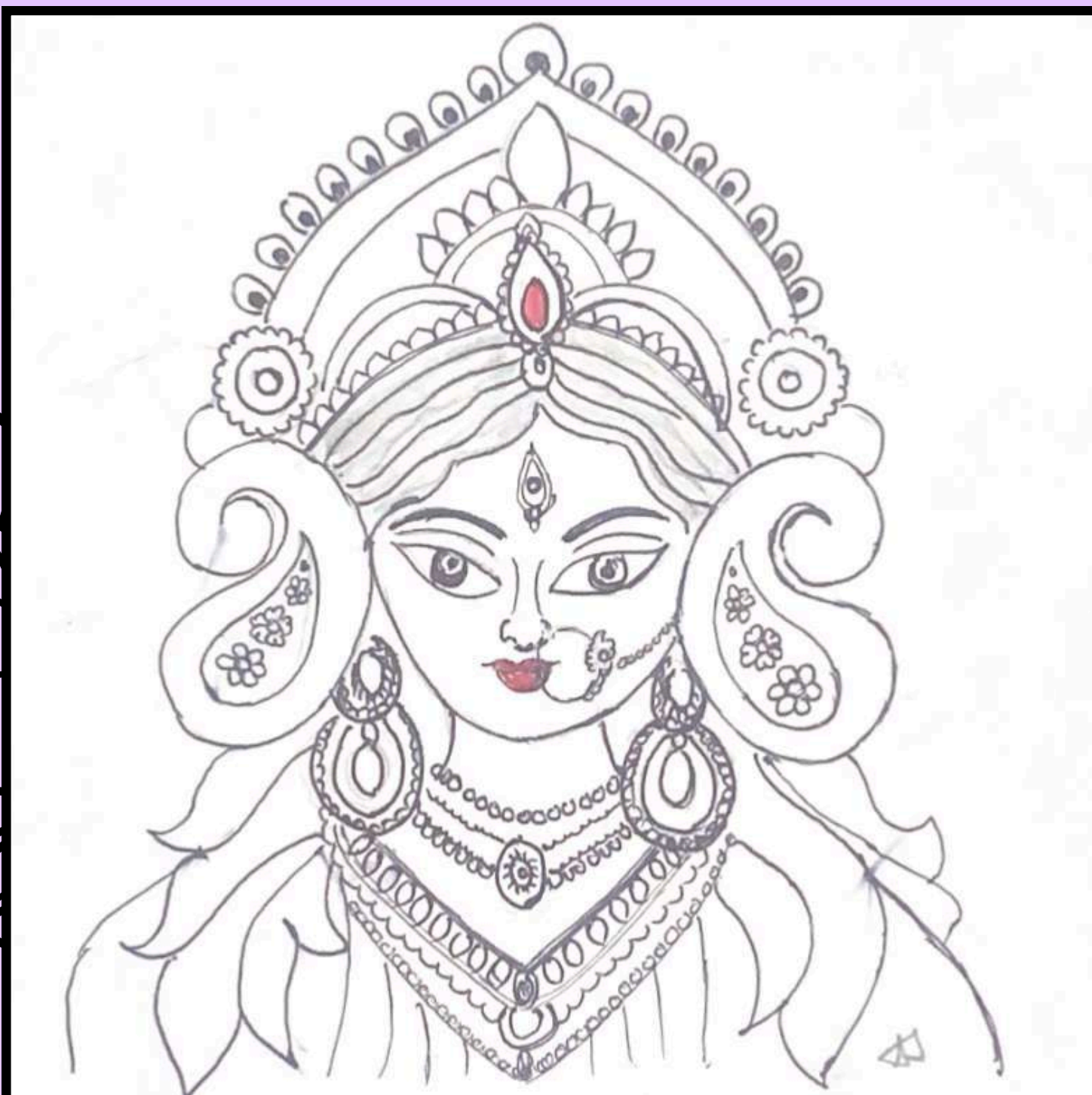
Mrs. Pushpita Sahu :

(Hindi dept.)



Mrs. Jayalakshmi :

(Social dept.)



Crochet Couture

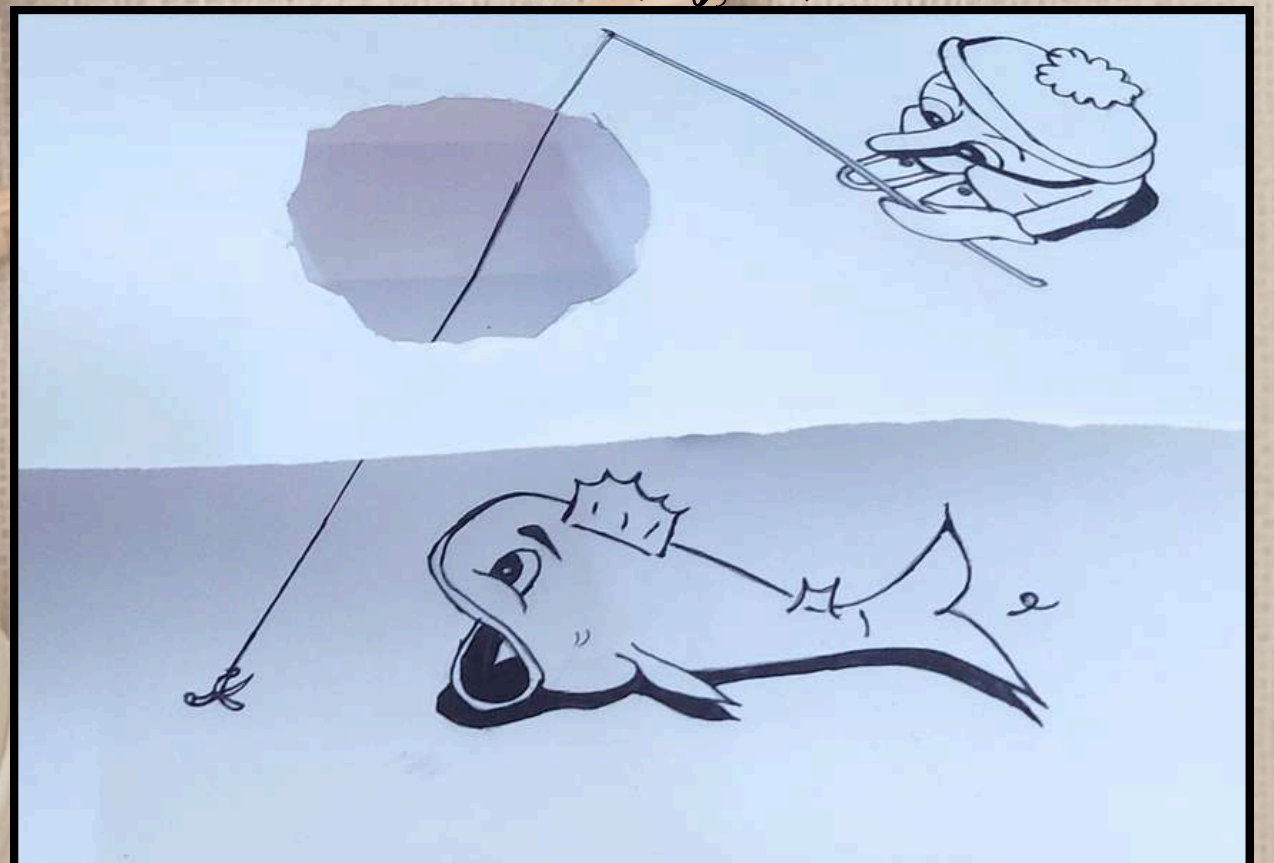
Mrs. Revathi. A :

(Chemistry dept.)



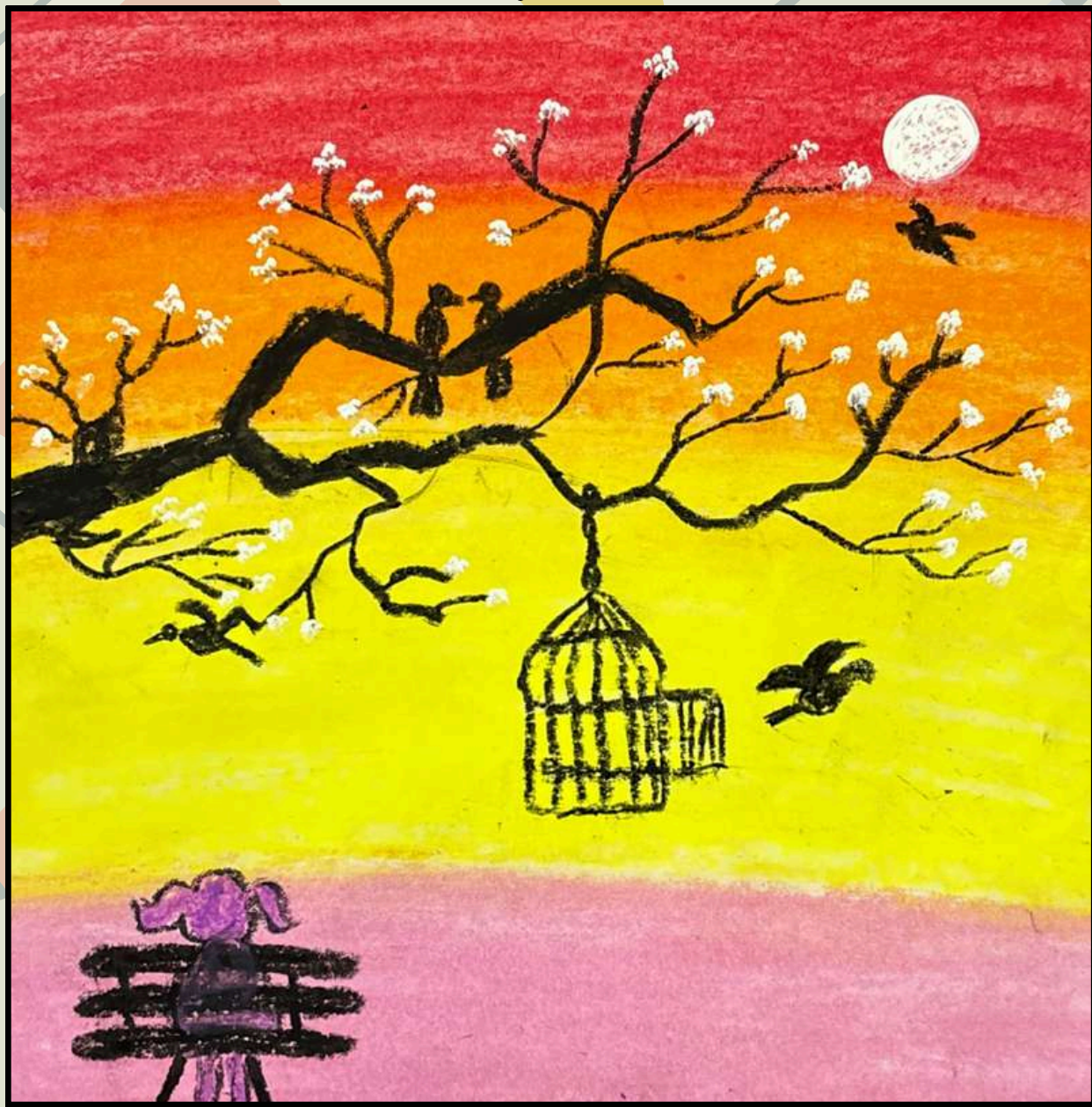
Mrs. A. Gracy :

(Health & Safety dept.)



Mrs. Thatchayini. K :

(KG dept.)



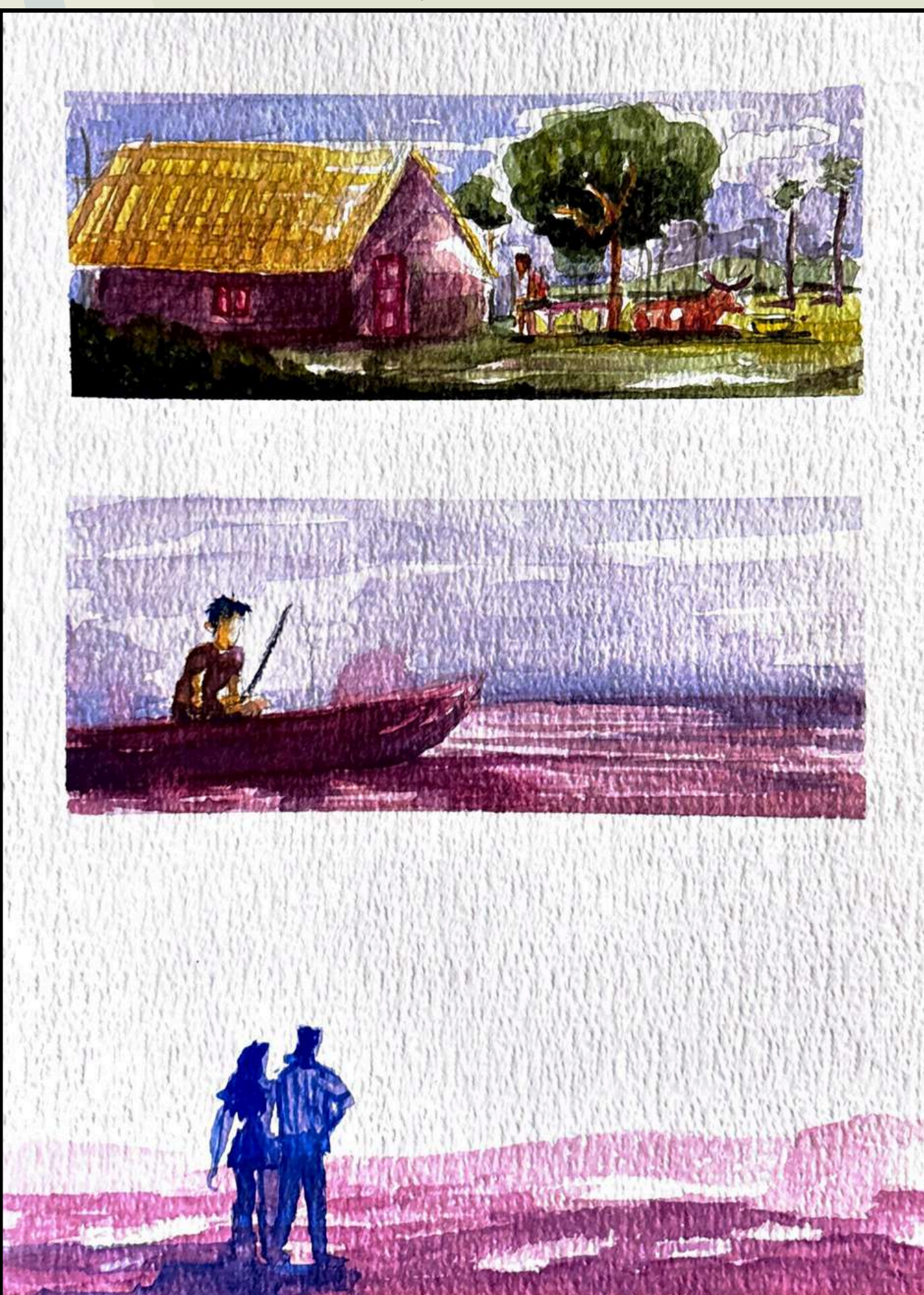
Mrs. Kokila Mahendiran :

(KG dept.)



Mrs. Ramya. A :

(KG dept.)



Mrs. Sankara Vadivoo. S :

(KG dept.)



The Clock and the Mat

In today's fast-paced and highly competitive world, teenagers are growing up in an environment filled with constant stimulation and pressure. Smartphones, social media, online games, academic expectations and societal comparisons demand their attention every minute. While they are full of energy, talent and ambition, many teenagers silently struggle with stress, lack of focus, irregular routines and poor time management. What they truly require is not only academic excellence, but balance in life.

In classrooms, it is often noticed that students find it difficult to complete assignments on time or prepare systematically for examinations. Many appear tired or distracted, unable to concentrate fully on their lessons. Late-night screen exposure, unplanned schedules, and the habit of postponing tasks gradually create anxiety and confusion. As responsibilities increase, the common complaint heard from teenagers is that "there is not enough time." However, the issue is rarely the shortage of time - it is the lack of proper management.

Time management is one of the most essential life skills for teenagers. Time, once lost, can never be regained. When young minds learn to plan their day thoughtfully - allocating specific hours for study, physical activity, family interaction, hobbies, and rest - they begin to experience clarity and control. A well-organised routine reduces unnecessary stress and increases productivity. It teaches discipline, responsibility and the importance of prioritising tasks. More importantly, it builds confidence, as students feel prepared rather than pressured.

Alongside time management, yoga plays a powerful role in supporting teenagers' overall development. Yoga is not simply a form of physical exercise; it is a holistic practice that nurtures both body and mind. Through regular practice of asanas, pranayama and meditation, students develop physical strength, mental calmness and emotional stability. In an age where distractions are endless, yoga trains the mind to focus and remain steady.

Pranayama improves breathing patterns and increases concentration. Meditation enhances clarity of thought and reduces anxiety. Asanas improve posture and energy levels, helping students remain attentive throughout the day. When practised consistently, yoga cultivates patience, resilience and self-control - qualities that are essential for handling academic and personal challenges.

The combination of time management and yoga creates a balanced lifestyle. When teenagers manage their time wisely and practice yoga regularly, noticeable improvements can be seen in their behaviour and performance. They become punctual, organised and more attentive in their studies. Their confidence grows as they learn to face difficulties calmly rather than react impulsively. Instead of feeling overwhelmed, they begin to feel capable and in control of their responsibilities.

In a world filled with noise and distraction, yoga builds inner silence and concentration.

In a world filled with pressure and deadlines, time management provides direction and stability.

True education goes beyond textbooks and examinations. It aims to shape character, develop discipline and prepare young individuals for life's challenges. When teenagers are guided to value time and care for their mental and physical well-being, they grow into responsible, confident and balanced human beings.

The clock teaches discipline.

The yoga mat teaches peace.

Together, they empower teenagers to build a brighter, healthier and a more meaningful future.

By - Pushpita Sahu
(Hindi dept.)

பால்யத்தின் நினைவுகள்

தேர்வறைக்கு வெளியே
மாணவன் வைத்துச் சென்ற
புத்தகத்தை புரட்டிப் புரட்டிப்
படித்துக் கொண்டிருக்கிறது
காற்று.

செம்பருத்திப் பூவின் படம் வரைந்து
பாகங்கள் குறித்திருக்கும்
கரும்பலகையின் மேல் ஓடிய
எலியொன்று
கொஞ்ச நேரம் மாற்றிவிட்டது
தாவரவியல் பாட வேளையை
விலங்கியலாக.

வகுப்பறைக்கு வெளியே
வரிசையாக நின்றிருக்கும்
வீட்டுப்பாடம் முடிக்காத
மாணவர்களுடன்
சேர்ந்து நிற்கிறது
வருகைப் பதிவேட்டில்
பெயரில்லாத பட்டாம்பூச்சியொன்று.

தேர்வறையில்
மேசையிலிருந்து கீழே விழுந்த
வினாத்தாளொன்று
அங்குமிங்கும் அறை முழுக்க
உலவுகிறது காற்றில்
எனக்கென்னவோ அது
எல்லோரிடமும்
விடைகளை கேட்பது போலவே
தோன்றுகிறது.

தேர்வறையில் நூலினை
வலுவாகக் கட்டுகிறான்
கூடுதல் விடைத்தாளில்
பட்டாம்பூச்சியின்
படம் வரைந்து
பாகங்களை குறித்த
மாணவன்.

மரத்தடியில்
வகுப்பெடுக்கிறார்
ஆசிரியர்
மழை வர வேண்டி
யாகம் நடத்துகிறது
மாணவர்கள் மனசு.

கணிதத் தேர்வு நாளில்
வட்டம் வரைய
வாங்கிய வளையல்
இன்றும் நினைவுபடுத்துகிறது
அவளின் அழகிய வட்ட முகத்தை
தொடக்கம் தெரியாமல்
முடிவும் பெறாமல்
பயணித்துக் கொண்டிருக்கின்றன
பால்யத்தின் நினைவுகள்.

-சீ. பாஸ்கர்

வேதியியல் முதுகலை ஆசிரியர்

அன்னை

அவள் இன்றி நானில்லை,
என் வாழ்க்கையும் இல்லை!

இவ்வுலகில் நான் பார்த்த
முதல் முகமும் அவளே,
நான் முதலில் அழைத்ததும்
அவளையே!

வாழ்த்து சொல்ல அவள்
வாழ்க்கையானவள் அல்ல,
வாழ்க்கையை தந்தவள்!
வெளிச்சத்தை காணும் முன்னே,

இவ்வுலகைப் பற்றி இருட்டில்
கற்பித்தவள்! கல்லறையில்
என்னை சேர்க்காமல் உலகின்
அழகிய வாழ்க்கைப் பாதையை
காட்டினாள்! அந்த இறைவனுக்கும்
பொறாமை தான், என்னை
சுமந்த அவளை கண்டு!

என்னவளைப் பற்றி கவி
பாடிட அந்த பாரதியாலும்
கூட முடியாது....!

க. தாட்சாயிணி
(Kg dept.)

When the Sun Rose Within: The Inner Meaning and Power of Āditya Hṛdayam

आदित्य हृदयम् is something I have learned and recited since I was ten. It was one of the first Sanskrit stotras I memorised, not because I was told to, but because something in its cadence, imagery and invocation pulled me in. Decades later, it remains one of the most meaningful stotras in my life. Not merely as a prayer to the Sun, but as a map of inner awakening, especially in times of fatigue, confusion, or transition.

The Battlefield within the hymn appears in a moment of extraordinary vulnerability in the Vālmīki Rāmāyaṇa. Rāma—exhausted, contemplative and standing before the final battle with Rāvaṇa—has reached a moment of inner depletion. Enter Sage Agastya. He doesn't give Rāma a strategy or a sword. He gives him a hymn. A set of verses that call upon Āditya, the Sun—not just as a celestial deity, but as the source of all life, clarity and courage. That's already a clue to its real power: victory doesn't begin on the battlefield. It begins in the heart.

What Does “Āditya Hṛdayam” Mean?

Literally: “The Heart of the Sun.”

But for those on a path of inner growth, it can also be read as:

A reminder that the Sun outside reflects the Self within.

That just as the Sun rises, shines and sets without complaint or clinging, so too can our awareness become steadfast, luminous and free.

Three Inner Movements Hidden in the Hymn

1. From Despair to Clarity (Verses 1–7)

Rāma's fatigue mirrors our own moments of burnout.

Agastya's first instruction isn't “fight harder” but pause, reflect and invoke the light.

□ 2. From Outer Worship to Inner Union (Verses 8–20) □

We are introduced to the many names of the Sun—Bhāskara, Savitrī, Marīci, Ravi, among others. At first glance, they seem like poetic synonyms. But each name is a cosmic key, unlocking not only an aspect of the external universe but also a faculty of our inner being.

3. From Powerlessness to Purpose (Verses 21–31)

Rāma is transformed, not by divine rescue, but by inner remembrance. He chants. He purifies himself. He realigns with his dharma. And then he enters the battlefield, not as a hero driven by outcome, but as a servant of truth.

Why This Matters in Today's World-

We are living in times of existential exhaustion. Many young people today face a battlefield of different kinds: anxiety, distraction, burnout, and alienation. And yet, ancient India left us this gift: a hymn that doesn't just invoke a god, but reminds us that the divine is already here, within our own awareness, breath and decision-making.

A Practice You Can Begin Today -

Try this in the morning: Face the east, take three deep breaths and recite loudly.

Ādityasya namaskārān ye kurvanti dine dine |
jīvanti śaratām loke na śokam na ca dukkham ||

“Those who salute the Sun each day live fully;
They know neither sorrow nor suffering.”

By: Srinivas Meduri
(Sanskrit dept.)

Teaching Between the Lines

By Dhivya.S (English dept.)

Every day, I walk into a classroom with a plan, but the most meaningful learning often happens between the lines.

Between a full stop and a question mark, curiosity begins. Between a crossed-out notebook page and a neat rewrite, confidence slowly grows. Between silence and expression, a voice finds its place.

Words shape thoughts and help students make sense of their world.

As they learn to express ideas clearly, they also learn to listen, understand and respect different perspectives. Through shared reading, discussion and reflection, learning becomes more than a lesson—it becomes a connection.

Teaching is not only about finishing portions or correcting answers. It is about guiding young minds to think deeply and communicate honestly. In helping students find their voices, I continue to grow as a learner myself.

A Teacher

By Chandra Gurunathan
(Social dept.)

A stone lay on the wayside
Some kicked it aside
Some left it unnoticed
None but one truly paused...

The stone was lifted softly
Cleansed of doubt and grime
Held not for what it was
But for what it could become with
time.

The stone was dusted, refined
And polished to make it into a
gem

To sparkle and shine.
The stone was not changed by
Chance or fate
But by the one who stopped
And chose to educate
THAT'S A TEACHER

Find 13 VME school events:

R	S	P	O	R	T	S	D	A	Y	L	G	H	G	M
A	P	I	C	D	E	U	E	H	L	B	U	G	D	C
I	D	P	R	I	Z	E	D	A	Y	R	T	R	Z	J
N	A	P	U	X	S	A	N	S	K	R	I	T	I	K
B	N	W	E	K	G	E	X	C	U	R	S	I	O	N
O	N	K	K	C	A	C	N	C	U	L	W	D	U	V
W	U	V	I	D	H	Y	A	K	R	I	Y	A	N	I
F	A	M	R	Y	A	Z	S	Y	G	H	P	T	S	D
E	L	U	T	F	A	R	E	W	E	L	L	V	P	H
S	D	Z	W	U	U	A	G	G	G	F	Q	M	A	Y
T	A	I	N	V	E	S	T	I	T	U	R	E	R	U
O	Y	X	N	P	J	O	Z	U	D	S	B	M	D	V
J	A	I	Z	G	X	U	T	V	G	M	G	U	H	A
G	S	X	A	H	F	A	T	H	B	S	M	N	A	I
V	I	D	H	Y	U	T	S	A	V	B	I	L	D	B

R	S	P	O	R	T	S	D	A	Y	L	G	H	G	M
A	P	I	C	D	E	U	E	H	L	B	U	G	D	C
I	D	P	R	I	Z	E	D	A	Y	R	T	R	Z	J
N	A	P	U	X	S	A	N	S	K	R	I	T	I	K
B	N	W	E	K	G	E	X	C	U	R	S	I	O	N
O	N	K	K	C	A	C	N	C	U	L	W	D	U	V
W	U	V	I	D	H	Y	A	K	R	I	Y	A	N	I
F	A	M	R	Y	A	Z	S	Y	G	H	P	T	S	D
E	L	U	T	F	A	R	E	W	E	L	L	V	P	H
S	D	Z	W	U	U	A	G	G	G	F	Q	M	A	Y
T	A	I	N	V	E	S	T	I	T	U	R	E	R	U
O	Y	X	N	P	J	O	Z	U	D	S	B	M	D	V
J	A	I	Z	G	X	U	T	V	G	M	G	U	H	A
G	S	X	A	H	F	A	T	H	B	S	M	N	A	I
V	I	D	H	Y	U	T	S	A	V	B	I	L	D	B

Answer:

Solve the Sudoku:

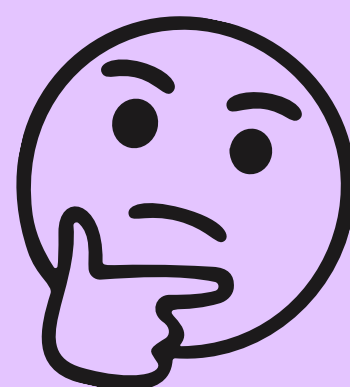
2				3			4	
	3		6					7
		9			7	1		8
		4		7	2			
	2	5		8	1	9		
1		3			6			5
				2		4		
4		6	8				7	
5			9			3		

5	7	2	9	6	4	3	8	1
4	9	6	8	1	3	5	7	2
3	1	8	7	2	5	4	9	6
1	8	3	4	9	6	7	2	5
7	2	5	3	8	1	9	6	4
9	6	4	5	7	2	8	1	3
6	4	9	2	5	7	1	3	8
8	3	1	6	4	9	2	5	7
2	5	7	1	3	8	6	4	9

Answer:



Riddles:



1. You can catch it but you can't throw it. What is it?
2. What is so fragile that saying its name breaks it?
3. What is a pig without 3.14?
4. What has only two words but thousands of letters?
5. Poor people have it. Rich people need it. If you eat it you'll die. What is it?
6. The more of this you take, the more you leave behind. What is it?
7. People buy me to eat but never eat me. What am I?
8. It has keys, but no locks. It has space, but no room. You can enter, but can't go inside. What is it?



Jokes



1. What kind of room has no doors and no windows? A mushroom.
2. What is the hardest tea to swallow? Reality!
3. If your house is cold, just go stand in the corner. It is always 90 degrees there!
4. Why do birds fly south in the winter? Because it's too far to walk!
5. Did you hear about the kidnapping at school? It's okay, she woke up.
6. I found a book called 'How to solve 50% of your problems'. So I bought two books.
7. What do you say when you lose 25% of your roof? 'Oof'

VIDYA MANDIR @ *Estancia*



सह वीर्य करवावहै

SAHA VEERYAM KARA VAVAHAI

“Let the teacher & student together perform
great acts of strength.”

VIDYA MANDIR @ *Estancia*

Affiliated to the Central Board of Secondary Education, New Delhi,

Affiliation No.1930273, School code: 55198

ESTANCIA, GST Road, NH-45, Vallancherry - 603 202

Tel: 044-27460112, 044-47734893, 044-47734895, 044-47728436

Fax: 2745 0111

Email: vidyamandir.estancia@gmail.com, Website: www.vidyamandirestancia.com